

# Clinicopathological Data of Breast Cancer in Diabetic Patients

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## Abstract

**Background:** Diabetes mellitus and breast cancer are both chronic diseases. Breast cancer in patients with diabetes is often diagnosed at an advanced stage and has worse prognosis. Aim of work: To investigate the clinicopathological factors, hormonal receptor status and molecular subtypes of breast cancer in diabetic breast cancer patients. Patients and methods: Records of patients presenting to the radiotherapy committee of the breast cancer clinic of Ain Shams University Hospital in the period between January 2017 and January 2018 were revised regarding age, presence of diabetes, presence of comorbidities, and type of the surgery performed. Pathological data such as: Tumor size (T), LN staging (LN), ER, PR, Her2/neu and Ki67 status were also recorded. Patients were divided into 2 groups: Group (I): those with diabetes and Group (II): those without diabetes. Inclusion criteria were Breast cancer cases with proven pathological diagnosis, available IHC studies, clear record of comorbidity status, age > 18 years, cases who underwent upfront surgery. Exclusion criteria were metastatic cases, bilateral cases, cases with double primary, male breast cancer cases, and those with missing data for ER, PR and Her2/neu. Results: Retrieving data from the files of the patients that met the inclusion criteria in the allocated period revealed that 117 patients had diabetes (Group I) and 199 didn't have the disease (Group II), There was a highly significant difference between both groups regarding the age as most of the patients with diabetes were above fifty years of age (84.6%) compared to only 44.7% of the patients without diabetes also the mean age of patients with diabetes was significantly higher (59 years) compared to 48 years of age for those without diabetes. Diabetes was associated with hypertension in most of the cases (69%). Comorbidities other than hypertension were recorded in 39 diabetic patients (33.3%) and 21 (10.6%) nondiabetic patients and the difference was statistically highly significant. In the diabetic group, the most encountered comorbidity was cardiac disease in 14.5% of patients. In the diabetic group, most of the patients underwent modified radical mastectomy (MRM) with a percentage of about 54.7% compared to 48.2% of patients for both groups respectively. Regarding pathological data apart from the finding that presence of diabetes was associated with more multiple tumors (p value: 0.013), no other statistically significant differences between both groups were found. Hormonal receptor status and molecular subtypes were also not affected by presence of diabetes in the studied breast cancer patients.

#### Keywords

Breast Cancer, Diabetes, Clinicopathological, Molecular Subtypes Running Head: Diabetes in Breast Cancer Patients

## **1. Introduction**

Diabetes mellitus and breast cancer are both chronic diseases [1]. Comparable lifetime risk of 9.1% and 9.7% was encountered for diabetes and breast cancer respectively [2]. Diabetes is a major health problem in Egypt and The International Diabetes Federation (IDF) has considered Egypt among the world top 10 countries in incidence of diabetes with an estimated prevalence of 15.56% in those aging from 20 to 79 years [3]. Meanwhile in Egypt, breast cancer constitutes 33% of female cancer cases and more than 22,000 new cases are diagnosed each year [4].

Diabetes especially type 2 is linked to cancer risk [1] [5]. Breast cancer risk is increased by 15% to 23% in diabetic patients [6] [7]. Breast cancer in patients with diabetes is often diagnosed at an advanced stage compared to those without diabetes [8] [9]. Diabetes itself sharing some cancer-promoting factors such as obesity and sedentary lifestyle might have a direct effect on breast cancer prognosis [6]. Thirty to sixty percent higher mortality is reported in diabetic breast cancer patients [8].

Another reason for breast cancer survival being worse in diabetic patients may be that women with diabetes develop a different tumor subtype that could be more aggressive or less responsive to treatment [10] [11]. The mechanisms underlying the association between diabetes and risk of different breast cancer molecular subtypes are multiple but understudied [12]. Some mechanisms related diabetes and breast cancer risk to oncogenic effects of high insulin and insulin like growth factor (IGF) levels [13], which could relate to development of triple negative disease rather than estrogen receptor positive tumors [14].

Though association between diabetes and breast cancer is being extensively studied in the general population, few studies have assessed breast cancer sub-types in women with diabetes [15]. In the current study, it was aimed to investigate the clinicopathological factors, hormonal receptor status and molecular subtypes associated with breast cancer in diabetic patients.

## 2. Patients and Methods

This is a cross sectional observational study in which medical records of patients

presenting to the radiotherapy committee of the breast cancer clinic of Ain Shams University Hospital in the period between January 2017 and January 2018 were revised regarding age, presence of diabetes (self reported), presence of hypertension, other comorbidities, and type of the surgery performed. Pathological data such as: Tumor size (T), LN staging (LN), presence of lymphvascular invasion (LVI), multiplicity of the tumor, presence of clinical inflammatory manifestations, presence of extracapsular extension, ER, PR, Her2/neu and Ki67 status were also recorded.

Hormonal receptors (ER and PR), HER2, and Ki67 were recorded and evaluated according to the guidelines of the breast clinic. HER2 was considered positive if 2+ score SISH confirmed or 3+. Regarding Ki67 it was considered low if  $\leq$ 14% and high if >14% as per the St Gallen guidelines of 2013 [16], Molecular subtypes were defined as follows: HR+/HER2–, HR+/HER2+, HER2+ overex-pressed (HER2 positive, HR-) and Triple Negative; TN (HER2 negative, ER negative and PR negative), HR was considered positive if any of ER or PR were found to be positive as per the guidelines of the breast clinic.

Patients were divided into 2 groups

Group (I): those with diabetes and Group (II): those without diabetes. Cases included in the study are the patients presenting after the primary treatment with surgery.

Inclusion criteria were: Breast cancer cases with proven pathological diagnosis, available IHC studies, clear record of presence or absence of diabetes, age > 18 years, cases who underwent upfront surgery. Exclusion criteria were metastatic cases, bilateral cases, cases with double primary, male breast cancer cases, and those with missing data for ER, PR and Her2/neu.

## 3. Statistical Analysis

Data were collected, revised, coded, and entered to the Statistical Package for Social Science (IBM SPSS) version 23. Quantitative data were presented as mean, standard deviations, median with inter-quartile range (IQR) and range while qualitative variables were presented as number and percentages. The comparison between groups with qualitative data was done by using Chi-square test. The confidence interval was set to 95% and the margin of error accepted was set to 5%. So, the p-value was considered significant at the level of <0.05. p < 0.01: Highly significant.

## 4. Results

Retrieving data from the files of the patients that met the inclusion criteria in the allocated period revealed that 117 patients had diabetes (Group I) and 199 didn't have the disease (Group II).

There was a highly significant difference between both groups regarding the age as most of the patients with diabetes were above fifty years of age (84.6%) compared to only 44.7% of the patients without diabetes also the mean age of

patients with diabetes was significantly higher (59 years) compared to 48 years of age for those without diabetes (Table 1).

Diabetes was associated with hypertension in most of the cases (69%). Comorbidities other than hypertension were recorded in 39 diabetic patients (33.3%) and 21 (10.6%) nondiabetic patients and the difference was statistically highly significant. In the diabetic group the most encountered comorbidity was cardiac disease in 14.5% of patients.

In the diabetic group most of the patients underwent modified radical mastectomy (MRM) with a percentage of about 54.7% compared to 48.2% of patients for both groups respectively. Breast conservative surgery (BCS) was less frequent among those with diabetes (36.8% compared to 43.2%) for both groups respectively.

Regarding pathological data apart from the finding that presence of diabetes was associated with more multiple tumors (p value: 0.013), no statistically significant difference between both groups regarding pathology of the tumor, grade of the tumor, T or N stage as shown in Table 2.

The pathological type of the tumor was not different between both groups as shown in **Table 2**. Lymphovascular invasion (LVI), was positive in about 20% of both groups. Inflammatory manifestations were present in 12% and 9% of both groups respectively. Extracapsular extension was recorded in 15.4% of diabetics and 24% of nondiabetics respectively.

Regarding the molecular subtypes and the hormonal status, there was none statistically significant difference in this regard between both groups (**Table 3**). Similarly, Ki67 level was not different between both groups, taking into consideration that it was reported for less than half of patients.

Regarding the effect of diabetes on the molecular subtypes, patients were classified by age into those less than 50 and those older than 50, (**Table 4** and **Table 5**). There was a none statistically significant difference between both groups when classified by age in hormonal receptor status, Her2/neu and molecular subtype.

#### **5. Discussion**

In the current study it was aimed to investigate whether diabetes affects the pathological data of breast cancer; in other words, it was meant to answer the question,

Age	Group I No. = 117	Group II No. = 199	Test value	p-value	Sig.
Mean ± SD	58.88 ± 9.65	$48.10 \pm 10.80$	8.911•	0.000	HS
Range	35 - 85	25 - 79	0.911•	0.000	пз
Age $\leq 50$	18 (15.4%)	110 (55.3%)	48.655*	0.000	HS
Age > 50	99 (84.6%)	89 (44.7%)	40.035	0.000	пз

Table 1. Age of patients in both groups.

p-value > 0.05: Nonsignificant; p-value < 0.05: Significant; p-value < 0.01: Highly significant; \*: Chi-square test; •: Independent t-test.

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		Group I No. = 117	Group II No. = 199	Test value	p-value	Sig
Hypertension	Negative	36 (30.8%)	170 (85.4%)			
	Positive	81 (69.2%)	24 (12.1%)	105.511	0.000	HS
	NA	0 (%)	5 (2.5%)			
Comorbidities other	Present	39 (33.3%)	21 (10.6%)			
than hypertension	Absent	78 (66.7%)	162 (81.4%)	21.311	0.000	HS
	NA	0 (0%)	16 (8 %)			
Type of the surgery	MRM	64 (54.7%)	96 (48.2%)			
performed	BCS	43 (36.8%)	86 (43.2%)	5.254	0.072	NG
	SCM	0 (0%)	4 (2.1%)	5.254	0.072	NS
	NA	10 (8.5)	13 (6.5%)			
Pathology	IDC	100 (85.5%)	172 (86.5%)			
	ILC	10 (8.5%)	17 (8.5%)	5.254	0.072	NS
	other	7 (6%)	10 (5%)			
Grade	1	0 (0.0%)	1 (0.5%)			
	2	98 (83.8%)	176 (88.4%)	2.117	0.347	NS
	3	19 (16.2%)	22 (11.1%)			
T stage	<2 cm	20 (17.1%)	36 (18.1%)			
	2 - 5 cm	63 (53.9%)	112 (56.3%)	7.172	0.127	NS
	5 cm and more	28 (23.9%)	44 (22.1%)	7.172	0.127	110
	NA	6 (5.1%)	7 (3.5%)			
N stage	0	24 (20.5%)	61 (30.7%)			
	From 1 - 3 LNs	41 (35.1%)	66 (33.2%)	4.138	0.247	NS
	More than 3 LNs	44 (37.6%)	63 (31.6%)	1.150	0.217	110
	NA	8 (6.8%)	9 (4.5%)			
LVI	Negative	35 (29.9%)	71 (35.7%)			
	Positive	25 (21.4%)	40 (20.1%)	0.524	0.469	NS
	NA	57 (48.7%)	88 (44.2%)			
Inflammatory	Negative	101 (86.3%)	164 (82.4%)			
manifestations	positive	14 (12%)	18 (9.1%)	0.382	0.536	NS
	NA	2 (1.7%)	17 (8.5%)			
Extracapsular	Negative	39 (33.3%)	63 (31.7%)			
extension	Positive	18 (15.4%)	48 (24.1%)	2.148	0.143	NS
	NA	60 (51.3%)	88 (44.2%)			
Multiplicity	Negative	86 (73.5%)	167 (84 %)			
	Positive	24 (20.5%)	21 (10.5%)	6.137*	0.013	S
	NA	7 (6%)	11 (5.5%)			

Table 2. Clinicopathological data of both groups.

p-value > 0.05: Nonsignificant; p-value < 0.05: Significant; p-value < 0.01: Highly significant; \*: Chi-square test; NA: Not Available, MRM: modified Radical mastectomy, BCS: Breast conservative surgery, SCM: Subcutaneous mastectomy, IDC: Invasive ductal carcinoma, ILC: invasive lobular carcinoma, T: Tumor stage, LNs: Lymph nodes, LVI: lymphovascular invasion.

		Group I No. = 117	Group II No. = 199	Test value	p-value	Sig.
ER	Negative	34 (29.1%)	53 (26.6%)	0.220*	0.633	NS
	Positive	83 (70.9%)	146 (73.4%)	0.229*		183
PR	Negative	37 (33.0%)	55 (27.6%)	0.791*	0.374	NS
	Positive	80 (67.0%)	144 (72.4%)			112
HER2/neu	Negative	88 (75.5%)	147 (74.0%)	0.082*	0.774	NS
	Positive	29 (24.5%)	52 (26.0%)			
Ki 67	Negative	13 (11.1%)	22 (11.1%)		0.773	NC
	Positive	32 (27.4%)	61 (30.7%)	0.083		NS
Molecular subtype	HR+/Her2–	68 (58%)	113 (56.8%)			
	HR+/Her2+	16 (13.7%)	35 (17.6%)	0.005*	0.000	NC
	Her+	12 (10.3%)	19 (9.6%)	0.885*	0.829	NS
	TN	21 (18%)	32 (16%)			

Table 3. Hormonal Receptor status and molecular subtypes of both groups.

p-value > 0.05: Non significant; p-value < 0.05: Significant; p-value < 0.01: Highly significant; \*: Chi-square test; ER; Estrogen Receptor, PR: Progesterone Receptor, Her2/neu: Human epidermal growth factor receptor 2. TN: Triple Negative, HR; Hormonal Receptor.

		$Age \leq 50$						
		Group I		Group II		Test value	p-value	Sig.
		No. =18	%	No. =110	%	Value		
ER	Negative	5	27.8%	27	24.5%		0.827	NS
	Positive	13	72.2%	83	75.5%	0.048		
	Negative	5	27.8%	30	27.3%	0 1 0 0	0.664	NS
	Positive	13	72.2%	80	72.3%	0.188		
HER/2	Negative	12	66.7%	76	69.1%	0.021	0.884	NS
	Positive	6	33.3%	34	30.1%	0.021		
Luminal subtype	HR+/Her2–	9	50.0%	58	52.7%			
	HR+/Her2+	4	22.2%	26	23.6%	1 750	0.176	NS
	Her+	1	5.6%	10	9.1%	1.758		
	TN	4	22.2%	16	14.6%			

 Table 4. Hormone receptor status and molecular subtypes in patients younger than 50 years.

p-value > 0.05: Non significant (NS); p-value < 0.05: Significant (S); p-value < 0.01: highly significant (HS); \*:Chi-square test.

do those with diabetes develop a different disease than those without diabetes? Diabetes especially type 2 is a disease of the older age group so comparing epidemiologic data of both groups confirmed that diabetic patients were of older

		Age >50						
		Group I		Group II		Test value	p-value	Sig.
		No. = 99	%	No. = 89	%			
ER	Negative	29	29.3%	26	29.2%	0.004	0.948	NS
	Positive	70	70.7%	63	70.8%	0.004		
PR	Negative	32	32.3%	25	28.1%	0.492	0.483	NS
	Positive	67	67.7%	64	71.9%			
Her 2	Negative	76	76.8%	71	79.8%		0.513	NS
	Positive	23	23.2%	18	20.2%	0.428		
Luminal subtype	HR+/Her2-	59	59.6%	55	62%	0.441	0.932	NS
	Hr+/Her+	12	12.1%	9	10			
	Her+	11	11.1%	9	10			
	TN	17	17.2%	16	18%			

Table 5. Hormone receptor status and molecular subtypes in patients older than 50 years.

p-value > 0.05: Non significant (NS); p-value < 0.05: Significant (S); p-value < 0.01: highly significant (HS); \*:Chi-square test.

age, and it was found that the mean age of patients with diabetes was higher than nondiabetics. Diabetic breast cancer patients being older than nondiabetics were also reported in many studies [17] [18] [19].

Diabetes was associated with hypertension and cardiac diseases in the current study significantly. In this regard, Hou *et al.*, reported on 1013 patients with breast cancer and diabetes compared to 4621 others without diabetes, that the diabetic group were elderly, postmenopausal with higher incidence of cardiovascular and cerebrovascular complications [17].

Regarding the pathologic data, apart from the tumor being multiple in more patients with diabetes, there was not a statistically significant difference between both groups in other pathological data.

Bronsveld *et al.* in a cross-sectional study using Danish Breast Cancer Cooperative Group data of 211 women with diabetes and 101 women without diabetes found that breast cancer patients with diabetes had a similar distribution of morphology, tumor size, and number of positive lymph nodes compared to those without diabetes [11]. This finding was different from other studies that reported on more advanced tumor stage and lymph node metastases in breast cancer diabetic patients [17] [20] [21].

Some biological mechanisms were linked to development of certain molecular subtypes of breast cancer, for example, the expression of IGF receptors has been found to be relatively higher in triple-negative breast cancer cells compared to estrogen responsive cells [14]. Elevated cytokine production [22] especially interleukin-6 and interleukin-8, was also liked to TN subtype [23].

In the current study, molecular subtypes of the disease were not affected by the presence of diabetes even after comparing both groups according to age. Previous studies regarding the association of diabetes with certain molecular subtypes were conflicting. While Palmer, *et al.* and Gross *et al.* reported a positive association with ER-negative disease and no association with ER-positive disease [18] [24], other studies reported the opposite such as Michels *et al.* and Maskarinec *et al.* who reported that there is a positive association with ER+ disease in patients with diabetes [19] [25]. Hou *et al.* reported that the diabetic patients had more negative PR expression [17].

Regarding the association of diabetes with triple negative TN disease, it was reported to be more associated with diabetes in many studies [12] [26] [27]. The association was statistically significant in the study carried by Chen *et al.*, but it was nonsignificant in another two studies [11] [26]. Millikan *et al.* in a study of 225 TN patients reported on no association of triple negative disease with diabetes [28]. Lara-Medina *et al.* also reported the same [29]. Chen *et al.* also reported that Her2 Expression was more prevalent among diabetic patients though the association was statistically nonsignificant [12].

Future investigations are thus needed to further clarify the impact of diabetes on breast cancer hormonal status and molecular subtypes.

## 6. Conclusion

Both diabetes and breast cancer are chronic disease that are frequent among Egyptian females. Better understanding of the nature of breast cancer pathological data in diabetic patients is crucial for understanding prognosis of the disease. No predilection to certain molecular subtype of breast cancer among studied diabetic patients was found in the current study. Further research is needed in this topic.

## 7. Limitations of the Study

Due to the retrospective nature of the study; important data were missing from files such as the type and the treatment received for diabetes, duration of diabetes, the period between onset of diabetes and breast cancer diagnosis, compliance to systemic treatment, and BMI.

## **Ethics Approval**

The necessary regulatory arrangements to use the data from records were done.

## **Consent for Publication**

Not applicable.

## **Conflicts of Interest**

The author declares no conflicts of interest regarding the publication of this paper.

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