

# Association between Dopamine Transporter Gene (*DAT1*) Polymorphisms and Eating Disorders with Binge Eating Behavior

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## Abstract

**Objectives:** Dyshomeostasis of the dopaminergic system is implicated in the pathophysiology of eating disorders (EDs). We have previously reported an association between 3'-UTR VNTR (three prime untranslated region variable number of tandem repeat) of the Dopamine Transporter 1 (*DAT1*) gene and ED with binge eating behavior (EDBEB). Here we investigated whether variants in the coding region of the *DAT1* gene also associate with EDBEB. **Methods:** The coding region and exon-intron junctions of the *DAT1* gene were screened by direct sequencing using genomic DNA from EDBEB patients (n = 90) and healthy subjects (n = 114) on whom 3'-UTR VNTR variants had been previously determined. **Results:** rs2270912 and rs28363130, two of five known polymorphisms found by this screen, were significantly associated with EDBEB patients by genotype ( $p = 0.003$ ,  $p = 0.011$ , respectively) and allele ( $p = 0.003$ ,  $p = 0.012$ , respectively) frequency compared with healthy subjects. Interestingly, these polymorphisms associate with the risk 3'-UTR VNTR variant of EDBEB. **Conclusion:** Although our sample size was small, we show here that rs2270912 and rs28363130 associates with EDBEB and might act with 3'-UTR VNTR as a haplotype. These findings support the notion that the *DAT1* gene plays a key role in the dopaminergic system of EDBEB.

## Keywords

Eating Disorder, Binge Eating Behavior, *DAT1*,

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## 1. Introduction

Eating disorders (EDs) are psychiatric disorders that include abnormal eating behaviors, such as refusing to eat (restrictive eating) and overeating (binge eating) or excretory behaviors to prevent weight gain by vomiting food or using laxatives and diuretics, which often develop among young women who are between the stages of late puberty and early adulthood [1] [2]. In particular, ED with binge eating behavior (EDBEB) are often accompanied by abnormal eating behavior and alcohol or drug dependence [3] [4], mood swings such as depression and being easily upset, or character changes [1], which lead to impulsive behaviors such as shoplifting, sexual promiscuity [5], self-mutilation, or attempting suicide [6].

The development of EDs has been indicated to be affected by not only a psychosocial sense of value, such as extreme obsession with weight, e.g., being skinny means being beautiful, but also genetic factors [7]. Therefore, the development of ED and its disease state is currently considered to be associated with psychosocial factors that are closely related to genetic factors [8], which is similar to mental disorders such as bipolar disorder and schizophrenia. To elucidate the development of ED and its disease state, clinical genetic studies such as twin studies [9], family studies [10], and various genome-wide association studies (GWASs) are being conducted; however, no consensus on the results regarding candidate genes for ED has been reached [7] [11] [12].

The dopamine system greatly affects emotions, substance dependence, and eating behaviors [13] [14]. Abnormalities in the dopamine system have been indicated in the pathophysiology of ED [14]. A gene that plays an important role in the dopamine system is the solute carrier family 6 member 3 (*SLC6A3*, Gene ID: 6531), alternatively known as *DAT* (dopamine transporter) or *DAT1* (hereinafter, *DAT1* is used). The *DAT1* gene encodes a transmembrane protein that regulates dopamine reuptake from synapses and possesses variable number of tandem repeats (VNTRs) in its 3'-untranslated region (3'-UTR) [15]. Polymorphisms in the number of repeats influence *DAT1* gene expression [16]. Besides ED [17], the associations of polymorphisms with attention-deficient/hyperactivity disorder [18], alcohol [19], smoking [20], and cocaine dependence [21], and schizophrenia [22] are known.

From our group, Shinohara *et al.* previously reported the association between EDBEB and 3'-UTR VNTRs in the *DAT1* gene by comparing seven or nine VNTR short alleles with 10 or 11 VNTR long alleles [23]. However, no study has assessed the association between EDBEB and regions other than the 3'-UTR VNTRs in the *DAT1* gene. Therefore, in this study, we conducted a genetic polymorphism analysis by focusing on the coding region of the *DAT1* gene using a previously studied Japanese sample set and closely reinvestigated the association

between EDBEB and the *DAT1* gene.

## 2. Subjects and Methods

### 2.1. Subjects

In this study, we employed the sample sets previously used by Shinohara *et al.* [23] to assess the association between EDBEB and polymorphisms in the 3'-UTR VNTRs in the *DAT1* gene. However, among the healthy subject group, the genomic DNA of one patient was depleted. The total number of subjects in the patient group with EDBEB was 90 (Japanese females: mean  $22.1 \pm$  SD (standard deviation) 4.0 years) and that in the healthy subject group was 114 (Japanese females: mean  $18.7 \pm$  SD 1.1 years). Diagnostic assessment and characteristics of the subjects are as previously reported [23] [24]. Patients with EDBEB were required to satisfy the diagnostic criteria described in the Diagnosis and Statistical Manual of Mental Disorders, 4<sup>th</sup> Edition [25], have a history of visiting a hospital that specialized in treating patients with ED for >3 years, and have no changes in the diagnosis over a 3-year period. In addition, symptoms were evaluated according to the Eating Disorder Inventory [26]. The healthy subject group included individuals whose weights were maintained with fluctuations within 20% of the standard body weight. Furthermore, after obtaining the approval of the Ethics Committee of the University of Yamanashi, this study was conducted with individuals who provided informed consent after receiving written and oral explanations before initiating the study. Moreover, the study was anonymized by giving each sample a number to prevent the identification of individuals and protect private information.

### 2.2. Extraction of Genomic DNA

Genomic DNA was extracted from the peripheral blood of test subjects using a QIAamp DNA Blood Kit (Qiagen, Tokyo, Japan). Genomic DNA was stored frozen at  $-20^{\circ}\text{C}$  until the tests mentioned below were conducted.

### 2.3. Polymerase Chain Reaction

Intron-exon information of the *DAT1* gene was confirmed from the *DAT1* mRNA sequence (*SLC6A3*: NM\_001044) and *DAT1* gene sequence (NG\_015885). Using this information, exons (from exon 2 to 14) that corresponded to the coding region of the *DAT1* gene were amplified by polymerase chain reaction (PCR) using the genomic DNA of each test subject as a template. Each primer was designed using the nucleotide sequence of the *DAT1* gene as a reference, with primers homologous to the upstream and downstream intron sequences bordering each exon (Table 1). The nucleotide sequences of both exon 2 and 4 are long; therefore, each exon was split into overlapping fragments and then amplified using each specific primer pair (Table 1). PCR was performed using the PCR System 9700 (Thermo Fisher Scientific Inc., Waltham, MA, USA), and conditions for each PCR cycle are shown in Table 2. PCR products were

**Table 1.** List of PCR primers.

Fragment	Forward primer (5' → 3')	T <sub>m</sub> (°C)	Reverse primer (5' → 3')	T <sub>m</sub> (°C)
Exon 2-1 <sup>a</sup>	CTGAAGACCAAGAGGGAAGA	52	CAATGACGGACAGGAGAAAG	52
Exon 2-2 <sup>a</sup>	CAAGGAGCAGAACGGAGTG	53	GGAGGCTGAGATGGGACTT	53
Exon 3	TCCGAGGCCCCAACTAAA	51	ATGATGCGGCTGGCTTGCT	53
Exon 4-1 <sup>a</sup>	TGATGGTGGCTCTGTGCTC	53	GTGGTCCCAAAAGTGTCTGT	51
Exon 4-2 <sup>a</sup>	GGGCGCTGCACTATCTCTT	53	TCCAACCAAGGGGCTACCA	53
Exon 5	TTGACAGCCACCCACAGAGT	54	AGCACAAAACCCAACTGAGG	52
Exon 6	GCGTCCCAGGAAATGTTTG	51	CCCTGTGGACTGTGAAGCA	53
Exon 7	GCATCTTCCACCAGTCGTCT	54	TGTTCTCATCCAGGGACACC	54
Exon 8	CCTTCCCAGACACAGTAA	51	AAAAAGGCTTTGCTGAGAG	47
Exon 9	TTCAGCAGAGCCGCACCAG	55	GAACCCAACTGCCGAGGAC	55
Exon 10	CCGACCCTGTGCTCTGTGT	55	GTGCTGCGGTTCTGTCTGG	55
Exon 11	GGGTTGAATTTTAGGGACTC	50	CACAGCCACCAACAAGAGG	54
Exon 12	ACTGATGCCACCTCTTCTCC	54	CTCCAGCCACAGTGACAACC	56
Exon 13	GCCTGACCTCCGTATCTGCT	56	ACACCCACGGAGCCTTTCTG	56
Exon 14	GTGAGGGTGTGGTAGGTGA	56	CTGGGGGCTAAGAACACTGA	54

<sup>a</sup>As the nucleotide sequences of exons 2 and 4 are long, each exon was split into overlapping fragments and amplified by each specific primer pair.

**Table 2.** PCR conditions for the amplification of each exon of the *DATI* gene.

Fragment	Predenature	Denature	Annealing	Extension	Cycles	Extension	Size (bp)
Exon 2-1	94°C, 2 min	94°C, 15 s	64°C, 30 s	68°C, 18 s	35	68°C, 4 min	274
Exon 2-2	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 14 s	35	68°C, 4 min	206
Exon 3	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 21 s	35	68°C, 4 min	258
Exon 4-1	94°C, 2 min	94°C, 15 s	68°C, 30 s	68°C, 18 s	35	68°C, 4 min	271
Exon 4-2	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 21 s	35	68°C, 4 min	243
Exon 5	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 21 s	35	68°C, 4 min	291
Exon 6	94°C, 2 min	94°C, 15 s	66°C, 30 s	68°C, 21 s	35	68°C, 4 min	311
Exon 7	94°C, 2 min	94°C, 15 s	58°C, 30 s	68°C, 21 s	35	68°C, 4 min	350
Exon 8	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 21 s	35	68°C, 4 min	291
Exon 9	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 18 s	35	68°C, 4 min	289
Exon 10	94°C, 2 min	94°C, 15 s	68°C, 30 s	68°C, 16 s	35	68°C, 4 min	254
Exon 11	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 18 s	35	68°C, 4 min	284
Exon 12	94°C, 2 min	94°C, 15 s	60°C, 30 s	68°C, 21 s	35	68°C, 4 min	233
Exon 13	94°C, 2 min	94°C, 15 s	68°C, 30 s	68°C, 16 s	35	68°C, 4 min	259
Exon 14	94°C, 2 min	94°C, 15 s	66°C, 30 s	68°C, 16 s	35	68°C, 4 min	251

electrophoresed using 2% agarose gel containing ethidium bromide, and each PCR product was confirmed as having the expected length after exposing the gel to ultraviolet (UV) light. The lengths of each PCR product are shown in **Table 2**.

#### 2.4. Nucleotide Sequencing Analysis of Polymerase Chain Reaction Products

To investigate mutations in the *DAT1* gene, the nucleotide sequence of each PCR product was analyzed by direct sequencing. PCR products were electrophoresed using 2% agarose gel containing ethidium bromide, and each PCR product with the predicted length was observed under UV light. Each PCR product was extracted from gels using a Microcon centrifugal filter (EMD Millipore Corp., Billerica, MA, USA) and purified. The nucleotide sequence of each purified PCR product was determined by direct sequencing using an ABI 377S DNA sequencer (PerkinElmer Japan Co., Ltd., Kanagawa, Japan).

#### 2.5. Statistical Analysis

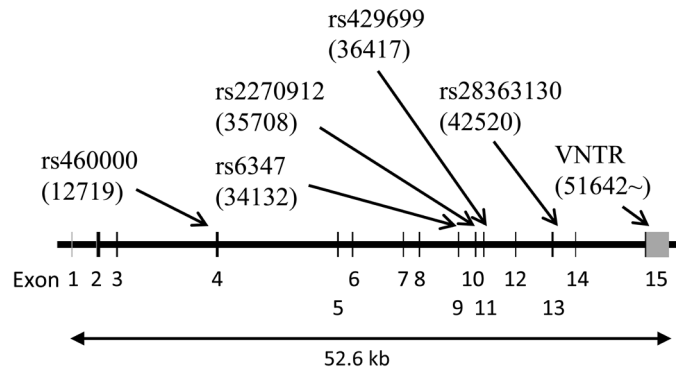
Hardy-Weinberg equilibrium analysis (HWE) of each obtained genotype and an association study of the patient group with the healthy subject group were conducted using SNPalyze Ver.8.0.1 Standard (DYNACOM, Chiba, Japan). However, some identified polymorphisms were not analyzed according to the Hardy-Weinberg equilibrium; therefore, the Cochran-Armitage trend test was performed for the association study. Statistical power was evaluated using single nucleotide polymorphism (SNP) tools (<http://www.bioinformatics.org/snp-tools-excel>) [27]. P values of <0.05 were considered to be statistically different. Because of the small sample size, an association study of identified polymorphisms with the 3'-UTR VNTR was performed only for haplotype frequency.

### 3. Results

#### 3.1. Genetic Polymorphism Analysis of the *DAT1* Gene

Exons 2-14 of the *DAT1* gene were amplified by PCR using genomic DNA from each test sample (total of 204 samples: 90 samples from the patient group and 114 samples from the healthy subject group) as the template and using primers designed such that each primer was homologous to the upstream and downstream intron sequences that bordered each exon. The nucleotide sequence of each sequence was then analyzed by direct sequencing. Five polymorphisms, namely rs460000 (C → A) located in intron 3, rs6347 (A → G) located in exon 9, rs2270912 (C → T) located in exon 10, rs429699 (G → A) located in intron 11, and rs28363130 (A → G) located in intron 13, were identified; however, all these polymorphisms were already registered in GenBank® (<https://www.ncbi.nlm.nih.gov/genbank/>). Furthermore, rs6347 and rs2270912 were polymorphisms that did not cause amino acid substitutions, although they were located in exons (**Figure 1** and **Table 3**).

## Loci of polymorphisms in the *DATI* gene



**Figure 1.** Loci of polymorphisms in the *DATI* gene. The *DATI* gene is approximately 52.6 kb and contains 15 exons. All exons are indicated as a box, and noncoding regions are shown in gray boxes and coding regions are shown in black boxes. The locations of five polymorphisms and 3'-untranslated region variable number of tandem repeats (UTR VNTRs) in the *DATI* gene are shown. Numbers shown in parentheses indicate the locations of each polymorphism from the first nucleotide of exon 1 of the *DATI* gene (NG\_015885). Rs460000 (C → A) is located 12 nucleotides upstream from the first nucleotide of exon 4. Rs6347 (A → G), a polymorphism that does not cause an amino acid substitution, is located 59 nucleotides downstream from the first nucleotide of exon 9, whereas rs2270912 (C → T), a polymorphism that also does not cause amino acid substitution, is located at the last nucleotide of exon 10. Rs429699 (G → A) is a polymorphism that is located 14 nucleotides downstream from the first nucleotide of intron 11, whereas rs28363130 (A → G) is a polymorphism located 13 nucleotides downstream from the first nucleotide of intron 13. 3'-UTR VNTRs are located within exon 15.

**Table 3.** Location of identified *DATI* polymorphisms.

dbSNP ID	Sequence change	Position <sup>a</sup>	Protein variant	Location
rs460000	C → A	12719	-	Intron 3
rs6347	A → G	34132	Ser 405 Ser	Exon 9
rs2270912	C → T	35708	Asn 466 Asn	Exon 10
rs429699	G → A	36417	-	Intron 11
rs28363130	A → G	42520	-	Intron 13

<sup>a</sup>The position of each identified polymorphism was relative to the first nucleotide of exon 1 of the *DATI* gene (NG\_015885).

### 3.2. Genotype Frequency and Hardy-Weinberg Equilibrium

The possible genotypes of rs460000 (C → A) were C/C, C/A, and A/A, with the number of test samples in each genotype being 25 (27.8%), 48 (53.3%), and 17 (18.95%), respectively, in the patient group and 27 (23.7%), 60 (52.6%), and 27 (23.7%), respectively, in the healthy subject group. HWE showed a *p* value of 0.530 in the patient group and a *p* value of 0.708 in the healthy subject group; thus, no significant differences were observed in either group, and they agreed with the HWE.

The possible genotypes of rs6347 (A → G) were A/A, A/G, and G/G, with the number of test samples in each genotype being 67 (74.7%), 23 (25.6%), and 0 (0%), respectively, in the patient group and 98 (86.0%), 13 (11.4%), and 3 (2.6%), respectively, in the healthy subject group. The HWE showed no significant differences in the patient group ( $p = 0.346$ ); thus, the values agreed with HWE. However, it showed significant differences in the healthy subject group ( $p = 0.027$ ), and the values did not agree with the HWE.

The possible genotypes of rs2270912 (C → T) were C/C, C/T, and T/T, with the number of test samples in each genotype being 83 (92.2%), 7 (7.8%), and 0 (0%), respectively, in the patient group and 114 (100%), 0 (0%), and 0 (0%), respectively, in the healthy subject group. No samples with T/T were present in both the groups, and no samples with C/T were present in the healthy subject group; therefore, the HWE analysis was not performed.

The possible genotypes of rs429699 (G → A) were G/G, G/A, and A/A, with the number of test samples in each genotype being 35 (38.9%), 41 (45.6%), and 14 (15.6%), respectively, in the patient group and 48 (42.1%), 53 (46.5%), and 13 (11.4%), respectively, in the healthy subject group. The HWE showed a  $p$  value of 0.823 in the patient group and a  $p$  value of 0.839 in the healthy subject group; thus, no significant differences were observed in either group, and the differences agreed with the HWE.

The possible genotypes of rs28363130 (A → G) were A/A, A/G, and G/G, with the number of test samples in each genotype being 82 (91.1%), 8 (8.9%), and 0 (0%), respectively, in the patient group and 113 (99.1%), 1 (0.9%), and 0 (0%) in the healthy subject group. As no samples with G/G were present in either group, the HWE analysis was not performed. Furthermore, genotype frequency and HWE of each genotype in the patient and healthy subject groups are shown in **Table 4**.

### 3.3. Association Study by the Cochran-Armitage Trend Test

The allelic frequency of each C and A allele of rs460000 was 54.4% (98 alleles) and 45.6% (82 alleles), respectively, in the patient group and 50.0% (114 alleles) and 50.0% (114 alleles), respectively, in the healthy subject group. Thus, no significant difference was observed in the allelic frequency between the two groups ( $p = 0.357$ ).

The allelic frequency of each A and G allele of rs6347 was 87.2% (157 alleles) and 12.8% (23 alleles), respectively, in the patient group and 91.7% (209 alleles) and 19% (83 alleles), respectively, in the healthy subject group. Thus, no significant difference was observed in the allelic frequency between the two groups ( $p = 0.151$ ).

The allelic frequency of each C and T allele of rs2270912 was 96.1% (173 alleles) and 3.9% (7 alleles), respectively, in the patient group and 100% (228 alleles) and 0% (0 allele), respectively, in the healthy subject group. Therefore, a significant difference was observed in the allelic frequency between the two

**Table 4.** Genotype and Allelic frequencies of the *DAT1* gene in the EDBEB patient and healthy subject groups.

	Genotype			HWE <i>p</i> value	Allele		<i>P</i> value <sup>b</sup>
<b>rs460000</b>	C/C <sup>a</sup>	C/A <sup>a</sup>	A/A <sup>a</sup>		C <sup>a</sup>	A <sup>a</sup>	
Patient	25 (27.8%)	48 (53.3%)	17 (18.9%)	<i>p</i> = 0.530	98 (54.4%)	82 (45.6%)	<i>p</i> = 0.357
Healthy subject	27 (23.7%)	60 (52.6%)	27 (23.7%)	<i>p</i> = 0.708	114 (50.0%)	114 (50.0%)	
<b>rs6347</b>	A/A	A/G	G/G		A	G	
Patient	67 (74.4%)	23 (25.6%)	0 (0.0%)	<i>p</i> = 0.346	157 (87.2%)	23 (12.8%)	<i>p</i> = 0.151
Healthy subject	98 (86.0%)	13 (11.4%)	3 (2.6%)	<i>p</i> = 0.027	209 (91.7%)	19 (8.3%)	
<b>rs2270912</b>	C/C	C/T	T/T		C	T	
Patient	83 (92.2%)	7 (7.8%)	0 (0.0%)	N/A <sup>c</sup>	173 (96.1%)	7 (3.9%)	<i>p</i> = 0.0024
Healthy subject	114 (100%)	0 (0.0%)	0 (0.0%)	N/A <sup>c</sup>	228 (100%)	0 (0.0%)	
<b>rs429699</b>	G/G	G/A	A/A		G	A	
Patient	35 (38.9%)	41 (45.6%)	1 (15.6%)	<i>p</i> = 0.823	111 (61.7%)	69 (38.3%)	<i>p</i> = 0.443
Healthy subject	48 (42.1%)	53 (46.5%)	13 (11.4%)	<i>p</i> = 0.839	149 (65.4%)	79 (34.6%)	
<b>rs28363130</b>	A/A	A/G	G/G		A	G	
Patient	82 (91.1%)	8 (8.9%)	0 (0.0%)	N/A <sup>c</sup>	172 (95.6%)	8 (4.4%)	<i>p</i> = 0.0057
Healthy subject	113 (99.1%)	1 (0.9%)	0 (0.0%)	N/A <sup>c</sup>	227 (99.6%)	1 (0.4%)	

<sup>a</sup>Data presented as number of subjects and percentage. <sup>b</sup>*P* values were calculated by the Cochran-Armitage Trend Test. <sup>c</sup>N/A means not applicable.

groups ( $p = 0.0024$ ). Statistical power analyses for allelic frequencies of rs2270912 could not be performed because no alleles of rs2270912 with T were found in the healthy subject group.

The allelic frequency of each G and A allele of rs429699 was 61.7% (111 alleles) and 38.3% (69 alleles), respectively, in the patient group and 65.4% (149 alleles) and 34.6% (79 allele), respectively, in the healthy subject group. Thus, no significant difference was observed in the allelic frequency between the two groups ( $p = 0.443$ ).

The allelic frequency of each A and G allele of rs28363130 was 95.6% (172 alleles) and 4.4% (8 alleles), respectively, in the patient group and 99.6% (227 alleles) and 0.4% (1 allele), respectively, in the healthy subject group. A significant difference was observed in the allelic frequency of rs28363130 between the two



groups ( $p = 0.0057$ ); however, the statistical power was 0.60 for the analysis of allelic frequencies of rs28363130. Genotype and allele frequencies of each polymorphism in EDBEB and healthy subject groups are shown in **Table 4**.

### 3.4. Haplotype Analysis

The associations of EDBEB with rs2270912, rs28363130, and 3'-UTR VNTR were investigated using haplotype analysis. However, the sample number was small, and homozygous rs2270912 T alleles, homozygous rs28363130 G alleles, and homozygous short 3'-UTR VNTRs were not found in our sample sets. Therefore, haplotype frequencies alone were reported. Genetically, 27 haplotypes could be present; however, only six haplotypes were confirmed in the study. Among these haplotypes, the haplotype C/C-A/A-Long/Long (rs2270912-rs28363130-3'-UTR VNTR) was found to have the highest frequency in the patient group (76.7%: 69/90 samples) and the healthy subject group (91.2%: 104/114 samples) (**Table 5**).

All seven patient samples with the rs2270912 T allele, which was not found in the healthy subject group, possessed the short 3'-UTR VNTR, which is a risk allele for developing EDBEB. Furthermore, six of eight patient samples with the rs28363130 G allele had the short 3'-UTR VNTR; moreover, these six samples possessed the rs2270912 T allele (C/T-A/G-Long/Short; 6.7%: 6/90 samples) (**Table 5**).

## 4. Discussion

An association study of the *DAT1* gene with EDBEB was conducted using 204 genomic DNA samples obtained from 90 patients with EDBEB and 114 healthy subjects among Japanese females. All five polymorphisms found in the *DAT1* gene in this study were already known. However, among these five polymorphisms, rs2270912 and rs28363130 showed a significant association with EDBEB. A significant association of rs6347 with EDBEB regarding the genotype frequency was found, although no significant association was found regarding

**Table 5.** Haplotype frequencies of the *DAT1* gene in the EDBEB patient and healthy subject groups (rs2270912-rs28363130-3'-UTR VNTR).

Haplotype <sup>a</sup>	Patient <sup>b</sup>	Healthy subject <sup>b</sup>
C/T-A/G-Long/Short	6.7% (n = 6)	0.0% (n = 0)
C/T-A/A-Long/Short	1.1% (n = 1)	0.0% (n = 0)
C/C-A/G-Long/Short	0.0% (n = 0)	0.9% (n = 1)
C/C-A/A-Long/Short	13.3% (n = 12)	7.9% (n = 9)
C/C-A/G-Long/Long	2.2% (n = 2)	0.0% (n = 0)
C/C-A/A-Long/Long	76.7% (n = 69)	91.2% (n = 104)
Total	100% (n = 90)	100% (n = 114)

<sup>a</sup>Shown in the order of rs2270912, rs28363130, and 3'-UTR VNTR; <sup>b</sup>Data presented as number of percentage and subjects.

allele frequency. Among the seven EDBEB samples with the rs2270912 T allele, six possessed the rs28363130 G allele and the short 3'-UTR VNTR allele.

The polymorphism rs2270912 (C → T) located in exon 10 is a silent mutation, which does not cause amino acid substitution. Silent mutations in the exon that are known as protein function, which is encoded by a gene containing a silent mutation, would not be affected because no amino acid substitution occurs. An increasing body of evidence revealed that silent mutations may have the ability to change in its encoded protein expression and structure [28]. *ST8SIA2* (ST8 alpha-N-acetyl-neuraminidase alpha-2,8-sialyltransferase 2, Gene ID: 8128, alternatively known as *STX*) that synthesizes polysialic acid involved in synaptic plasticity, the development of normal neural circuits and neurogenesis [29], is a susceptibility gene for schizophrenia, bipolar disorder, and autism spectrum disorder [30]. A functional genetic analysis of silent SNP (C → G), which is located in exon 5 of the *STX* gene, revealed that the enzymatic activity of STX protein decreased in the overexpressing mutant *STX* gene compared with that in the overexpressing wild-type *STX* gene in CHO cells [31]. From these reports, rs2270912, a polymorphism with a silent mutation, may alter the *DAT1* protein structure, function, or activity.

Rs28363130 (A → G) is a SNP found in intron 13 and located 13 bases upstream from the 5' end of exon 13. Introns are regions of DNA that are removed during splicing after RNA transcription; therefore, rs28363130 itself does not influence the protein function encoded by the *DAT1* gene. However, intronic SNP may be involved in splicing and regulating transcription. The presence of a transcriptional regulatory region specific to the G allele, which causes a risk of developing EDBEB, as well as the expression of miRNA, is predicted to be present in the region that contains rs28363130 by *in silico* analysis using RegRNA2.0 (<http://regrna2.mbc.nctu.edu.tw/>). This suggests that rs28363130 may affect the *DAT1* gene expression. However, in future, these *in silico* analysis derived predictions are requires validation by direct testing.

According to the Human Transporter Database (HTD): <http://htd.cbi.pku.edu.cn/index.php> and the 1000 Genomes Project [32] [33], the minor allele frequency (MAF) of rs2270912 is 0.00367. This means that 7.3 of 1000 subjects should have the T allele, which is an extremely low expression frequency. Of note, seven of 90 patients with EDBEB possessed the T allele, whereas none of the 114 healthy subjects possessed it in our sample sets. Thus, our study showed an approximate 11-fold higher expression frequency in subjects with the T allele in the patient group than that in the HTD and the 1000 Genomes Project. Furthermore, MAF of rs28363130 is 0.00230, and 4.6 of 1000 subjects should have the G allele. Eight of 90 subjects in the patient group possessed the G allele in our sample sets, which is approximately 19.3-fold higher in frequency than that shown by the HTD and the 1000 Genomes Project. Despite the small sample size of our study, the results suggested that both SNPs with T and G alleles specifically occur in patients with EDBEB.

On the basis of the haplotype analysis of rs2270912, rs28363130, and 3'-UTR VNTRs reported by Shinohara *et al.*, where an association with patients with EDBEB was found, it was discovered that six of seven patients with EDBEB who had the rs2270912 T allele also possessed the rs28363130 G allele and the short 3'-UTR VNTR allele (haplotype: C/T-A/G-Long/Short; 6.7%: 6/90 patients). In our sample sets, this haplotype was not present in the healthy subject group. Unfortunately, MAFs of rs2270912 and rs28363130 were extremely low, being 0.00367 and 0.00230, respectively. Moreover, a homozygote of each rs2270912 T allele, rs28363130 G allele, and short 3'-UTR VNTR was not present in our sample sets. Therefore, statistical analysis was not performed, and haplotype frequencies alone are presented in **Table 5**. This haplotype analysis revealed a possible association of the haplotype created by the T allele at rs2270912, the G allele at rs28363130, and short 3'-UTR VNTR with the susceptibility to patients with EDBEB.

Regarding 3'-UTR VNTR, there is a report that *DAT1* expression is decreased in the striatum in the subject group with short 3'-UTR VNTR-440, where nine tandem repeats were observed in the 3'-UTR VNTR [34], whereas there are reports indicating an increase in *DAT1* expression [35] and no change in *DAT1* expression [36]; thus, there is no consensus regarding *DAT1* expression and short 3'-UTR VNTR-360. It has been reported that haplotypes, comprising mutations accompanied by a mutation with amino acid substitution and a silent mutation, can modify the expression and function of genes such as *ACBC1* (ATP-binding cassette subfamily B member 1), commonly known as multidrug resistance protein 1, which encodes a P-glycoprotein involved in drug resistance [37], and *NKX2-5* (NK2 homeobox 5), which is involved in congenital heart diseases [38]. From these reports, there is the possibility that the function of the *DAT1* gene can be modified by the haplotypes of 3'-UTR VNTR, rs2270912, and rs28363130. Moreover, it is believed that the molecular investigation of the haplotype rs2270912-rs28363130-3'-UTR VNTR will help in elucidating the significance of the haplotype in patients with EDBEB and in elucidating the reason why the results of the functional analysis of 3'-UTR VNTRs have not coincided with those. In the future, we plan to analyze this haplotypes in patients with EDBEB using a larger sample size.

The polymorphisms found in this study are SNPs that have not been identified by GWASs, which comprehensively searched for SNPs related to the diseases by a genome-wide search from thousands to tens of thousands of samples. Generally, GWASs use linkage disequilibrium directed toward known SNPs with MAFs of >1%. Therefore, unknown SNPs and SNPs with <1% MAF cannot be analyzed. Moreover, SNPs that show an association with diseases by GWAS are not necessarily associated with the diseases. Therefore, detailed analyses that focus on SNP regions that show an association with diseases are sometimes necessary. While SNPs that we identified are known SNPs, MAFs of these SNPs are <1%. Therefore, it appears that they cannot be detected by GWASs.

The prevalence of ED among young women has increased. However, molecular-supported subclassification and treatment methods for ED have not been completely established. While there is no question that abnormal eating behaviors and weight fluctuations are the main clinical conditions for patients with ED, changes in the diagnosis and the course of treatment are highly dependent on the presence or absence of binge eating behaviors. This study's elucidation of the association between patients with EDBEB and *DAT1*, an important gene involved in the dopaminergic system that greatly affects the eating habits of patients with EDBEB, is considered to be very significant for elucidating the molecular disease state of ED and for clinical perspectives, including diagnosis and treatment.

## 5. Conclusion

In our study, only the Japanese sample sets were used. Furthermore, the sample size was small ( $n = 204$ ). Therefore, the statistical power for detection was low. Moreover, optimum primer sets could not be constructed for analyzing the polymorphisms of exon 15; therefore, the entire exon of the coding region of the *DAT1* gene could not be analyzed. Nonetheless, we were able to identify two polymorphisms that are believed to be associated with patients with EDBEB and indicate an association between these mutations and polymorphisms in 3'-UTR VNTR. To identify the *DAT1* gene plays a key role in the dopaminergic system of EDBEB, it will be needed to conduct statistical haplotype analysis of rs2270912, rs28363130, and 3'-UTR VNTRs using a larger sample size and functional analysis of rs2270912, rs28363130, and 3'-UTR VNTRs by direct testing in future.

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None of the authors of this paper have any involvement, financial or otherwise, that might bias this work.

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