



Radial Distortion of the Arthroscopic Transtibial Portal: A 2-Dimensional *in Vitro* Model

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Abstract

Purpose: To make the positioning of the anterior cruciate ligament (ACL) transplants as precise as possible, it is necessary to better visualize the footprint. Identifying anatomic sites is complicated by image distortion inherent in arthroscopy. The standard “Outside-In” ACL reconstruction technique involves drilling a tunnel, *i.e.* an aperture on the surface of the tibia for the purpose of placing the bone-tendon-bone transplant. This operative technique opens another approach to the inside of the knee, through the tibial plateau (Transtibial-TT). The aim of this manuscript is to assess optimal arthroscopic visibility by calculating radial distortion, arthroscopy insertion positions and different knee bending angles. **Methods:** We used a standard dot array calibration pattern, an arthroscopic imaging system and Sawbones® knee models. The standard deviation and relative standard deviation of distances obtained at distortion of the images were calculated. **Results:** All captured images have shown the effect of distortion so called fish-eye view, *i.e.* the images at periphery were more curved and compressed. **Conclusion:** The least distorted arthroscopic image of the femoral ACL footprint can be obtained when using the TT portal and by bending the knee between 90° and 130° with a 30° arthroscope. Also, the best visualization is performed by drilling the tibia under the angle 0° in the sagittal plane and 23° in the coronal plane in comparison to the tibial surface.

Subject Areas

Biophysics

Keywords

Transtibial Portal, Anterior Cruciate Ligament (ACL), Radial Distortion,

Arthroscopy

1. Introduction

In arthroscopic anterior cruciate ligament (ACL) reconstruction, anatomic accuracy of transplant placement is critical for the clinical success [1] [2] [3]. The most used portals in knee arthroscopy are the anterolateral (AL) and anteromedial (AM). The AL is mainly used as the viewing portal, and the AM portal is used as the working portal. Some articles advocate the use of AM portal technique with the knee placed in hyperflexion when performing femoral tunnel drilling [4] [5]. On the contrary, others perform femoral tunnel drilling through the tibia [6]. To make the positioning of ACL transplants as precise as possible, it is necessary to better visualize the footprint *i.e.* point of anatomic transplant placement. Inadequate visualization of femoral footprint through the lateral portal can cause surgical error, anterior and more vertical femoral tunnel placement or bending with damage to the telescope [7] [8]. Identifying anatomic sites is complicated by image distortion inherent in arthroscopy. Considering this curvature of the image on the monitor, as well as the angle under which the ligament insertion site is observed, it can be concluded that it is difficult to achieve adequate accuracy of observation [9]. The assumption is that if we increase the angle of insertion site observation, or approach 90° in relation to the plane formed by the inner side of the external condyle of the femur, we will get visibility that is far better and the mistake in the orientation of the transplant is lower. A greater angle of observation would be possible only through the possible third portal [10]. The standard “Outside-In” ACL reconstruction technique involves drilling a tunnel, *i.e.* an aperture on the surface of the tibia for the purpose of placing the bone-tissue-bone transplant. This operative technique opens another way in the knee, it is a portal through the tibial plateau (*Transtibial-TT*). The hypothesis is that if introducing optics through this portal, in which the arthroscope can get closer to the site of the ACL footprint, the viewing angle on the plane of the condyle surface is greater, and the curvature of the image would be smaller. Also, we try to find the most adequate tibial drilling angle and the most favorable angle of knee bending during surgery.

2. Materials and Methods

The arthroscopic imaging system used (Karl Storz, 28731 bwa, Germany 2014) was standard, providing a circular arthroscopic image within 1920 × 1080 pixel display. We used a dot array calibration pattern (**Figure 1**). Dots arranged in horizontal and vertical grid lines at square area with a separation of 0.92 mm. The distances between each dot and its four nearest neighbors were equal as in the paper published by Hoshino Y. *et al.* [11].

The calibration pattern is placed at the lateral wall of the medial femoral

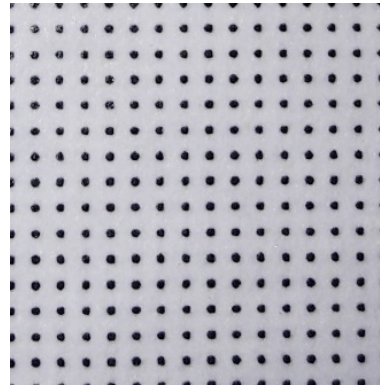


Figure 1. The dot array calibration pattern, dots are separated by 0.92 mm.

condyle in five Sawbones® knee models (Arthrex replaceable bone model of left femur and tibia, SB-1414, Germany 2016) (**Figure 2**). All five Sawbones® were drilled under different angles (**Table 1**) with a tibial guide (Karl Storz, Tutlingen, Germany) and were fixed to a custom-made framework with a movable knee flexion angle (**Figure 2**). Drilling was performed with a 10 mm drill and the tibial guide was adjusted to 50°. The guide pin was placed at the inner border of the anterior horn of the lateral meniscus in all Sawbone® models. The extra articular starting point was 1 cm medial to the tuberositas tibiae and 1.5 cm proximal to the upper rim of the pes anserinus projection, 0.5 cm medial to the tuberositas and 2 cm proximal to the pes anserinus, 2 cm medial to the tuberositas and 2 cm proximal to the pes anserinus, 1 cm medial to the tuberositas and 2 cm proximal to the pes anserinus and finally 1.3 cm medial to the tuberositas and 1 cm proximal to the pes anserinus. Using plain radiography of the Sawbones®, different angles of the tibial tunnel were calculated (**Figure 3**). The AM and AL portals were simulated by 9 mm screw eyes (Remex doo, Croatia). The AM portal was set 1 cm above the joint line and medial to the line connecting the medial edge of the tibial tuberosity with the medial wall of the intercondylar notch in a bent knee, according to the position described by Zantop *et al.* [12]. The AL portal was set at 1.5 cm above the joint line and along the line connecting the lateral edge of the tibial tuberosity with the lateral wall of the intercondylar notch.

The arthroscopic images of the intercondylar lateral wall were taken through the AM, AL or TT portal using five different Sawbones® models and using six different flexion angles. The AM and AL portal were not repeated for every Sawbone® model as was the TT portal. Two examiners (VM and HV) independently took three or more images of the lateral wall for each combination. Care was taken to capture the greatest area of the lateral wall as possible. During the experiment, the position of the arthroscope was about 10 mm from the grid of dots (**Figure 4**). The calibration pattern was imaged using 30° arthroscope through AM, AL and TT portal at seven different angles (30°, 50°, 70°, 90°, 110° and 130°) of knee position. We used the 30° arthroscopy who is the most used nowadays [13]. The distances for seven selected dots in fifth row and fifth column



Figure 2. Sawbones® models with different extra articular starting points and measuring the bending angle in one model.

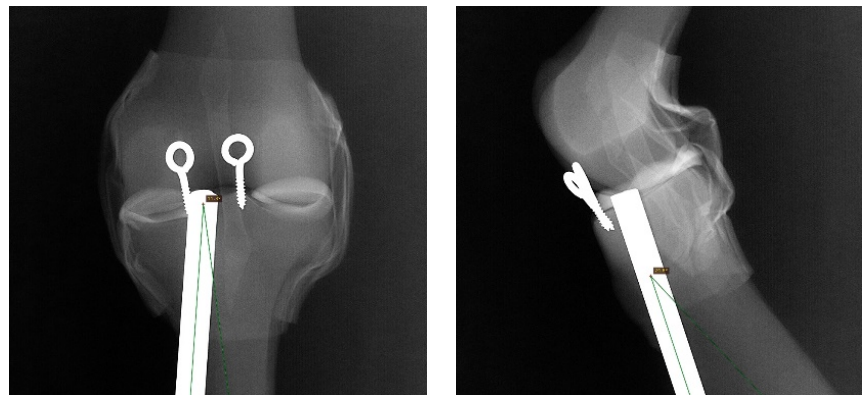


Figure 3. Plain radiography of the Sawbones®. Measuring coronal and sagittal tibial drilling angle.

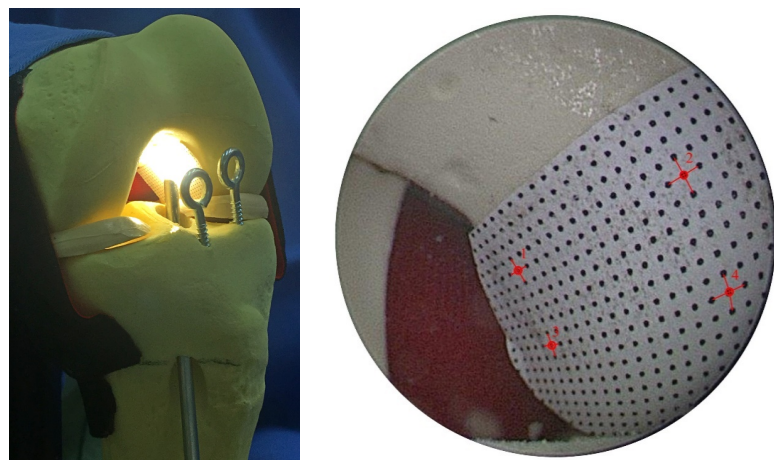


Figure 4. Taking an image through the TT portal.

Table 1. Different tibial knee models and drilling angles in relation to the diaphyseal axis.

	Knee No. 0	Knee No. 1	Knee No. 2	Knee No. 3	Knee No. 4
Coronal angle [°]	11	0	26	14	16
Sagittal angle [°]	24	23	27	39	22

in deep and shallow region of calibration pattern and corresponding dot in vertical and horizontal direction were measured. A typical distorted image of the grid is shown in **Figure 5**, and it can be noticed that the distances between dots compressed more at the edges of the arthroscopic image and widespread around the distortion center.

3. Results and Discussions

The image captured by arthroscopic endoscope show radial distortion. Radial distortion is caused by the shape of the lens and, at the same time, is correlated with the focal length. The distortion introduces nonlinear changes in the image. In the case of the positive radial distortion (barrel distortion) areas near the distortion center compressed more. As a consequence, the outer areas of the distorted image look smaller than the real size. Barrel distortion is common for wide angle designed endoscope lens. There are several methods which have been presented for the nonlinear distortion correction [14]-[19]. The even-order polynomial model is one of the frequently used distortion models which enables good enough distortion correction of the endoscopic image. In other words, the relation of coordinates between the real image r^u and distorted image r^d could be written as follow:

$$r^d = r^u \left(1 + k_1 r^{u2} + k_2 r^{u4} + k_3 r^{u6} + \dots \right) \quad (1)$$

where r^d and r^u can be calculated as follow:

$$r^d = \sqrt{(x_2^d - x_1^d)^2 + (y_2^d - y_1^d)^2} \quad \text{and} \quad r^u = \sqrt{(x_2^u - x_1^u)^2 + (y_2^u - y_1^u)^2} \quad (2)$$

The Descartes coordinates x^u and y^u represent coordinates on a planar calibration pattern, and x^d and y^d are coordinates of corresponding point in the distorted image. Furthermore, the relation between distorted and undistorted coordinates may be described by $r_i^d = \lambda(r_i^u)$ where λ represents distortion ratio and depends on the chosen point with position r^u . Assuming that the distortion ratio is equal to unity near the center of distortion. Based on the size of the radial distortion of images captured by camera for different insert position (AM, AL and TT) of the arthroscopic instrument and for different knee positions during surgery, the idea of this manuscript is to assess optimal visibility for surgeon during the operation. Before we calculated the distance between two dots for selected columns and rows, we have made two assumptions:

- The center of distortion is close to the image center.
- The distortion is circularly symmetric *i.e.* amount of distortion is dependent only on dot's distance from the center of distortion.

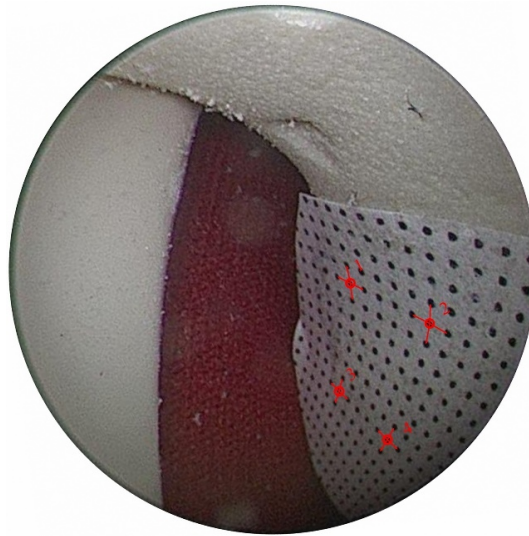


Figure 5. Images of the dot patterns taken from the TT portal.

Radial distortion in deep and shallow region was calculated using Equation (2). Then we calculated standard deviation and relative standard deviation of distances obtained at the distortion images. This is a more convenient way to deal with the situation of the smallest distortion effects. The relatively standard deviations for radial distortion of three different knee models for different knee angle positions are given in order in **Table 2** and **Table 3**.

Analyzing the obtained data given in previous tables, *i.e.* the relative standard deviation for different portal locations with different knee positions, the first thing one notes is that TT portal technique produced the least distortion in arthroscopic image. The second thing which appears is that image distortion is best minimized by a knee position between 110° and 130° . As described by Hoshino *et al.* [10], when the knee is bent, the posterior margin of the lateral femoral condyle can be seen more clearly due to the weaker and shallow position of the arthroscopic view. So, it would appear that surgeons can identify landmarks more easily by flexing the knee 110° then by lower flexion angles. This recognition coincides with our study, although we use another portal. On the contrary, the same paper recommended to use the 90° knee flexion angle when determining femoral tunnel placement, but by using the AM portal. According to Hoshino *et al.* [9] it appears that image distortion is best minimized by a position in which the line-of-sight of the arthroscope is directly perpendicular to the image. In consideration of their findings, surgeons should position the target in the center of the image whenever possible and use a straight viewing angle [9]. Also, the authors outlined that the 0° lens angle creates the least distortion, but working with such an arthroscopy is nearly impossible and it needs changing additional arthroscopy lenses during the procedure. Hyper flexing the knee to the described $110^\circ - 130^\circ$ is also associated with complications, including loss of visualization, fat pad ingress, poor arthroscopic inflow, inability to see instrumentation, and bending of rigid guide wires [20] [21].

Table 2. Comparison of the relative standard deviation of radial distortion in Knee No 1 through the AM, AL and TT portal using different angles of knee position.

Angle of knee position [°]	AM portal relatively standard deviation of radial distortion [%]	AL portal relatively standard deviation of radial distortion [%]	TT portal relatively standard deviation of radial distortion [%]
30	no visibility	no visibility	0.95
50	0.68	1.24	0.68
70	1.46	1.20	0.54
90	1.10	1.27	0.15
110	0.40	1.18	0.15
130	0.10	0.70	0.08

AM: anteromedial, AL: anterolateral, TT: transtibial, ^avisualization is not possible due to impingement of the arthroscope.

Table 3. Comparison of the relative standard deviation of radial distortion in Knee No. 4. through the AM, AL and TT portal using different angles of knee position.

Angle of knee position [°]	AM portal relatively standard deviation of radial distortion [%]	AL portal relatively standard deviation of radial distortion [%]	TT portal relatively standard deviation of radial distortion [%]
30	no visibility	not clear	not clear
50	1.56	not clear	not clear
70	1.00	not clear	0.21
90	0.62	0.57	0.36
110	0.35	0.48	0.24
130	0.63	0.80	0.62

AM: anteromedial, AL: anterolateral, TT: transtibial, ^avisualization is not possible due to impingement of the arthroscope, ^bseparating different dots is not possible.

There were some limitations of this study. First, all images are made by two observers. In comparison to other studies that were at least two observers were involved, but independently [22] [23]. In our study two participants calculated the deviation of radial distortion. Second, the Sawbones® knee models have no patellar tendon. Therefore, the position of AM and AL portals is subject to certain positional errors. Lastly, only two standard portal positions were tested and compared to the TT portal. Also, the measurements were not performed in a saline solution as it was by Hoshino *et al.* [11]. Future studies are needed to measure radial distortion of the image through additional viewing portals, and in combination with immersing the models in saline solution.

4. Conclusion

Magnification and shape of the image are inconsistent using different viewing portals and knee bending angles. The least distorted and the most consistent

arthroscopic image of the femoral footprint can be obtained when using the TT portal and by bending the knee to 90° - 130° with a 30° arthroscope. Also, the best visualization is performed by drilling the tibia using a 50° guide pin with the extra articular starting point 0.5 cm medial to the tuberositas tibiae and 2 cm proximal to the upper rim of the pes anserinus projection. Future studies are needed to evaluate the measured angles *in vivo* and to calculate the postoperative performance using this method.

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Ethical Approval

This article does not contain any studies with human participants or animals.

Conflicts of Interest

The authors declare that they have no conflict of interest.

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