

Economic route to sodium-containing silicate bioactive glass scaffold

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ABSTRACT

Tetraethyl orthosilicate (TEOS) and trimethyl orthosilicate (TMOS) alkoxysilanes are expensive common precursors for silicate-based sol-gel-derived bioactive glasses. Facile approaches involving low cost substitutes are a necessity for bioactive glass implants in bone regeneration therapy. Quaternary SiO₂-Na₂O-CaO-P₂O₅ bioactive glass was prepared by the sol-gel method from locally sourced sand as precursor. The monolith glass material obtained was subjected to immersion studies in simulated body fluid (SBF) for 21 days. The surface morphology and composition of the glass before and after immersion in SBF was studied using SEM-EDX, while pH analysis was used to monitor changes on the glass surface in SBF solution. FTIR was used to confirm apatite formation on the material. Results showed that the concentration of Ca, P and C increased on the surface of the glass sample as immersion time increased, which was attributed to the formation of carbonated hydroxyapatite (HCA). The material shows ability to bond to bone making it a promising scaffold material for bone repair.

Keywords: Sand; Alkoxysilanes; Carbonated Hydroxyapatite; Simulated Body Fluid; Bone Regeneration

1. INTRODUCTION

Bioactive glasses are increasingly being utilised as implants for bone tissue repair because of their ability to form strong interfacial bonding with bone when in contact with physiological fluids [1,2]. The formation of hydroxyl carbonated apatite (HCA) layer, the mineral phase of bone on the glass surface provides direct bonding between the host tissue and the implant material [3]. Bioactive glasses have been used in few clinical applica-

tions; ossicular implantation to alleviate conductive hearing loss, dental implants to maintain endosseous ridge, and to augment the natural repair process in patients with periodontal disease [4].

45S5 Bioglass[®] with composition (in wt%) 45 SiO₂, 24.5 CaO, 24.5 Na₂O and 6 P₂O₅ remains at the fore, capable of bonding to both soft and hard tissues [1]. The mechanism of bonding to living tissue involves a sequence of reaction steps [4]. The first 5 steps are reactions occurring on the glass surface that entail rapid ion exchange of Na⁺ with H⁺ and H₃O⁺ followed by dissolution of the glass network, polycondensation reaction of surface silanols (Si-OH) to high surface area silica (SiO₂) gel. In the second phase, the growing HCA layer on the surface of the glass acts as an ideal environment for the subsequent 6 cellular reaction steps during which osteoblasts (stem cells) differentiate to form new bone and bond to the implant surface [4].

The application of bioactive glasses as load-bearing implants is limited due to their poor mechanical integrity. In this regard, inclusion of sodium in the glass network during the preparation and subsequent thermal treatment has as a major advantage of enhancing its mechanical properties through the formation of Na₂Ca₂Si₃O₉ crystalline phase [5-7]. One of the concerns associated with crystallization is the possibility of affecting the biodegradability of the scaffold, an essential feature of tissue engineering scaffolds. However, crystalline Na₂Ca₂Si₃O₉ formed in 45S5 Bioglass[®] during sintering transforms to a degradable amorphous calcium phosphate when the scaffold is incubated in an aqueous solution similar to biological fluids [8]. Another important advantage is that inclusion of Na coupled with the high specific surface area of sol-gel-derived bioactive glasses [9] could lead to higher dissolution rates of the final materials in aqueous media as an important factor for the interaction of the material with living tissues [10,11].

Alkoxysilanes, TEOS and TMOS used in sol-gel synthesis are not only expensive, but also toxic on inhalation, Nayak *et al.* [12], Crisan *et al.* [13], Li *et al.* [14] and

Pabon *et al.* [15]. Apart from the ease of generation of SiO₂ during the processes of hydrolysis and condensation of these precursors, no other oxide is formed as side-product. Consequently, the composition of the bioactive glass may be easily adjusted during preparation.

Nayak *et al.* [16] prepared bioglass-ceramics in the SiO₂-Na₂O-CaO system using rice hull ash (RHA). In continuation of our interest in the synthesis of bioactive glass scaffolds suitable for bone tissue repair, we report herein the preparation of bioactive glass in the quaternary system containing SiO₂-CaO-Na₂O-P₂O₅ from inexpensive and readily available silica-rich Nigerian sand as precursor via the sol-gel process.

2. MATERIALS AND METHODS

2.1. Materials

The sand used as starting material was obtained from Ifo in Ogun State, South-West Nigeria and had the composition shown in **Table 1**. Analytical grade reagents were used as obtained to include; Ca(NO₃)₂·4H₂O (Loba Chemicals, 98%), NaH₂PO₄·2H₂O (Kermel, 99%) and HNO₃ (Riedel-deHaen, 60%) to synthesize the bioactive glass.

2.2. Preparation of Sodium Metasilicate from Sand

The sand ranging from 159 - 595 μm obtained after passing through sieves was washed thoroughly to free it from clay and other impurities and then oven-dried at 120°C. Soda ash was mixed thoroughly with the sand at a ratio of Na₂O:SiO₂ of 1:2 in the final product. The mixture was then placed in a cavity constructed with bricks and fused in a furnace at 1300°C for 1 hour to form sodium metasilicate.

2.3. Preparation of Bioactive Glass

General procedure for bioactive glass with composition (wt%) 30.55 SiO₂, 28.57 Na₂O, 33.21 CaO and 7.67

Table 1. Composition of the sand.

Element	(%) mass
SiO ₂	98
Fe ₂ O ₃	0.97
MgO	0.046
Al ₂ O ₃	0.53
K ₂ O	0.35
Na ₂ O	0.043
CaO	0.061

P₂O₅ is a modification of Chen *et al.*'s method of synthesizing sol-gel Bioglass[®] 45S5 [17]. The sodium metasilicate was added slowly to 0.05 M HNO₃ under stirring condition with a magnetic stirrer for 1 hour to facilitate complete hydrolysis. Thereafter, NaH₂PO₄·2H₂O and Ca(NO₃)₂·4H₂O were added slowly in a molar ratio of 1:20 of water in sequence while stirring for 45 minutes each. After the final addition, the mixture was stirred for additional 1 hour before pouring the resulting sol into teflon moulds and kept at room temperature for 72 hour for gelation. The obtained gel was heated at 70°C for 72 hours, 130°C for 42 hours, 700°C for 2 hours and 950°C for 3 hours for aging, drying, stabilization and sintering respectively. The heating and cooling rate was maintained at 5°C/min.

2.4. Characterization

The density p_{glass} of the bioactive glass was determined from the mass and dimensions of the sintered body. The porosity P was calculated by

$$P = \left(1 - p_{\text{glass}}/p_{\text{solid}}\right) \times 100$$

where $p_{\text{solid}} = 2.7 \text{ g/cm}^3$ is the density of solid 45S5 Bioglass[®] [18].

The microstructure of the glass was characterized in a EVO/MAIO scanning electron microscope (SEM) equipped with energy dispersive X-ray analyzer (EDX) before and after immersion in simulated body fluid (SBF) for maximum of 21 days. The sample was carbon-coated and observed at an accelerating voltage of 15 kV. Fourier transform infrared (FTIR, Shimadzu 8400 S), with wavenumber range of 4000 - 400 cm⁻¹, employing KBr pellets operating in a reflectance mode with a 4 cm⁻¹ resolution was used to monitor the nature of bonds present in the glass network.

2.5. Bioactivity Test

Assessment of bioactivity was carried out using the standard *in vitro* procedure described by Kokubo *et al.* [19] using analytical reagent-grade chemicals NaCl, NaHCO₃, KCl, K₂HPO₄·3H₂O, MgCl₂·6H₂O, CaCl₂, tris(hydroxymethyl) aminomethane [Tris-buffer, (CH₂OH)₃CNH₂], and 1 M HCl with ions concentrations shown in **Table 2** Samples were immersed in acellular SBF at concentration of 0.01 g/ml [20] in clean plastic bottles, which had previously been washed using HCl and deionized water. The bottles were placed inside an incubator at a controlled temperature of 36.5°C and pH was maintained at 7.4. The SBF solutions were not refreshed throughout the period of immersion. The pH of the solution was checked daily for 9 days using a pH meter. The samples were extracted from the SBF solution after given times of 7, 14 and 21 days,

Table 2. Ion concentrations (mM) in human plasma in comparison with SBF [31].

Ion	SBF	Human Plasma
Na ⁺	142.0	142.0
K ⁺	5.0	5.0
Mg ²⁺	1.5	1.5
Ca ²⁺	2.5	2.5
Cl ⁻	147.8	103.0
HCO ₃ ⁻	4.2	27.0
HPO ₄ ²⁻	1.0	1.0
SO ₄ ²⁻	0.5	0.5

rinsed with deionized water and left to dry at ambient temperature in a desiccator. The formation of apatite layer on the glass surface was monitored by SEM/EDX and FTIR.

3. RESULTS AND DISCUSSION

3.1. Densification, Bulk Density and Porosity

The density of the as-sintered glass was 0.4944 g/cm³ while its porosity obtained by applying Eq.1 was 82%, indicating that only partial densification occurred after heating the glass at 950°C for 3 h. This result is quantitatively similar to those obtained by Chen *et al.* [6] who showed that complete densification of Bioglass[®] construct may be obtained after sintering above 950°C. Extensive densification leads to hardening of a material by strengthening the pore struts and overall reduction in porosity. Significant densification of the glass can lead to full crystallization which can transform a bioactive glass into an inert material [6]. For this reason, the material should be sintered at a temperature at which crystallization does not occur to a great extent to maintain bioactivity. However, insufficient densification may occur by sintering at low temperature which can lead to a very fragile scaffold containing loosely packed particles. The result also shows that the glass is highly porous, an ideal criterion for tissue engineering scaffold which facilitates cell seeding and infiltration, tissue in growth and vascularization, as well as nutrient delivery and removal [21].

3.2. SEM/EDX Observation of Bioactive Glass before and after Immersion in SBF

In **Figure 1**, the SEM micrograph of the glass after sintering at 950°C is shown. The EDX confirms the presence of Si, Na, Ca and P in the glass sample as prepared. The presence of Al may be due to impurity in the

sample. The material shows heterogeneous surfaces of flaky particles with few crystalline portions and some voids distributed to give a porous structure. After seven days of immersion in SBF, agglomerated balls of hydroxyapatite (HA) is observed growing out of the surface (**Figure 2(a)**). The composition of the surface as shown by EDX indicates that the concentration of sodium in the bioactive glass decreases in agreement with the dissolution theory of bioactive glasses in physiological fluids [22,23]. The increase in concentration of Ca and P in the material is due to the formation of HA on the surface of the material [5,24,25].

After 14 days in SBF solution, the HA particles were coarser and heavily agglomerated to develop a dune-like shape shown in **Figure 2(b)**. Smaller particles can be seen growing out from the coarser apatite layer. This appearance may be due to the formation of crystalline HCA by incorporation of CO₃²⁻ from the SBF solution onto the glass surface. The apatite layer became flaky and aggregated and had almost completely covered the surface of the glass after 21 days leading to a low detection of Si by EDX, **Figure 2(c)**. Chen and Thouas [26] have previously obtained similar results from sol-gel fabricated 45S5 Bioglass[®].

Figure 3 shows the HCA layers deposited on the surface of the glass which supports previous studies [27-29]. Formation of the apatite layer on a glass surface through biomineralization is thought an essential step for a glass to bond to living tissue in vivo [30].

3.3. pH Changes during Immersion in SBF

Changes in pH of the SBF solution after immersing the bioactive glass for the first 9 days is shown in **Figure 4**. The pH of the solution increased sharply for the first two days reaching a value of 8.4 compared with the initial pH of 7.4, thereafter it remains constant until the 4th day. This is due to the fast release of Na⁺ and Ca²⁺ ions into the surrounding solution through exchange with H⁺ or H₃O⁺ ions [32]. The H⁺ ions being replaced by cations, result in increase in hydroxyl concentration of the solution enabling formation of the silica glass network at the glass solution interface and attendant decrease in the pH. After day 4, the pH increases more gradually because part of the released calcium is used to form CaO-P₂O₅-rich film, decreasing the Ca release kinetics. With prolonged immersion, the pH reached a saturated state (pH = 8.7). The pH variation of the bioactive glass is in agreement with previous studies on pH changes of gel-derived SiO₂-CaO-Na₂O-P₂O₅ bioactive glass in biological fluids [20].

3.4. FTIR Evaluation of Bioactivity of the Glass

The FTIR spectra of the glass samples soaked in SBF

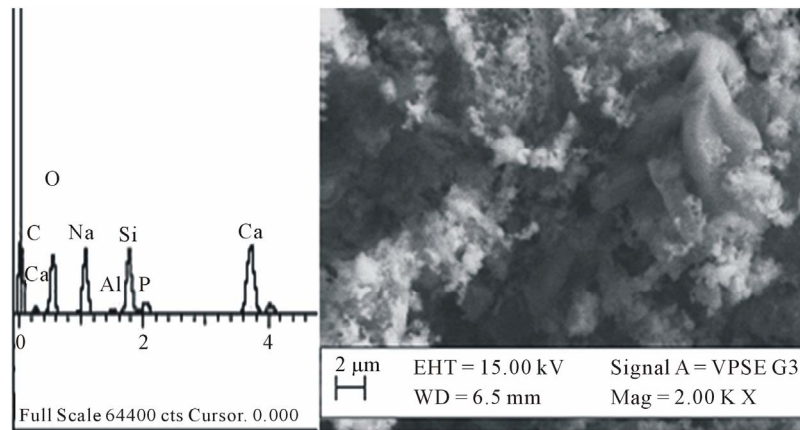


Figure 1. EDX spectrum and SEM micrograph of the bioactive glass as sintered.

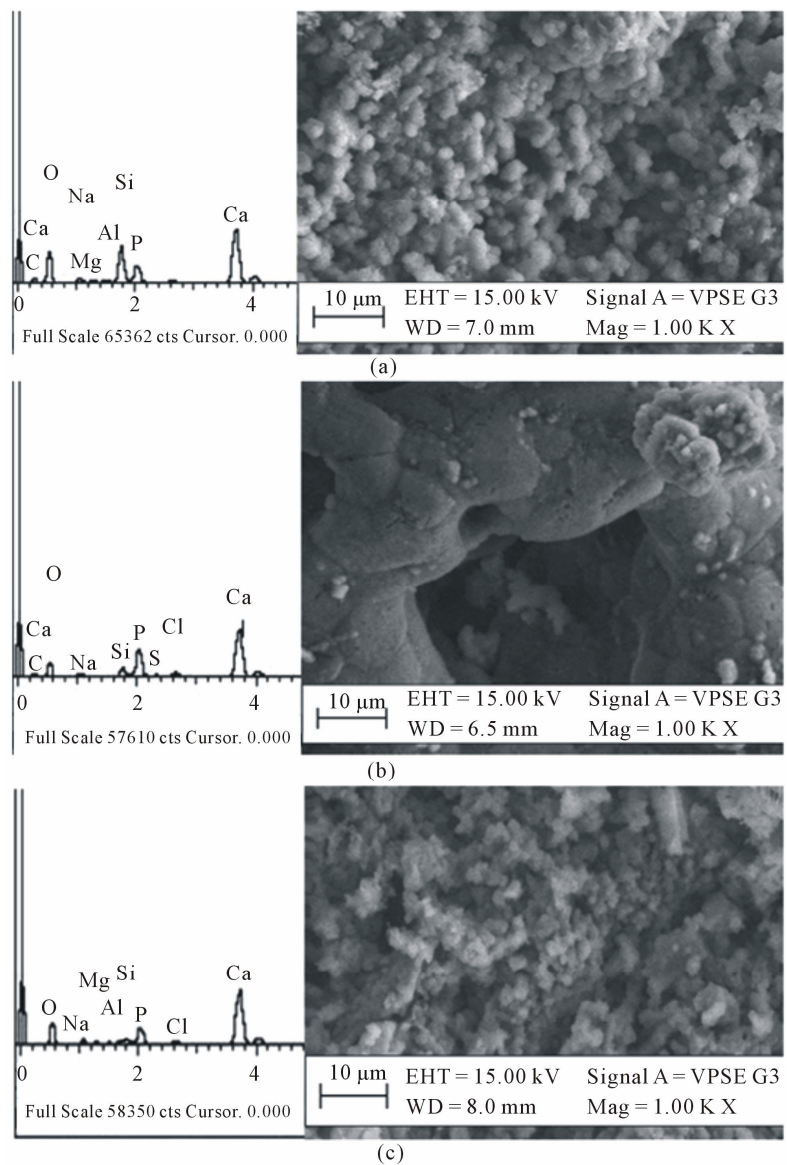


Figure 2. EDX spectra and SEM micrographs of the bioactive glass after immersion in SBF for (a) 7, (b) 14 and (c) 21 days showing the growth of apatite.

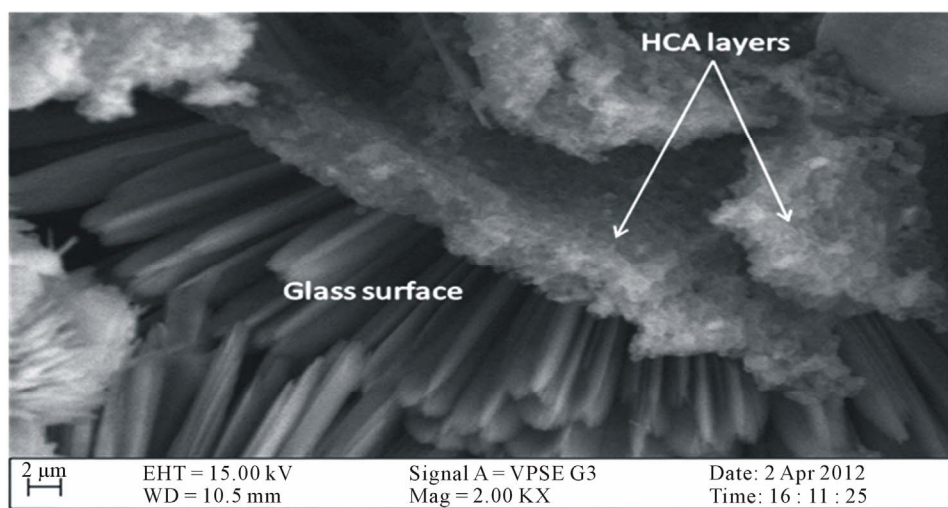


Figure 3. Cross-section of HCA layers precipitated on the surface of the bioactive glass.

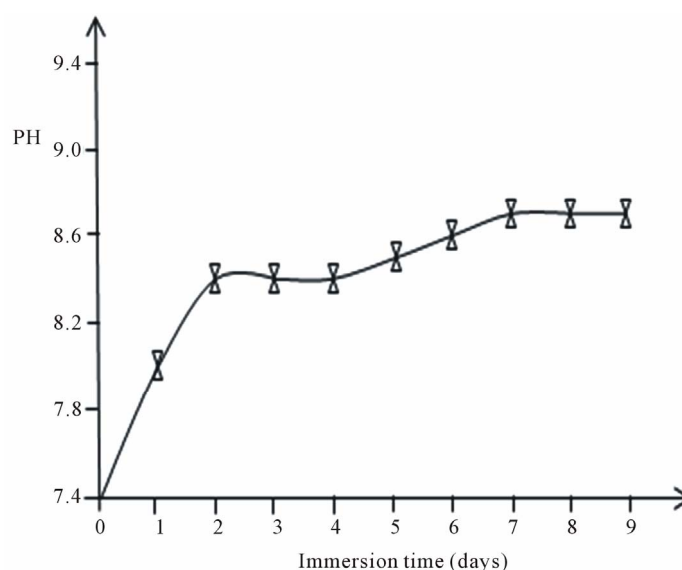


Figure 4. Days of bioactive glass immersion in SBF with pH from the initial pH = 7.4.

for 0, 7, 14 and 21 days are shown in **Figure 5**. As observed, the spectrum of the parent glass before immersion reveals bands at 3424 cm^{-1} , 1641 cm^{-1} , 1119 cm^{-1} , 1038 cm^{-1} , 964 cm^{-1} , 930 cm^{-1} , 901 cm^{-1} , 797 cm^{-1} , 681 cm^{-1} , 641 cm^{-1} , 617 cm^{-1} , 567 cm^{-1} , 511 cm^{-1} and 475 cm^{-1} . The band centred at 3424 cm^{-1} is attributed to OH^- absorption while 1641 cm^{-1} is a weak water absorbed band [31]. The bands at 1119 cm^{-1} and 1038 cm^{-1} are associated with Si-O-Si and P-O vibrational modes [20,33]; $964 - 900\text{ cm}^{-1}$ are related to Si-O non-bridging oxygen bonds (NBO). The bands at 797 and 475 cm^{-1} are associated with Si-O-Si bending vibrations. The peak at 641 cm^{-1} and 617 cm^{-1} can be assigned to the presence of crystalline phase in the sample [17,34]. After soaking for 7 days only two bands appear in the region $1100 - 900\text{ cm}^{-1}$; a sharp band at 1082 cm^{-1} and a shoulder at

959 cm^{-1} suggesting the disruption of the NBO bonds due to leaching of Ca and dissolution of soluble silica at the glass interface during the period of immersion in SBF solution [4].

Several new peaks emerge at 1427 cm^{-1} and 872 cm^{-1} , which can be attributed to the presence of CO_3^{2-} [35], and the peak at 573 cm^{-1} is assigned to P-O bend in amorphous calcium phosphate. This suggests the onset of incorporation of CO_3^{2-} into HA. After 14 days of immersion, the bands between $1120 - 950\text{ cm}^{-1}$ increase in number which may be due to increased concentration of Ca^{2+} on the glass surface as a result of uptake from SBF solution. Additionally, the CO_3^{2-} band becomes broader and develops a second band at 1470 cm^{-1} , while the peak at 573 cm^{-1} splits into two sharp modes at 604 and 554 cm^{-1} , which are characteristic of apatite crystalline phase

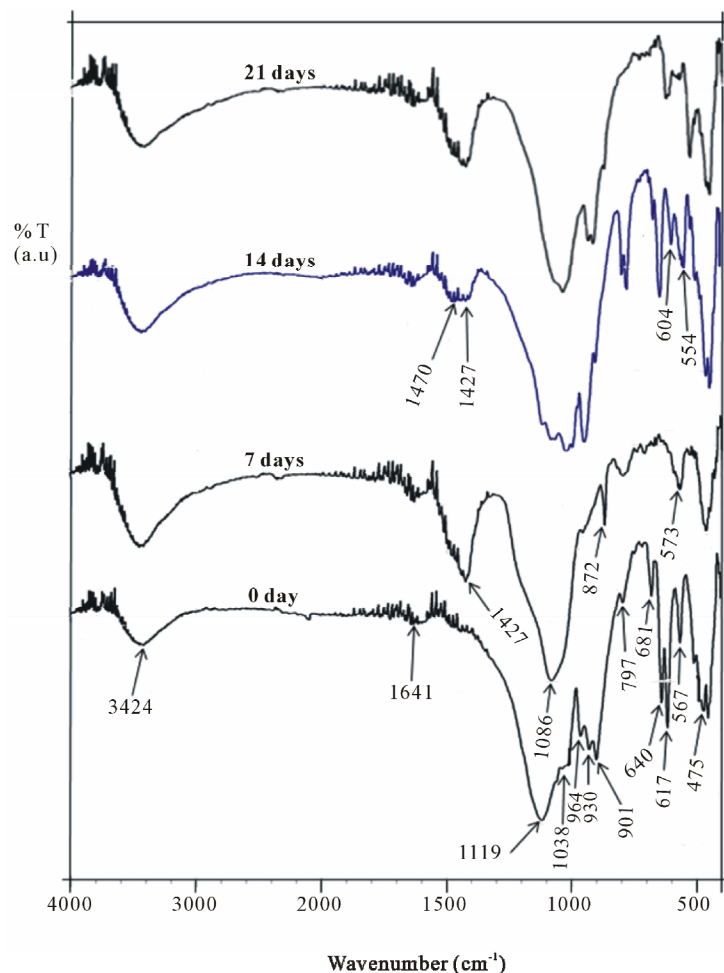


Figure 5. FTIR spectra of the glass soaked in SBF for 0 - 21 days.

[29] indicating that HCA now dominates the apatite phase as suggested earlier. As immersion days reached 21 days, the twin bands at 1470 cm^{-1} and 1427 cm^{-1} fuse into one and becomes more intense showing the precipitation of HCA on the glass surface.

4. CONCLUSION

A highly porous in vitro bioactive material composed of $\text{SiO}_2\text{-Na}_2\text{O-CaO-P}_2\text{O}_5$ has been prepared by the sol-gel technique from sand obtained from Ifo in Nigeria. The low cost precursor used and the low-temperature sol-gel processing is an appropriate method for preparation of a quaternary bioactive glass containing Na_2O . The sintering temperature of 950°C is optimal to provide a reasonable crystallinity, while maintaining good bioactivity and high resorbability in physiological fluids. Immersion study shows that the pH changes in SBF increased gradually to a value of 8.7 after 9 days, which allows us infer that the glass shows a controlled rate of degradation leading to HCA formation that may be useful in osteoconductivity. We therefore conclude that sand

obtained from Ifo in Ogun State, South-West Nigeria could serve as a useful and viable low cost precursor for preparing large scale sodium-containing bioactive glasses with potentials for commercialization.

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