

Renal Function after Major Uro-Oncologic Surgery and Dexmedetomidine Infusion

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ABSTRACT

Objective: Acute kidney injury in major surgery is associated with increased postoperative mortality. This study aimed to evaluate renal function after major urologic surgery and intraoperative dexmedetomidine infusion. **Methods:** Thirty oncologic patients with normal renal function scheduled for prostatectomy or nephrectomy, anesthetized with combined epidural and general anesthesia, were randomized to receive either intraoperative blind infusion of dexmedetomidine (Dexmedetomidine Group, n = 15, 0.5 µg/kg load dose plus 0.7 µg/kg/h) or 0.9% saline (Control Group, n = 15) until the end of surgery. Intraoperative and cumulative 24-hour diuresis, serum creatinine (S_{Cr}), calculated creatinine clearance (Cl_{Cr}) and serum cystatin C (S_{Cys}) at postoperative days 1, 2 and 3 and 2 weeks after surgery were evaluated. **Results:** Mean ± standard deviation values for intraoperative diuresis in Dexmedetomidine and Control Groups were 566 ± 396 mL and 298 ± 153 mL, respectively (p = 0.014). Cumulative 24-hour diuresis in Dexmedetomidine and Control Groups was 1947 ± 266 mL and 1748 ± 237 mL, respectively (p = 0.91). Mean values of S_{Cr} , Cl_{Cr} and S_{Cys} were not significantly different from their baseline values in both groups and no significant differences were seen between groups at any moment for two weeks (p > 0.05). **Conclusion:** According to the doses used in this study, despite an intraoperative increase in diuresis, intraoperative infusion of dexmedetomidine did not influence renal performance up to two weeks after major uro-oncologic surgery, as evaluated by S_{Cr} , Cl_{Cr} and S_{Cys} .

Keywords: Dexmedetomidine; Renal Function; Nephrectomy; Prostatectomy; Epidural; General Anesthesia

1. Introduction

Acute kidney injury (AKI) is usually seen in the perioperative period, mainly after major surgeries [1]. It has been observed that postoperative elevated values of serum creatinine are associated with increases in time and cost of hospital stay and with high rates of morbidity and mortality [2]. Urological procedures are considered to be of high risk for the development of perioperative kidney injury [3], and nephrectomy has the highest potential to cause AKI [4].

Several strategies are used to either prevent or minimize perioperative AKI. These can be either pharmacological or nonpharmacological strategies, even involving early dialysis techniques [5]. Dexmedetomidine, an α_2 -agonist drug with sedative, analgesic, and diuretic properties [6], has been assessed in the protection of organs such as brain, heart, and kidneys and conflicting results

have been obtained [7-9]. No drug, alone or in combination, was shown to be effective in preventing perioperative AKI until the present time [7].

In the present study, to test the hypothesis that dexmedetomidine enhances postoperative renal performance, its potential to increase diuresis and creatinine clearance was evaluated in major urologic surgery.

2. Methods

This prospective and randomized study was approved by the Institutional Review Board of the National Cancer Institute, Rio de Janeiro, Brazil. Thirty patients scheduled for nephrectomy or prostatectomy at the National Cancer Institute (Rio de Janeiro, Brazil), signed the Informed Consent and were included in the study. The following criteria were filled for the patients to be included in the study: American Society of Anesthesiologists

(ASA) physical status 1 - 2 of both sexes; age, 30 - 65 years; height, 1.50 - 1.90 m; no history of renal dysfunction; serum creatinine \leq 1.3 mg/dL; and no contraindication to epidural block. Patients using diuretics and/or clonidine were excluded from the study.

All patients received diazepam, 10 mg, oral route, the night before surgery. In the operating room, patients were monitored (Datex Ohmeda Aespire, PSVPro inside, Madison, USA) with continuous electrocardiography, bispectral index, invasive blood pressure (by radial artery catheterization), pulse oximetry, and capnography, the latter after tracheal intubation. A large-bore peripheral intravenous (IV) line was inserted in the upper limb and a 500 mL bolus of lactated Ringer's solution was infused followed by a 8 mL/kg/h infusion throughout the surgery. Central venous access was also obtained after tracheal intubation.

Patients were then randomly divided into two groups for blind infusion of dexmedetomidine (Dexmedetomidine Group, $n = 15$), 0.5 $\mu\text{g}/\text{kg}$ in 20 minutes followed by an infusion of 0.7 $\mu\text{g}/\text{kg}/\text{h}$ until the end of surgery; or 0.9% saline (Control Group, $n = 15$), with the same infusion protocol until the end of surgery. An Anne infusion pump was used (Anne; Abbott, Abbott Park, USA) and the solutions were prepared by a person not involved in the anesthetic-surgical procedure. After initial bolus of solution in study, epidural anesthesia was induced with the patient in lateral decubitus, between the L₂ and L₃ segments and a fixed dose of 0.75% ropivacaine, 20 mL, with morphine, 2 mg, was injected in all patients. General anesthesia was induced 20 minutes after epidural injection with target-controlled infusion (TCI) of propofol (3.0 - 4.0 $\mu\text{g}/\text{mL}$), neuromuscular blockade was achieved with cisatracurium (0.2 mg/kg) and tracheal intubation was preceded by administration of lidocaine, 1.5 mg/kg IV. Anesthesia was maintained with TCI propofol and cisatracurium as needed.

If a decrease greater than 30% of baseline occurred in the values for mean arterial pressure or a systolic blood pressure less than 80 mmHg was present, administration of a 300 mL bolus of 6% hydroxyethyl starch solution (HES, mean molecular weight, 130 kDa; degree of substitution, 0.4) would be performed and could be repeated. Bradycardia was defined as a heart rate lower than 45 beats per minute and would be treated with atropine, 0.5 mg IV. Administration of packed red blood cells (pRBC) was established if the hematocrit value was below 25%. If the values for the mean arterial pressure continued lower than the limits defined in the study even after volume replacement (HES and/or pRBC), administration of adrenaline, 2 - 4 $\mu\text{g}/\text{min}$, would be performed and the administration of solution in study could be interrupted.

Other perioperative parameters included length of surgery, volume and type of liquids administered, and

adrenaline use in the operating room and post anesthesia care unit (PACU).

Diuresis was evaluated on a cumulative basis in the intraoperative period and 4, 12, and 24 hours after surgery. At the first three postoperative days and two weeks after surgery, renal function was assessed by the values for serum creatinine (S_{Cr}) and creatinine clearance (Cl_{Cr}) by using the Cockcroft-Gault equation [10]. Additionally, renal function was also assessed by the values for serum cystatin C (S_{Cys}) in the same moments.

Recording of hemodynamic variables was made at the following times: baseline (right after patient monitoring); 10 and 20 minutes after infusion of the study solution was initiated; 20 minutes after epidural blockade (before induction of general anesthesia); after tracheal intubation; immediately before surgical incision; after start of surgery; end of surgery; 1 and 2 hours after admission of the patient in PACU; and discharge from the PACU.

Statistical Analysis

The number of participants in this study was calculated from the difference observed in the clearance of postoperative creatinine after intraoperative administration of dexmedetomidine as compared to the group not receiving the drug, according to Frumento's study [11]. A minimum of 24 patients (divided into two randomized groups) was necessary for a statistical power of 80% with $\alpha = 0.05$. Continuous variables were presented as mean \pm standard deviation (SD) and compared with the Student's t test. Variables with high variability were compared using the Mann-Whitney test. The chi-square test was used in proportions. Continuous variables were analyzed with ANOVA followed by the Bonferroni test when appropriate. For all analyses, $p < 0.05$ was considered statistically significant and the SPSS software (v. 13.0) was used.

3. Results

Demographic characteristics and perioperative data are shown in **Table 1**. No significant difference was observed between groups, with the exception of the number of patients who received intraoperative adrenaline. Only one patient in the Control Group who underwent nephrectomy needed pRBC intraoperatively after a hematocrit value of 22% was detected.

In the intraoperative period, mean \pm SD values of urinary output in the Dexmedetomidine Group were significantly higher than in the Control Group: 566 \pm 396 mL and 298 \pm 153 mL, respectively ($p = 0.014$). Cumulative urinary output in 4, 12 and 24 hours after surgery showed no difference between Dexmedetomidine Group and Control Group, as follows, respectively: 837 \pm 268 mL and 674 \pm 197 mL ($p = 0.30$); 1230 \pm 229 mL and 1077 \pm 200 mL ($p = 0.907$); 1947 \pm 266 mL and 1748 \pm

237 mL ($p = 0.91$).

No significant changes were seen in postoperative mean values of serum creatinine and creatinine clearance for both, Dexmedetomidine Group and Control Group, according to their baseline values. No significant differences between groups were detected at any time point for these two variables (**Table 2**). Postoperative mean values

of serum cystatin C did not show any significant difference between groups at any moment and remained at the normal range in both groups (**Table 2**).

The mean arterial pressure was significantly higher in Dexmedetomidine Group before and after surgical incision ($p < 0.05$). Heart rate was significantly lower in the Dexmedetomidine Group, both in the operating room and

Table 1. Characteristics and perioperative data of patients submitted to nephrectomy or prostatectomy receiving intraoperative dexmedetomidine (Dexmedetomidine Group) or 0.9% saline (Control Group).

	Dexmedetomidine Group (n = 15)	Control Group (n = 15)	p value
Age (years)	51 ± 13	56 ± 10	0.284
Weight (kg)	72 ± 11	68 ± 9	0.200
Height (cm)	167 ± 7	168 ± 6	0.574
Sex (Male/Female)	11/4	10/5	0.690
ASA (I/II)	5/10	9/6	0.143
Surgery (nephrectomy/prostatectomy)	9/6	6/9	0.308
Length of surgery (minutes)	227 ± 101	230 ± 70	0.852
Total volume of lactated Ringer's (mL)	1900 + 920	2053 + 924	0.546
Total volume of HES (mL)	900 + 660	813 + 360	0.858
Use of adrenaline in the operating room (n)	5	11	0.028
Use of adrenaline in the PACU (n)	2	0	0.143

Age, weight, height and length of surgery, total volume of lactated Ringer's and hydroxyethyl starch (HES) are expressed as mean ± SD. American Society of Anesthesiologists (ASA) physical status, type of surgery, use of adrenaline in the operating room and in post anesthesia care unit (PACU) are expressed as number of patients. No significant differences were seen between groups, excepted on the use of adrenaline in the operating room.

Table 2. Mean values and standard deviation for baseline and postoperative serum creatinine and calculated creatinine clearance, and postoperative serum cystatin C of patients submitted to nephrectomy or prostatectomy receiving intraoperative dexmedetomidine or 0.9% saline (Control). No significant differences were noted between groups.

	Baseline	After surgery				p value (ANOVA)
		1 Day	2 Days	3 Days	2 Weeks	
Serum creatinine (mg/dL)						
Dexmedetomidine	0.90 ± 0.16	1.09 ± 0.25	1.06 ± 0.28	1.00 ± 0.28	1.00 ± 0.19	0.260
Control	0.89 ± 0.18	0.95 ± 0.19	0.94 ± 0.25	0.89 ± 0.19	0.88 ± 0.16	0.773
p value	0.881	0.093	0.126	0.290	0.088	
Creatinine clearance (mL/min)						
Dexmedetomidine	97.9 ± 24.5	82.6 ± 26.5	86.4 ± 30.7	91.3 ± 30.0	88.1 ± 23.1	0.454
Control	88.9 ± 27.8	81.9 ± 22.6	85.5 ± 29.1	87.7 ± 23.4	87.9 ± 24.6	0.916
p value	0.358	0.785	0.731	0.919	0.947	
Serum cystatin C (mg/L)						
Dexmedetomidine		0.80 ± 0.37	0.90 ± 0.39	0.82 ± 0.33	0.85 ± 0.20	0.846
Control		0.75 ± 0.18	0.84 ± 0.19	0.84 ± 0.19	0.85 ± 0.14	0.217
p value		0.631	0.127	0.461	0.966	

PACU ($p < 0.05$) (Figure 1).

4. Discussion

In this study, oncological patients were submitted to prostatectomy or nephrectomy and, besides an intraoperative increase in diuresis, no effects on postoperative renal function were observed with intraoperative infusion of dexmedetomidine.

Patients with urogenital cancer may develop renal dysfunction due to intrinsic renal disease or obstruction in the urinary tract. For these patients, the risk of aggravation in renal impairment is increased in the perioperative period [12]. It is well established that preoperative renal function, age, obesity, diabetes, hypertension and proteinuria, as well as the type of surgery, are prognostic factors for development of postoperative renal dysfunction [13]. The reduction in the glomerular filtration rate is an independent risk factor for cardiovascular events and mortality [14]. Therefore, strategies to preserve postoperative renal function have been searched. These strategies involve an adequate blood volume and perfu-

sion of the renal tissue, avoidance of nephrotoxins exposure and some pharmacological methods with non-uniform efficacy [15].

Dexmedetomidine is an α_2 -agonist agent with an important sympatholytic activity [16] that reduces stress response to surgical procedures [17] and in intensive care units [18]. A possible beneficial effect on glomerular filtration rate was shown in both animal [19] and human studies [20]. Frumento *et al.* showed that dexmedetomidine improved renal performance after thoracotomy [11].

Incidence of AKI varies not only with the profile of the population studied, but also with the criteria used for evaluation, size and type of surgery. Sorbellini *et al.* studying patients after nephrectomy, found 14% of AKI [21]. A retrospective analysis of 225 patients who underwent nephrectomy showed a total of 43% incidence of AKI [13]. In the present study, according to the criteria used to assess renal function, two weeks after surgery renal function was similar to preoperative values in both groups and no influence of dexmedetomidine could be

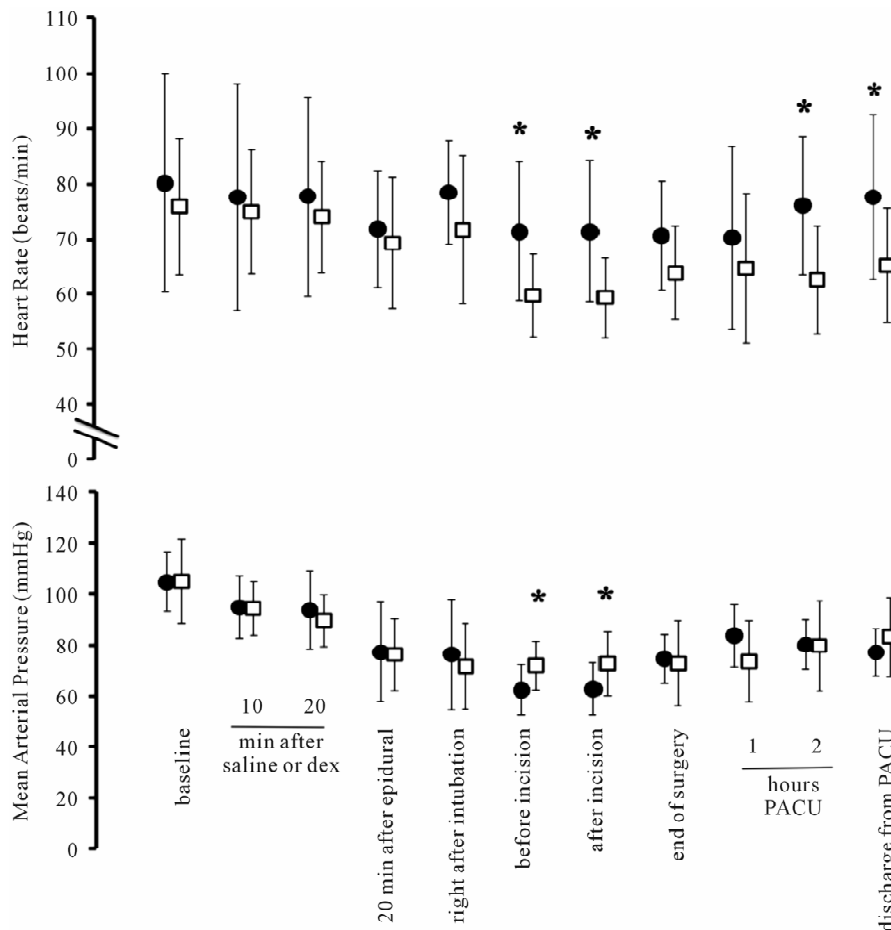


Figure 1. Mean values and SD for mean arterial pressure (bottom) and heart rate (top) at operating room and at post anesthesia care unit (PACU) of patients submitted to nephrectomy or prostatectomy receiving intraoperative dexmedetomidine (□) or 0.9% saline (●). * $p < 0.05$ vs. control group.

determined. Probably, rigorous hemodynamic control and overall anesthetic management had a more important role in renal function than dexmedetomidine itself could have.

The significant increase in the intraoperative urine output with dexmedetomidine infusion confirms the findings of other authors [11,22]. The drug induces diuresis in animal models, possibly due to its sympatholytic property on the renal nerve [23]. It was also shown that dexmedetomidine decreases secretion and/or action of vasopressin, although it is unclear whether the diuretic effect is due in part to a better renal perfusion [16,19]. Dexmedetomidine increases secretion of the atrial natriuretic peptide which results in natriuresis [8] and inhibits renin secretion by the kidney [9]. Some studies have shown that not only diuresis but also perioperative renal function may be improved by α_2 -agonists [24]. However, others [7,9] as well as the present study failed to show such benefit.

Cystatin C is an endogenous marker of renal function since it is freely filtered at the glomeruli and almost completely reabsorbed and catabolized in the proximal tubular cells [1]. In some studies, performance of this marker was considered superior to that of creatinine in the early diagnosis of renal dysfunction [25]. However, some other authors have not confirmed such superiority [26]. Kleber *et al.* [27] observed that the glomerular filtration rate estimated from serum creatinine was superior to that estimated by cystatin C in determining the initial stages of renal dysfunction. The study also points to a possible influence of some oncological diseases on cystatin C concentration. Although creatinine is specific, albeit not very sensitive, its levels do not significantly increase until the glomerular filtration rate falls to values lower than 50% of normal levels. Creatinine concentration is influenced by several factors, resulting in a large variation among individuals. Ahlstrom *et al.* prospectively analyzed 202 patients admitted to the intensive care unit, and concluded that creatinine was as efficient as cystatin C in detecting AKI [28].

Activation of α_2 receptors promotes a significant reduction in circulating catecholamines, with moderate reduction in heart rate and blood pressure [16,22,29]. Regarding heart rate, our results followed those of these studies. In contrast, as reported by Dyck *et al.* [30], a significant increase in mean arterial pressure was observed in relation to the Control Group. This fact may be related to the different regimens of drug administration and associated techniques [8,22,23].

The limitations of this study are that just one dose of dexmedetomidine was analyzed and different doses could have had a different response. Besides, evaluation of renal function was done by the mean of all subjects, a method similar to that seen in Frumento's study [11].

This may be criticized as small variations in serum creatinine values may result in the first stage of AKI [31]. Nonetheless, as we intended to study the overall profile, mean values of creatinine seem to be suitable. Creatinine is a common and cheap marker to analyze renal function. We understand that other more sensitive markers could also have a different behavior.

5. Conclusion

In conclusion, according to the doses used in this study, despite an intraoperative increase in diuresis, intraoperative infusion of dexmedetomidine did not influence renal performance up to two weeks after major uro-oncologic surgery as evaluated by serum creatinine, creatinine clearance and serum cystatin C.

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