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The Impact of 16th Century German Botanical Treatises on Garcia de Orta's *Coloquios dos Simples*

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Abstract

In the early sixteenth century, Italian, French, Portuguese, Spanish, Flemish and German academics led the revival of the study of botany. In Germany, Otho Brunfels, Jerome Bock, Leonhart Fuchs, Adam Lonicerus, and Valerius Cordus published herbals dealing with European medicinal plants, but notes on Asian products remain invaluable. The Portuguese doctor Garcia de Orta sailed to Goa in 1534. There, he published his Coloquios dos Simples e Drogas da India in 1563. It is precisely in the context of Indian materia medica that Garcia de Orta's path intersects with that of the German academics. The aim of this paper is to analyze the influence of Valerius Cordus' and Leonhart Fuchs' works on Orta's *Coloquios*. To this end, the original Latin descriptions of Asian medicinal products made by Cordus and Fuchs were compared with Orta's interpretations. It was observed that Garcia de Orta makes good use of Cordus's descriptions of cardamom, cassia lignea, cinnamon, lignum aloes (agarwood) and tamarind fruits. His attitude towards Fuchs, however, was less accommodating because he was, in Orta's words, "a heretic condemned for being a Lutheran" and he distorted the words of the German master about ivory. It was concluded that neither Garcia de Orta's Renaissance humanism nor his scientific view of Indian natural history was any match for the influence of his religious beliefs. Orta did not escape the profound doctrinal and theological division that was raging Europe after the emergence of the Reformation movement.

Keywords

Botany, Garcia de Orta, Valerius Cordus, Leonhart Fuchs, German Botanists

1. Introduction

In the sixteenth century, there was a revival of botany from medieval times. In ad-

dition to the plants already described by masters in Antiquity such as Theophrastus, Dioscorides and Pliny, many European plants and some previously little known oriental plants were added (Pires, 1984; Egerton, 2003; Ogilvie, 2003). Italian¹, French², Portuguese³, Spanish⁴, Flemish⁵ and German academics led the revival of botanical studies. In Germany, Otho Brunfels (ca. 1489-1534), Hieronymus Bock (1498-1554, also known as Hieronymus Tragus), Leonhart Fuchs (1501-1566), Adam Lonicerus (1501-1566) and Valerius Cordus (1515-1544), develop studies and practices in medicine, pharmacy, and botany in private, municipal, institutional or university domains, particularly in Wittenberg⁶ and Tübingen⁷. Following various paths, several of these German academics adhered to Protestantism, in particular Brunfels⁸, Bock⁹, and Fuchs¹⁰ and this attitude, Particularly Luca Ghini (1490-1556) author of one of the first herbaria and founder of botanical gardens at Pisa and Florence, Antonio Musa Brasavola (1500-1555) author of Examen omnium simplicium medicamentorum quorum in officinis usus est published in 1536 and Pietro Andrea Mattioli (1501-1577) author of an Italian translation of Dioscorides's De materia medica (Egerton, 2003; Touwaide, 2003, 2008).

²Especially Jean Ruel (1474-1537) who translated Dioscorides's *De materia medica* from Greek into Latin and printed as early as 1516 and published in 1536 *De natura stirpium libri tres* (Egerton, 2003; Touwaide, 2003).

³Amatus Lusitanus (João Rodrigues de Castelo Branco, 1511-1568) who published a version of Dioscorides's *De materia medica* in Antwerp in 1536 (the first two books) and in Venice in 1553, and the description and treatment of 700 medical cases in *Curationum Medicinalium* published in Venice in 1566 (Friedenwald, 1937; Dias, 1964).

⁴Notably Andrés Laguna de Segovia (1499-1559) who published a translation into Spanish of Dioscorides's *De materia medica* in 1555.

⁵Singularly Rembert Dodoens (1517-1585) physician and botanist, author of several works dedicated to the study of plants, namely *Herbarium* (1533), *Den Nieuwen Herbarius* (1543), *De frugum historia* (1552), *Des Cruydboeks* (1554, in Dutch and Latin), *Historia frumentorum* (1566), *Florum et coronariorum odoratumque historia* (1574), *Purgantium aliarumque eo facientium* (1574), *Historia vitis vinique* (1574) and *Stirpium historiae pemptades sex* (1583) (Touwaide, 2003).

⁶Valerius Cordus studied and then taught at Wittenberg University. It should be noted that it was from this university, founded in 1502, that the Reformation movement was set in motion (Husemann, 1876; Stauffer, 1970: p. 15; Schmitz, 1981).

⁷In 1534, Ulrich, Duke of Württemberg, definitely links Tübingen University to the Reform, using the intervention of Ambrosius Blarer (Ambrose Blarer of Giersberg, 1492-1564) who reorganizes his curricula between 1534 and 1537, a task later pursued by Johann Brenz (1499-1570). The residence associated with the university was transformed into a protestant seminary. New teachers were hired, including Leonhart Fuchs, professor of medicine and botany (Feger, 1955; Brendle, 2001).

⁸Otho Brunfels was a monk in the Carthusian monastery of Mainz and then in Königshofen, but in 1521, influenced by Ulrich von Hutten (1488-1523), he abandoned the Catholic faith to become a Lutheran preacher first in Steinau an der Strasse (1521-1522) and then in Neuenburg am Rhein (1522-1524). He published a volume of sermons by pre-Reformation reformer John Huss. However, he disagreed with Luther and Ulrich Zwingli. In 1524 he returned to Strasbourg where he dedicated himself to medicine. Later, he lived in Basel, acting as municipal doctor (Grimm, 1955; Stannard, 1970b).

⁹Hieronymus Bock studied in Heidelberg and in 1533 attended the Benedictine monastery of San Fabian, near Hornbach. He had abandoned the Catholic faith and adhered to Protestantism and establishes himself in Zweibrücken by 1523. He assumed the duties of teacher by appointment of Count Ludwig, who employed him to run the gardens and serve as an apothecary (Engler, 1875; Stannard, 1970a; Egerton, 2003).

¹⁰When studying in Ingolstadt University, Leonhart Fuchs became acquainted with Philip Melanchthon (1497-1560). He was later invited by the Margraviate of Brandenburg to found a Protestant university in Ansbach, a project that in the event did not materialize. Invited by Ulrich, Duke of Württemberg (possibly influenced by Melanchthon) to reform Tübingen University according to the principles of Reform, Fuchs took office in August 1535. He maintained contact with the reformer of Tübingen University, Johann Brenz (Rath, 1961).

especially of those who abandon the Catholic faith to embrace another creed, would be scrutinized by the Portuguese Inquisition¹¹ resulting in many of their works being listed in the *Index*¹², apart from those strictly related to botany and medical matters.

Concerning herbals¹³, these academics reprinted Dioscorides's treatise *De materia medica*¹⁴, to which they added comments and observations¹⁵, as well as corrections¹⁶, but they also wrote new works (Elliott, 2011), in which they incorporated the knowledge then available on medicinal plants, with emphasis on those of central and northern Europe, which the treatises by the masters of Antiquity did not have (Pires, 1984; Ogilvie, 2003; Touwaide, 2003; Cohen, 2010). These works are generally illustrated with woodcuts, which were intended to represent the plants described in the text¹⁷. The realism of the drawings is re-

¹¹The Inquisition was a special court created by Pope Gregory IX (1227-1241) in various European countries to combat all forms of religious heresy or discrepancy, witchcraft and sexual aberrations. Practices allowed physical or moral torture during the investigation, and punishments that could be as severe as death by fire. The inquisitorial process accepted anonymous denunciations and concealed the names of the witnesses. Once arrested, the defendant's property was confiscated and their house sealed. The lawyer was at the court's own service and knew only the libels and sentences communicated to the defendant. There was no right of appeal against the final sentence. The purpose was to get the accused to confess and repent, but when this was not obtained, the court handed the defendant over to the civil powers that pronounced and executed the death sentence. As a result of a long stay of Muslims and Jews, the Inquisition found favorable ground for its action in the Iberian Peninsula, especially during the 16th and 17th centuries. It dedicated itself primarily to the persecution of the Jews and, to a lesser extent, the Lutheran Protestants (Saraiva, 1969; Bethencourt, 1994).

¹²After the Council of Trent, Pope Pius IV created the "Index of Forbidden Books" and determined that all works related to faith and customs should be subjected to prior examination. In some cases printing was allowed, but with parts of the text removed. The surveillance of public and private libraries, visits to ships and the control of seaport entrances was also instituted. Works of a purely scientific, literary or philosophical nature were generally excluded from prohibitions, provided that they did not conflict with Tridentine recommendations. Love poetry, theater, sentimental literature, and other texts that questioned the current status quo or used languages less in line with current practice were the hardest hit. Manifestations of popular culture, often tending toward a certain heterodoxy, and all forms of approach to any form of evangelism or positions close to Protestantism, were the main targets. In Portugal, the Roman Indices were in force, to which were added indices of Portuguese works with a set of its own rules applicable in the country. The Portuguese printed list of forbidden books was published in 1551, 1561, 1564, and in 1581 ("Catalogo dos livros que se prohibem", "Catalog of forbidden books"). Censorship of the press was an important repressive instrument used by the Inquisition in Portugal, and it had an influence on Portuguese culture and mentality that was indisputably and indelibly negative (Winius, 1998; Cadafaz de Matos, 2001).

¹³Treatises on medicinal plants with descriptions of the plants' morphology and their medicinal importance and use, intended to enable doctors and apothecaries to know which plants to use for medical purposes and how to identify them in the field (Singer, 1927; Stannard, 1969; Elliott, 2011).
 ¹⁴The first translations of Dioscorides's *De materia medica* into vernacular languages were done by Mattioli in 1544 into Italian, and by Andrés Laguna in 1555 into Spanish (Touwaide, 2003, 2008; Elliott, 2011).
 ¹⁵The following editions can be mentioned: Otho Brunfels, *In Dioscoridis historiam plantarum certissima adaptatio* (1543); Valerius Cordus, *Annotationes in Dioscorides de materia medica libros*, with posthumous editions in 1549 and 1561.

¹⁶One of the first works to point out errors in the treatises of the masters of Antiquity was Niccolò Leoniceno (1428-1524) in *Plinii ac plurium aliorum auctorum qui de simplicibus medicaminibus scripserunt errores notati* published in 1492, in which he explained 22 errors by Pliny due to his mistranslation or misunderstanding and 17 errors by Arabic authors and their Latin commentators (Egerton, 2003).

¹⁷The following works deserve special mention: Otho Brunfels's *Herbarum vivae icones* (1530, 1531 and 1536), Hieronymus Bock's new *Kraüterbuch* (1539), Leonhart Fuchs's *De historia stirpium commentarii insignes* (1542), and Adam Lonicerus's *Kreuterbuch* (1557) (Touwaide, 2008; Elliott, 2011).

markable and many plant drawings depict their flower and fruit. We know that many drawings were made by direct observation. In some editions, the drawings were colourful, constituting exceptional works in both the scientific and bibliophile fields. Imbued with the Renaissance spirit, we note the desire to better describe the plants and their properties, adding, or even correcting, the knowledge of the writers from Antiquity. In some of these herbals, the plants are no longer organized in alphabetical order but rather grouped into large groups: wild and cultivated, trees, shrubs and herbs (herbaceous). In these works, we can find the description of many European plants and products, but notes on Asian substances remain invaluable. It is true that aloe¹⁸, asafetida¹⁹, hemp²⁰, flax²¹, oriental sweetgum²², jujube²³, cinnamon, costus²⁴, datura²⁵, banana, areca nut²⁶, ginger²⁷, opium²⁸, peppers²⁹, camel grass³⁰, incense³¹, and myrrh³² among others had already been described in the works of Theophrastus, Dioscorides, and Pliny, but the German masters wanted to improve and extend the knowledge of these products and plants.

Born in Castelo de Vide (Portugal) in the early 16th century, Garcia de Orta, son of Castilian Jews, completed his academic training in Salamanca and Alcalá de Henares (Spain). His approach to Martim Afonso de Sousa (1490/1500-1564), future governor of the Portuguese State of India, would be decisive for the young doctor's future in that he set sail for Goa in 1534, and did not return to Portugal. Garcia de Orta would accompany his patron on several military expeditions, in both the north and south of the Indian subcontinent, and had the opportunity to see the rich and novel Indian natural history with his own eyes. His contact with the local elites allowed him to acquire knowledge about the Indian fauna, flora and materia medica. All this wealth of knowledge would be incorporated in the only work that has come to us—his Coloquios dos Simples e das Drogas da India, published in Goa in 1563. Garcia de Orta died in 1568. On October 28 of that year, his sister, Catarina Orta, was arrested by the Inquisition. She would be burned at the stake. Garcia de Orta was posthumously convicted of Judaism. His bones were exhumed and burned along with an effigy in an auto-da-fé in 1580 (Ficalho, 1886; D'Esaguy, 1937; Friedenwald, 1941; Dias, 1964;

 $^{^{18}} Aloe$ spp., in particular $Aloe\;perryi$ Baker from Socotorá island.

¹⁹The dried latex exuded from the rhizome of *Ferula alliacea* Boiss. and *Ferula assa-foetida* L.

²⁰The leaves of *Cannabis sativa* L.

²¹Linum usitatissimum L.

²²The sap of *Liquidambar orientalis* Mill.

²³The fruit of *Ziziphus jujuba* Mill.

²⁴The root of Saussurea costus (Falc.) Lipsch.

²⁵Datura stramonium L., Datura fastuosa L. and Datura alba Nees von Es.

²⁶The fruit of *Areca catechu* L.

²⁷The rhizome of *Zingiber officinale* Roscoe.

²⁸The milky juice of the capsules of *Papaver somniferum* L.

²⁹The fruit of *Piper nigrum* L., *Piper officinale* DC, *Piper longum* L. and *Piper trioicum* Roxb.

³⁰The leaves of *Cymbopogon schoenanthus* (L.) Spreng.

³¹The resin extracted from several *Boswellia* species, namely *B. sacra* Flückiger, *Boswellia papyrifera* (Del.) Hochst, *B. carteri* Birdwood and *B. frereana* Birdwood.

³²The resin extracted from several *Commiphora* species, namely *C. myrrha* (Nees) Engl. in DC, *C. erythraea* (Ehrenb.) Engl. in DC and *C. madagascariensis* Jacq.

Kapil & Bhatnagar, 1976; D'Cruz, 1991; Mathew, 1997; Pearson, 2001; Cohen, 2010; Pimentel & Soler, 2014; Paiva, 2018).

Garcia de Orta was in a privileged position over European naturalists because he could see with his own eyes and study the Indian plants, animals, and minerals that had been coming to Europe for centuries, and others that were almost or totally unknown to Europeans. The bibliography quoted in the *Coloquios*, and surely read by Garcia de Orta, is vast³³; it spans every botanical luminary, from the masters of Antiquity to his contemporaries, including the German naturalists. He wanted to rewrite Indian natural history and *materia medica*, and explain everything written about it (Friedenwald, 1941; Kapil & Bhatnagar, 1976; Grove, 1996; Mathew, 1997; Pimentel & Soler, 2014; Cabral, 2015; Paiva, 2018).

Valerius Cordus and Leonhart Fuchs are the 16th-century German academics most cited by Garcia de Orta. What was the influence of the works of these masters on Orta's *Coloquios*? To what extent did Orta's religious beliefs influence his evaluation of Cordus and Fuchs' works? In order to answer these questions, we searched in *Coloquios* for mentions of the works of these two German masters and compared the original Latin descriptions of medicinal products with Orta's interpretations.

2. The Impact of Valerius Cordus's and Leonhart Fuchs's Herbals on Garcia de Orta's *Coloquios dos Simples*

The works of Valerius Cordus and Leonhart Fuchs were analyzed in several of Garcia de Orta's *Coloquios*. Valerius Cordus is mentioned in Colloquium 13, in relation to cardamom³⁴. This species had already been mentioned by Dioscorides in his work *De materia medica*³⁵ but he had not described the plant product itself (fruit and seed), mentioning only that the plant grew in India and Arabia, and indicating its therapeutic properties. Laguna (1555: p. 15) added more information to the original text, but he had not described the seeds either. Now, Garcia de Orta³⁶ called upon Valerius Cordus because the German botanist had mentioned that the "major cardamom is almost like the acorn and the minor (cardamom) almost like hazelnut, and none of these is larger than a shelled pine

³³Garcia de Orta quotes doctors (Galen, Celsus, Hippocrates), philosophers (Aristotle, Plato), and botanists (Theophrastus, Dioscorides and Pliny) of Antiquity, Muslim intellectuals (Serapion, Avicenna, Averroes, Rhazes), Middle Age intellectuals (Matteo Plateario, Matthaeus Silvaticus, Gerard of Cremona), his contemporaries (Antonio Musa Brasavola, Jean Ruel, Valerius Cordus, Andrés de Laguna, Nicolás Bautista Monardes, Amatus Lusitanus, Fuchs, Matthiolo).

³⁴These names cover the fruits of two varieties of *Elettaria cardamomum* (L.) Maton, varieties that were correctly distinguished by Garcia de Orta. The smallest and most typical (and most aromatic) form existed in Malabar, and the largest (and least aromatic) form in Ceylon. The seed was used as a spice in the East to promote digestion and fortify the stomach (Gelásio Dalgado, 1894: p. 7, 1898: p. 188; Ricardo Jorge, 1962: pp. 234-237; Rodolfo Dalgado, 1982: p. 215; Schütz, 2009).

³⁵Chapter 1.6.1.1 - 1.6.1.13 in Wellmann's Greek edition reproduced and studied in Alía Alberca (2010: pp. 40-41).

³⁶All the transcripts of the Orta *Coloquios dos Simples* were translated by the author of the present work from the original Goa edition (Orta, 1563) using the specimen from the Portuguese National Library, res-456-p, currently available at http://purl.pt/22937. References to the edition by the Conde de Ficalho (Orta, 1891, 1895) are also presented.

nut"³⁷ and added that the "grains [seeds] are in the other large heads [fruits]"³⁸. Indeed Cordus (1549: p. 9) had presented drawings of fruits of the cardamom showing the seeds inside and said that those of the major cardamom were larger than those of the minor cardamom, and different from the grain of Paradise³⁹, the seeds of another medicinal plant⁴⁰ also commonly used.

Valerius Cordus is again mentioned by Garcia de Orta in Colloquium 15 on cassia and cinnamon. For Garcia de Orta, V. Cordus had stated that "we lack the true cinnamon, but we have some species of it"⁴¹. This "true" cinnamon that could no longer be obtained was what V. Cordus had considered to be the best cinnamon, the one Dioscorides called the "mossylites"⁴². In Antiquity, various types of cinnamons, obtained from the bark of cassia lignea (*Cinnamomum cassia* (L.) J.Presl., mainly from India) or from others cinnamons (others species of the same genus *Cinnamomum* Schaeff., specially *C. verum* J.Presl., mainly from Ceylon), were brought from East to the West, in particular, to ancient Rome⁴³. Cinnamon, or rather, cinnamons, the most expensive spices of high repute in Antiquity, were well known to the elite society in the West, but they were ignorant of the trees from which were obtained. However, some information came to the West because the ancient Greek and Roman authors—Theophrastus, Dioscorides, and Pliny—had pointed out that there were various types of cassias and

³⁷"Que ho mayor he quasi como bollota, e ho menor quasi como auelãa, e destes nenhum dos grandes he mayor que hum pinham com casca" (Orta, 1563: p. 47 recto; Orta, 1891: p. 176).

³⁸E diz q[ue] estes grãos estão metidos nas outras cabeças grandes" (Orta, 1563: p. 47 recto; Orta, 1891: p. 177).

^{39sc} Cardamomum minus, nomen seruat in Pharmacopoliis, Germanice Cardamomie, Arabice Helbane. Maius uero, Arabice Heyl, diuersum a granis paradisi, quae aliqui Cardamomum minus improprie uocant, minus forte precio et uiribus inteligentes: mole enim maiora sunt, aliqui maiori Cardamomo substituunt." ("Minor cardamom (retains the name for the pharmacists) [it is called] in German Cardamomie and in Arabic Helbane. The larger [cardamom], however, in Arabic is called Heyl, being distinct from Paradise grains, which some improperly call minor cardamom (perhaps because they perceive it to be less in value and potentiality) and others to confuse it with major cardamom, because, in terms of volume, [its grains] are bigger") (Cordus, 1561: p. 2 recto).

⁴⁰The same drawing of Cordus's work appears to depict the fruit of *Amomum grana-paradisi* L. (current name: *Aframomum melegueta* K.Schum). Produced off the coast of Guinea, mainly in the area called the Costa da Malagueta, in present-day Liberia, these fruits were brought by the Muslim caravan trade across Mali to the Mediterranean, and have been known in European markets since the 13th century (Ricardo Jorge, 1962: pp. 226-227; Thomaz, 1995: pp. 219-345, 300; Quattrocchi, 2016: pp. 107-108).

⁴¹"Q[ue] careçemos do verdadeiro Cinamomo se não que temos algũas espeçias delle" (Orta, 1563: p. 59 verso; Orta, 1891: p. 209).

⁴²Chapter 1.14.1.1 - 1.14.2.1 in Wellmann's Greek edition reproduced and studied in Alía Alberca (2010; pp. 60-61).

⁴³During the period of the Roman Republic, cloths, precious stones, timber and spices, in particular cinnamon, brought from India by Arab traders were redistributed at Socotra Island and Cape Gaurdafui, and carried to the Nile and the Mediterranean, and then to Rome. Under Augustus, the establishment of peace and stable rule throughout the Mediterranean altered the situation. In 25 BC, Augustus sent an expedition led by Aelius Gallus into Arabia with orders to subdue the kingdoms which he found, which was achieved. By 21 BC the Ethiopians were under his control. In the meantime, the number of vessels leaving Egyptian ports markedly increase and, more importantly, Roman mariners discovered the use of the monsoon winds to reach India, giving a great boost to the Indian trade and leading to a general decrease in prices. The Arabs retained some of the trade of Indian products, notably of cinnamon and cassia, probably by arrangement with the Indian merchants (Schoff, 1912: p. 4; Thorley, 1969: p. 218).

cinnamons and that they were obtained from different plants. However, it was thought that these were small shrubs less than one meter high. Now, Valerius Cordus took up some ideas of the ancient writers about cassia lignea and cinnamon. He stated that there are different species of cassia lignea and cinnamon⁴⁴, that the plants were related to each other⁴⁵, that cinnamon was the bark of these bushes and in German it was called "zimetrinden"⁴⁶. However, as Garcia de Orta points out, V. Cordus states that the best types of cinnamon were no longer possible to obtain⁴⁷.

In Colloquium 30 on lignum aloes (agarwood)⁴⁸, Garcia de Orta call upon again to V. Cordus, who had pointed out, according to Orta, that "the meanest spice is from Rhodes"⁴⁹. Indeed, from the words of the German master, we know that the wood of a tree growing on the island of Rhodes, related to the Ethiopian olive tree⁵⁰, was sold in Europe as if it were lignum aloes⁵¹. The adulteration was justified by the lower price and better accessibility of this wood compared to the true Asian wood. V. Cordus goes further and even gives us a description of the genuine lignum aloes.

Tamarind fruit, or the Indian date, the fruit of Tamarindus indica L. had not

⁴⁴ Cinnamomi non pauciores quam Casiae species sunt" ("There are no fewer species of cinnamon than cassia") (Cordus, 1549: p. 451).

⁴⁵Cum uero Casia et Cinnamomum plures habeant species, sintque inter se ualde cognatae arbusculae, temerarium esset pronunciare, nos Cinnamomo carere." ("Since cassia and cinnamon have many species and the bushes are related to each other, it would be unwise to say that we lack cinnamon.") (Cordus, 1549: p. 451).

⁴⁶Cinnamomum autem, ut hodie affertur, est cortex tantum suae arbasculae, quam quidam Canel-lum uocant, nos uero zimetrinden." ("Cinnamom, as it is now consumed, is, however, only a bark of its bushes, so that certain men call it cinnamon, while we [call it] Zimetrinden.") (Cordus, 1549: p. 451).

^{47°} Tali autem hodie omnino caremus; et habemus tantum ex omnibus uix unam speciem, eam scilicet, quae Mosilicae Casiae similis est, quae item omnium max[ime] arborescit." ("At present, we do not currently have [one species] of this kind, and hardly among all species can we find even one, whatever, that is similar to the [species] Mosilica Cassia and which, above all, grows as a tree.") (Cordus, 1549: p. 451). The majority of 16th century botanists, namely Valerius Cordus, Andrés Laguna and Garcia de Orta thought that cinnamon (*Cinnamomum verum* J.Presl. from Ceylon) did not reach Europe, an imprecision that was not made, for instance, by Amatus Lusitanus (Ricardo Jorge, 1962: pp. 239-241).

⁴⁸The resin and fragrant wood of *Aquilaria agallocha* Roxb., an indigenous plant of the Himalayas and Assam, and of *Aquilaria malaccensis* Lam., indigenous of Malaca. The wood was used as incense and much appreciated in Europe (Gelásio Dalgado, 1894: p. 17; Ricardo Jorge, 1962: pp. 246-247; Rodolfo Dalgado, 1982: pp. 17, 521-522; Schütz, 2009).

⁴⁹°CDiz que a speçia mais vil he baxa q[ue] ha ha A de rrodes" (Orta, 1563: p. 122 verso; Orta, 1895: p. 56).

⁵⁰The African olive tree that grows spontaneously in Ethiopia is *Olea europaea* subsp. *cuspidata* (Wall. ex G.Don) Cif.). The hard, heavy and beautiful golden-brown wood is used for furniture, ornaments, spoons and durable fence posts. This plant does not grow spontaneously in the Mediterranean basin, where two other subspecies thrive: *Olea europaea* subsp. *europaea* (olive tree) and *Olea europaea* subsp. *sylvestris* (Mill.) Lehr. (wild olive tree).

⁵¹ Pro Agallocho plerique uendunt lignum Rhodium uel Rhodisium uulgo dictum: quod uilior Agallochi species est: cuius lignum est solidum, durum, uarii coloris, amarum: et uidetur Oleastri uel oleae Aethiopicae lignum esse." ("Most people sell Rhodian [Rhodes Island] wood, as the people say, instead of Agallocho, because this type of wood is cheaper than Agallocho (whose wood is dense, hard, of various colors, and rough), resembling the wood of a poor relative of the Ethiopian olive tree") (Cordus, 1561: p. 8 verso).

been mentioned by Dioscorides. According to Garcia de Orta in Colloquium 52, V. Cordus had pointed out that the tamarind fruit was different from the "fenico balano" 52. Dioscorides had applied the designation of "fenico balano" to mature dates, purple in color⁵³, which are essentially different from the tamarind fruit⁵⁴. Not being the tamarind fruits originally described by Dioscorides, 16th century versions of this treatise added new information about this medicinal fruit. Cordus (1549), published before Laguna (1555) and the Garcia de Orta's *Coloquios dos Simples* (1563), brought to Europe important news about these tropical fruits, which, despite their name, were morphologically distinct from dates. V. Cordus correctly states⁵⁵ that the tamarinds were different from the dates and were long, finger-shaped and had an acidic taste. They were the "wild dates of India".

Leonhart Fuchs is also mentioned by Garcia de Orta in his *Coloquios*. The first reference we find is in Colloquium 50 dedicated to the spikenard (*Nardostachys jatamansi* (D. Don) DC.), a plant with a native range from Himalaya to Central China⁵⁶, whose rhizome was used as a medicine from ancient times (Ricardo Jorge, 1962: p. 253; Schütz, 2009). Dioscorides had designated this plant as "Nardus spica", by virtue of the morphology of the rhizome (which he calls a root because it is underground) which, in the type called "Syriac", was "very hairy, red, smelling" and in the type "Gangitis" (from the nearby Ganges river) it had "a single root", "with many spikes, with infinite hair, intricate and of severe smell"⁵⁷. The similarity of the rhizome of this plant to the trunk of the palm, which belongs to a particular type⁵⁸, is very evident. Garcia de Orta states that Mateolo Senense had scolded Menardo and Fuchs "because they say that there is no true *espique*^{59,60}. However, Fuchs had rightly pointed to the origin of ⁵²⁴Diz q[ue] o xiferiix he tamarindo, e fenico balano he diuerso delle" (Orta, 1563: p. 202 verso; Orta, 1895: p. 323).

⁵³In Laguna (1555: p. 96), we find the color "vayo", "yellowish white", but according to Alía Alberca (2010, pp. 104-105). Laguna's translation from the Greek original text is not correct and should rather be "a date of purple color", a color that effectively approximates reality.

⁵⁴Chapter 1.109.1.1 - 1.109.3.9 in Wellmann's Greek edition reproduced and studied in Alía Alberca (2010, pp. 103-105).

et durissimum, in quo semen, uel ustum et tritum ualenter digerit, lib[ro] 6 comp[ositionis] Pharm[acorum] Part[icularium?] Dactylus a digitorum forma dicitur. όξυφοόνιξ uero dictus Actuario et aliis quibusdam Graecis recentioribus ab acido sapore, palmae syluestris fructus, Tamar Indus, id est, Dactylus indus Barbaris. Germanis uero Tamarinden." ("This fruit, however, differs from the Egyptian palm tree in that it has a not only large but also long and extremely hard stone; the seed is more easily digestible if heated and crushed. In the sixth book of De compositione medicamentorum secundum locos [of Galen], because it has the shape of the fingers, it is called Dactylus. However it was called ὁξυφοόνιξ by Actuarius and other known Greek commentators (because it has an acid taste), and is the fruit of palma sylvestris, Tamar indus, that is, the wild date of India. The Germans, however, [call it] Tamarinden") (Cordus, 1549: p. 69).

⁵⁶Bangladesh, China North-Central, China South-Central, East Himalaya, Myanmar, Nepal, Qinghai, Tibet, West Himalaya

(http://www.plantsoftheworldonline.org/taxon/urn:lsid:ipni.org:names:859418-1#distribution-map). ⁵⁷Chapter 1.7.1.1-1.7.3.1 in Wellmann's Greek edition reproduced and studied in Alía Alberca (2010: pp. 42-43).

⁵⁸The trunk of the palm is cylindrical, unbranched and has a leaf crown on top.

⁵⁹Portuguese designation for the palm tree trunk type.

^{60&}quot;Porq[ue] dizẽ[m] q[ue] nã[o] ha verdrdeiro espique" (Orta, 1563; p. 191 verso; Orta, 1895; p. 295).

the word "spica" in the name of the plant, since although it was a root, its shape resembled a trunk of a palm⁶¹.

3. The Ivory in Leonhart Fuchs According to Garcia de Orta. Ivory and the Elephant in Europe

However, it is near the end of the work, in Colloquium 58 that we understand the thinking of the Portuguese doctor. Garcia de Orta's moral and religious "confession" follows a reference to ivory. According to Orta, Fuchs "a wise men, says that there is no true ivory in the world" This was not, in fact, what Fuchs actually wrote. His words must be analyzed in context, and the German master's description simply informed us that ivory was so sought after that it had become very expensive and difficult to obtain, giving way to the usual falsifications: "Ivory (elephant tusk) as is much sought after in so many circumstances, so has also become very expensive nowadays. So true ivory is almost impossible to find anywhere. In fact, what are usually for sale in the market instead, it seems, are sea fish teeth" Marginalia: There is no genuine ivory in the market."

Since the fifteenth century, the best quality ivory, obtained from the tusks of the African elephant (*Loxodonta africana* (Blumenbach, 1797))⁶⁵, mainly from western equatorial Africa (Sierra Leone, Benin, Congo), arrived in Europe in pieces worked by African artisans (Fagg, 1959; Ross, 1992: pp. 32-35; Mark, 2007: pp. 189-211), or in its raw state. This trade acquired significant expression in the sixteenth century, and grew even further in the seventeenth, only to decline from the eighteenth century⁶⁶, and the Portuguese initially played a significant role in it⁶⁷. A panoply of works of art, made in whole or in part with ivory, such as pestles, spoons, salt shakers, chests and desks (Trnek & Vassallo e Silva, 2001: pp. 94-108, 194-202; Gschwend & Lowe, 2017: pp. 116-122, 128-129, 134, 142, 166-167) were sold at very high prices on *Rua Nova dos Mercadores* in Lisbon (Gschwend & Lowe, 2017: pp. 134, 142) and in other European cities. They have always been luxury objects, expensive and difficult to obtain, accessible on-

⁶¹"Nardus Indica quanquam radix est, tamen etiam Nardispica, a similitudine formae cum spica, uocatur." ("Nardus Indica, although it is a root, it is also called a Nardispica, given the similarity of its shape to that of a spike.") (Fuchs, 1550: pp. 263 verso-264 recto).

 $^{^{62}}$ "Lionardo fusio homê[m] doutor diz q[ue] não ha marfim verdadeiro no mundo" (Orta, 1563: p. 224 recto; Orta, 1895: p. 379).

 $^{^{63}}$ Fuchs may be referring to the narwhal tooth, an Arctic whale, or, more likely, the teeth of the sperm whale. The animal has 40 - 50 ivory teeth in the lower jaw.

⁶⁴"Ebur, elephantorum sunt dentes, quod ut alias summopere expetitum, ita nostra quoque aetate preciosissimum. Eo factum est ut nullibi pene uerum Ebur reperiatur. Quod enim uulgo huius uice in officinis prostat, marinorum piscium dentes esse uidetur. Marginalia: Ebur legitimum in officinis non prostat" (Fuchs, 1561: p. 61).

⁶⁵The ivory from the tusks of the Indian elephant (*Elephas maximus* Linnaeus, 1758) is of much lower quality than its African counterpart and the females do not have them. An African elephant tusk weighs about 22.5 kilograms on average.

⁶⁶In the nineteenth century, the very high prices fetched by ivory caused the large-scale slaughter of the African elephant, which led to a drastic decline in populations (Alpers, 1992).

⁶⁷When the Portuguese arrived on the west coast of tropical Africa, elephant and ivory played important roles in local societies, particularly in Benin. In this country ivory and copper had more value than gold (Blackmun, 1992: p. 163).

ly to some of the European elites; they were present in collections of the Portuguese and Spanish nobility, and in collections from European elites housed in the Habsburg *Kunstkammer*, such as those of Archduchess Margaret of Austria (1480-1530), Emperor Charles V (1500-1558) or Archduke Fernando II (1529-1595) (Trnek & Vassallo e Silva, 2001: pp. 39-67, 94-95, 198-199). Raw ivory was also used in the making of religious pieces. European ivory art peaked in the late Gothic, 1475-1550. The Reformation would cause not only widespread destruction of the images and sculptures, but also a drastic reduction in orders for ivory religious pieces. Pieces for private use continued to be made, especially by artists with links to Italy, but on a much smaller scale (Yates, 1987: pp. 108-111).

Not only ivory but also the elephant itself was well known in Europe as a result of many drawings and written descriptions, particularly by Conrad Gesner (Gesner, 1551: pp. 409-442), and the presence of live animals that had been brought from India to Europe in considerable numbers after the opening of the maritime route to the East by the Portuguese (Lach, 1967). Between 1501 and 1514, Afonso de Albuquerque (1452-1515), governor of the Portuguese State of India, sent four young elephants from Cochin to Lisbon (Gschwend, 2010: p. 3). Possibly it was these pachyderms that the Flemish nobleman Jan Taccoen van Zillebeke observed when he landed in Lisbon on 11 April 1514. He only stayed in the capital for nine days, but was surprised and impressed to see "several times, three young [three-year-old] street elephants", accompanied by their keepers. The animals were found to be behaving in a manner that was "peaceful, doing no harm to anyone"; they "were peaceful by nature" as is usual with Asian elephants when they are domesticated and accompanied by their keepers. The Flemish traveler stated that with ivory "various jobs were being done", but these elephants were very young and had not yet grown their tusks (Stols et al., 2014).

During the 16th century, it is thought that a total of 13 Asian elephants were brought to Europe via Portugal. From Lisbon to their destination, elephants were spotted by Spaniards, Italians, Flemings and Germans during the stops they made along their route, particularly in cities such as Alicante, Genoa, Milan, Antwerp and Cologne. Where passed, they stimulated the curiosity of artists, naturalists, humanists and the ordinary people. With the benefit of direct observation, the naturalists were able to compare the descriptions of the ancient masters with actual evidence (Lach, 1967). In this context, it is important to mention several known cases: 1) The young white elephant Hanno that Afonso de Albuquerque had sent from Kochi to King Manuel I arrived in Lisbon in 1511. The Portuguese monarch later sent him as a gift to Pope Leo X. Hanno arrived in Rome in 1514 and was housed in the papal garden of the Belvedere Palace and later moved to a building in St. Peter's Square. He even participated in processions (Braga, 2015: p. 335) and was drawn by Rafael and Pietro Aretino before he died about two years later (Gschwend, 2010: pp. 4-5). 2) In 1549, the young ele-

phant Solimão (or Solomon), born in 1540 in Ceylon, and brought to Lisbon in 1542, was offered by the Portuguese Queen Catherine of Austria to her grandson, Prince Charles of Spain (Lach, 1967: pp. 160-167). The elephant was then led to Aranda del Douro, near Burgos, where the prince lived. However, the high costs of upkeep of the animal would eventually lead to it travelling to Vienna (Austria), where it arrived in 1552 (and died the following year). In 1554, Emperor Maximilian had a medal engraved with a drawing of the animal by Michael Fuchs. During his long trip, and later in Vienna, the pachyderm attracted the attention of writers, painters and artists. While in Trent for three days, a wooden model of Solimão was erected. Bronze figurines of the animal were made in 1552 in northern Italy and Germany (Gschwend, 2010: pp. 23-24; Gschwend & Lowe, 2017: pp. 199-200). There is also a drawing by an anonymous, possibly Flemish artist, of this elephant while in Vienna, which shows great realism and detail and could have been done for natural history studies (Gschwend, 2010: pp. 24-27). In 1560 Maximilian II commissioned a limestone bas-relief from Severin Brachmann, artist of his court in Vienna. Solomon was depicted behind the emperor, and in front of a camel, an animal that was often offered as a gift by Sultan Solomon of Constantinople to the Vienna court (Gschwend, 2010: pp. 31-32).

Now, an academic like Fuchs would hardly be unaware of this news to claim that there was no real ivory!

4. Leonhart Fuchs, a "Heretic Condemned for Being a Lutheran" According to Garcia de Orta

Garcia de Orta designates Fuchs's words as "such blatant lies that they do not even merit reprimand"⁶⁸. But, after all, this statement is colored with the opinion that Fuchs's so-called problem was that he was a heretic condemned for being a Lutheran⁶⁹. "In addition to his books being in the condemned [books] catalog", as Orta writes⁷⁰, he was a recalcitrant Protestant. A friar of the Order of Preachers known to Orta that had practiced many times with him (Fuchs) had never been able to "convince" him, that is, to lead him to Roman Catholicism. Orta confesses that because Fuchs was Lutheran his works came to bore him. Fuchs had been "very shameless to say that there was no real ivory, there being so many elephants in all parts of India"⁷¹. Such was Garcia de Orta's interpretation that we have already shown to be incorrect. Garcia de Orta's last sentence in this regard crystallizes what the Count Ficalho, responsible for the modern edition published in 1891-1895, very benignly described as "a certain religious intoler-

⁶⁸"Ha hũas mentiras tã[o] grossas que não he bẽ[m] nẽ[m] mereçem ser reprendidas" (Orta, 1563: p. 224 recto; Orta, 1895: p. 379).

⁶⁹ E ser hereie cõ[n]denado por luterano" (Orta, 1563: p. 224 recto; Orta, 1895: p. 379).

⁷⁰°Porq[ue] alem d[e] hos seus liuros virem no cataloguo cõ[n]denados" (Orta, 1563: p. 224 recto; Orta, 1895: p. 379).

⁷¹"Foi muyto desenuergonhado em dizer que não auia marfim verdadeiro auendo tantos allifantes em todallas bã[n]das da India"(Orta, 1563: p. 224 verso; Orta, 1895: p. 380).

ance"72: "It seems that the Lutherans must have some ivory in hell that is kept for them"73. In this context it is important to discuss certain issues.

In fact, some works of these German academics⁷⁴ appeared in the *Catalogo* dos livros que se prohibem (1581) ("Index of Forbidden Books"), but they were theological or doctrinal or, in scientific works, paragraphs or passages considered offensive to religion or morals, or even with divination, superstition or astrological prediction (Catalogo dos livros que se prohibem, 1581: pp. 3 verso - 4 recto, 6 verso, 7 recto, 27 verso). From Methodus seu ratio compendiaria (Fuchs, 1550, 1553), a medical (first part) and a materia medica work (second part), the extensive letter of dedication was to be deleted (Catalogo dos livros que se prohibem, 1581: p. 27 verso), as well as a paragraph from a given page⁷⁵. In this paragraph, Fuchs rebelled against the "fasting and excessive use of fish and vegetables" practiced in the "spring season", contrary to what the "old doctors" advocated, and that these practices were the cause of "spreading so many fevers throughout the regions", especially since this season was "salubrious" according to Hippocrates. Fuchs was certainly referring to Easter, and to the restrictions that the Catholic Church imposed on its believers in this period. Now, the institutions that guarded the doctrine of Rome, namely the Inquisition, could not admit that these dietary restrictions were the cause of so many diseases! From Fuchs's De sanandis totius humani corporis malis the letter of dedication and the foreword was to be prohibited⁷⁶ (Catalogo dos livros que se prohibem, 1581: p. 28 recto).

Finally, on the subject of Orta's religious ideas, various opinions have been expressed, sometimes identifying him as a practitioner of Judaism or Crypto-Judaism, sometimes as a Catholic (Silva Carvalho, 1934; Friedenwald, 1941; Martins, 1963; Silva Rego, 1963; Pearson, 2001, Pimentel & Soler, 2014). His comments on Leonhart Fuchs we have just discussed do not permit clarification of this issue, but merely serve to contribute to its discussion. It was precisely the ⁷²Silva Rego (1963) interpreted this passage from the *Coloquios* as one of the strongest arguments in

favor of Orta's Catholic belief.

73"Pareçe que os luteranos deuẽ[m] ter no inferno algũ[m] marfim q[ue] seia guardado para elles"

(Orta, 1563: p. 224 verso; Orta, 1895: p. 380).

⁷⁴From Otho Brunfels, a large number of theological and doctrinal works (De Bujanda et al., 1995: p. 718) and John Huss (1369-1415)' works published in 1524-1525 by Brunfels (De Bujanda et al., 1995: p. 249).

^{75«} Quare contra ueterum medicorum praescriptum faciunt, qui uerno tempore humana corpora ieiuniis et immodico piscium ac leguminum usu temere affligunt. Neque enim citra insigne bonae ualetudinis, atque adeo uitae dispendium, iis obsequi licet. Quanto autem periculo illis sit obtemperatum, uel hinc facile coniicere licebit, quod uix ullo alio tempore perinde atque uerno (quod tamen Hippocratis etiam testimonio saluberrimum est, et minime exitialibus morbis obnoxium) febres magis per omnes regiones grassatae fuerint." ("How do they act against the prescription of the old doctors, who in the spring season, for no reason, weaken human bodies with fasting and excessive use of fish and vegetables! They should not even be allowed to fall short of the mark of good health, let alone the loss of life. How much danger, moreover, is to them what is not disputed, or what can easily be called into question now, for hardly in any other season, in the degree of spring (which, however, in the testimony of Hippocrates, is salubrious, and very little susceptible to fatal diseases) so many fevers will have spread throughout") (Fuchs, 1553: p. 34 verso).

⁷⁶The editions that we found (Fuchs, 1543, 1546, 1547) feature the dedicatory letter, but do not feature the proem.

attacks launched against L. Fuchs that form one of the arguments put forward to conclude Orta's connection with Catholicism⁷⁷, knowing that the Catholic Church then harbored special hatred towards Protestants⁷⁸. On the other hand, the acutely violent, theologically based attacks launched by Martin Luther against Judaism (Probst, 2005; Carty, 2019), crystallized in the work Von den Jüden und iren Lügen (On Jews and Their Lies), published in 1543, advocating that the princes of the empire should burn synagogues and schools, raze all Jewish homes, destroy all Jewish books, forbid Rabbis to teach, abolish any provisions for safe passage, and confiscate all currency and property in Jewish possession (Carty, 2019: p. 323), may have triggered reactions from Jewish scholars (see Ariel, 2010), and it would be in this context that Orta's words against Fuchs could be framed. There is yet another interpretation: Garcia de Orta launched the violent attack on L. Fuchs to try to hide his connection with Judaism from the Inquisition, presenting himself as ultra anti-protestant and therefore a fervent Catholic. If this was his goal, it had no effect at all, as his bones would be burned at the stake!

What happened after the death of Garcia de Orta? The Inquisitor Aleixo Dias Falcão had Orta's sister Catarina arrested in October 1568. In her testimonies, she accused his brother of Judaizing practices, but dismissed herself several times and was eventually convicted in October of the following year. The Inquisitor left office in 1572. The new Inquisitor, Bartolomeu da Fonseca, filed a lawsuit, where Garcia de Orta was judged to be a practicing Jew. The deed of faith was performed on December 4, 1580, and his bones were thrown into the fire twelve years after his death (Liberato, 2011). Silva Carvalho (1934) argued for an Orta link to the Hebrew faith. However, the conclusion is based on an analysis of the biography of the Orta's family members, especially the Inquisition proceedings brought against several members of Orta's family. Although the amount of information presented is comprehensive and exhaustive, Silva Carvalho's path of reasoning can be questioned for two reasons that we consider fundamental: 1) Even though several (or all) members of the Orta family profess the Jewish faith, this does not necessarily imply that Garcia de Orta was a Jew. 2) In view of the operating methods of the Portuguese Inquisition, in particular as regards the conduct of the proceedings, using the most violent methods of torture, serious

⁷⁷See the argument put forward by Silva Rego (1963) and Martins (1963).

⁷⁸The ideology of Anti Semitism began to emerge in the 2nd century, when Christian theologians first foretold that the Antichrist would be a Jew from the tribe of Dan. Satan was given Jewish features; it was believed Jews held secret tournaments as soldiers of the Antichrist, during which they committed ritual murders. Jews were seen as murderers of Christ and murderers continually to the present through their denial of his divinity. The Jewish condition deteriorated in Europe from the Second Crusade, in the 12th century. Discriminatory measures were taken, and synagogues were destroyed or confiscated. At the Lateran Council in 1215 Jews were barred from owning land and all military and civil functions. Then came the expulsions: from England in 1290, from France in 1394, from different cities in Germany from the 13th to the15th century, from Spain in 1492, from Portugal in 1497, and from the Kingdom of Naples in 1541. Established in the Iberian Peninsula in the 16th century, the Inquisition was mainly directed against Jews and, to a lesser extent, against Protestants (Johnson, 1976: pp. 245-246, 297-298, 306-308; Delumeau & Melchior-Bonnet, 1997: pp. 137, 157-160).

doubts may be raised as to the truth of the statements made by the accused. Révah (1960) proceeded to an analysis of the inquisitorial processes of the Orta family members, and concluded that the Portuguese doctor engaged in the practice of Crypto-Judaism.

In the very first Colloquium of his work, Garcia de Orta wrote emphatically: "In all things I will serve you and tell you the truth"⁷⁹. A little later in this brief colloquy, Orta promised to declare what he did not know: "I promise to serve you and say the little I know, and soon I will tell you the things I know well and the things I doubt, with an oath to speak much truth."80. Jean Delumeau characterized the Renaissance as "an ocean of contradictions, a sometimes discordant concert of divergent aspirations, an uneasy cohabitation of the will for power and a science still in its infancy, the desire for beauty and an unhealthy appetite for the horrible, a mixture of simplicity and complications, purity and sensuality, charity and hatred" (Delumeau, 1984: p. 10). Garcia de Orta, an assumed man of the Renaissance, went beyond the primary object of his work which was the dissemination of the natural history of India. Whatever his ultimate motive was, he embarked on religious and confessional issues and misrepresented, perhaps deliberately, the words of Lutheran academics, thus becoming, as did many other intellectuals of this period, part of the "ocean of contradictions" of which Jean Delumeau writes.

5. Conclusion

- 1) In their botanical works, Valerius Cordus and Leonhart Fuchs provided elements that enriched Dioscorides's *De materia medica*.
- 2) Garcia de Orta profited from using the works of Valerius Cordus on cardamom, cassia lignea, cinnamon, lignum aloes and tamarind fruit.
- 3) However, Garcia de Orta's attitude towards Fuchs was harsh, as he distorted what Fuchs actually wrote about ivory merely because he was, in Orta's words, a "heretic condemned for being a Lutheran".
- 4) Orta's Renaissance humanism, crystallized in his very first Colloquium where he stated that he would tell the whole truth and declare what he did not know, could not withstand the influence of his religious beliefs. Orta did not escape the profound doctrinal and theological division that then raged in Europe after the emergence of the reform movement.

Conflicts of Interest

The author declares no conflicts of interest regarding the publication of this paper.

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 $^{^{79}}$ «E porque todas estas cousas ham de ser ditas na verdade" (Orta, 1563: p. 1 verso; Orta, 1891: p. 19).

⁸⁰ Prometo de vos seruir e dizer ho pouquo q[ue] souber, e logo vos ey de dizer as cousas que sey bẽ[m] sabidas (Orta, 1563: p. 1 verso; Orta, 1891: p. 20).

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