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# Zoonotic Pathogens in Ticks Collected from Livestock in Kenya

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#### **Abstract**

Ticks are reservoirs of a variety of pathogens including bacteria, viruses and protozoa. We used PCR to detect pathogens of public health importance in ticks collected from diverse regions of Kenya. 503 tick pools were collected from 982 cattle, 300 sheep and 379 goats that were presented for slaughter at major abattoirs in Nairobi and Mombasa. Tick DNA was screened by qPCR optimized for single-plex detection of Babesia microti, two-plex Coxiella burnetii/Ehrlichia chaffeensis or Bartonella henselae/Borrelia recurrentis or three-plex for the non-human Babesia spp/Anaplasma phagocytophylum/Borrelia burgdorferi. Pathogen prevalence was calculated against tick type and the geographical origin. Computational analysis was performed with Graphpad prism 5. Out of 503 tick analyzed, 21% (106) were positive for at least one pathogen. C. burnetii was the most abundant at 70% (74/106), followed by non-human Babesia at 17% (18/106), 5% (5/106) for B. burgdorferi, 7% (7/106) for other Borrelia species and <1% (1/106) for E. chaffeensis and A. phagocytophylum. B. henselae and the human infective B. microti were not detected. Rh. pulchellus was the most promiscuous one in carrying pathogens: C. burnetti, Babesia, B. burgdorferi, E. chaffeensis and A. phagocytophylum. Non-human infective Babesia were detected in all ticks except Amblyomma. Four counties had 70% of the infected ticks: Marsabit 25% (n = 26/106), Kajiado 17% (18/106), Wajir 16% (17/106) and Narok 11% (12/106). This study identified a number of tick-borne pathogens that cause febrile infections often confused with malaria. Follow-up research will be needed to determine prevalence in humans.

# **Keywords**

Zoonosis, Borrelia, Babesia, Anaplasma, Coxiella

#### 1. Introduction

Many tick-borne zoonoses have symptoms that overlap with those of malaria. Amongst the tick borne zoonoses of public health importance are the protozoa that cause Babesiosis and Anaplasmosis, bacteria that cause lyme disease, rick-ettsiosis, Ehrlichiosis, Bartonellosis, Q fever and viral infections including tick borne encephalitis and Crimean-Congo hemorrhagic fever [1]. Babesiosis is caused by a red blood cell parasite, with two common species that frequently infect humans, namely *B. microti* and *B. divergence* [2]. *Babesia sp* are close relatives of *Plasmodium* and can easily be mistaken for malaria on a thin blood film. Babesiosis is also a serious illness in wild and domesticated animals especially cattle, horses and dogs [3]. *Babesia spp* are transmitted by hard ticks such as *Ixodes scapularis* (black legged tick). In humans, the symptoms of babesiosis are similar to malaria, taking 1 - 8 weeks to appear and include fever and chills, general weakness, gastrointestinal symptoms, headache, muscle and joint pains, haemolytic anaemia, jaundice, dark urine, shortness of breath, swollen spleen among others [4].

Anaplasmosis is primarily transmitted by the Ixode ticks that transmit the causative *A. phagocytophilum* bacterium. It was previously thought to be caused by an *Ehrichia spp* hence the name human granulocytic ehrlichiosis (HGE), but it has since been renamed human granulocytic anaplasmosis (HGA). Of the four development phases of tick life-cycle (egg, larvae, nymph, adult), nymphal and adult ticks are most frequently associated with transmission of anaplasmosis to humans. The bacteria infect neutrophils, causing changes in gene expression that prolong the life of these otherwise short-lived cells [5]. Typical symptoms include fever, headache, chills, and muscle aches which occur within 1 - 2 weeks of a tick bite. Anaplasmosis is initially diagnosed based on symptoms and clinical presentation, and later confirmed by the use of specialized laboratory tests like PCR. The first line treatment is doxycycline.

Borreliosis (Lyme disease) is caused by a spirochete bacterium, *Borrelia burg-dorferi* and *B. afzelii* transmitted through bites of *Ixodes scapularis*. The disease occurs in phases: an early localized disease with skin inflammation, disseminated disease with heart and nervous system involvement and the late disease that include motor and sensory nerve damage, brain inflammation and arthritis. The inflammation of the skin is accompanied by a generalized fatigue, muscle and joint stiffness, swollen lymph nodes and headache. Later phases of the disease affect the heart causing inflammation of heart muscles resulting in abnormal heart rhythms and heart failure. The nervous system can develop facial muscle paralysis (Bell's palsy), meningitis and confusion [6]. Diagnosis is by finding classic rash in people who have been in endemic areas. At later stages, antibody or nucleic acid test can be done to detect Lyme bacteria using ELISA and PCR [7]. Treatment involves the use of antibiotics such as oral doxycycline. So far in East Africa, only two cases of Lyme disease have been reported in Kenya [8].

Q fever is a zoonosis caused by Coxiella burnetii, an obligate gram-negative

intracellular coccobacillus. It infects various hosts including humans, ruminants and pets and in rare cases reptiles, birds and ticks. The bacterium is excreted in urine, milk, faeces and birth products [9]. The birth materials contain a large number of bacteria that become aerosolized after drying. *C. burnetii* is highly infectious and even a few cells can cause disease [10]. It has a life cycle that produces spores hence can remain viable and virulent for months and infection can be acquired via inhalation or skin contact or sexual transmission. The pathogen can be transmitted to humans from ticks through salivary secretions and feces [11]. *C. burnetii* can infect people with no known contact with animals. Incubation period is 9 - 40 days. Its complications may include; acute respiratory distress, thrombocytopenia, endocarditis, spontaneous abortion, meningoencephalitis and chronic fatigue syndrome. About 60% of the patients are asymptomatic [12].

Human ehrlichiosis, also called monocytic ehrlichiosis, is caused by the *Ehrlichia chaffeensis* bacterium. Infected tick must attach for at least 24 hours for the infection to occur [1]. A survey for antibodies against *E. chaffeensis* in human sera from eight African countries indicated that human ehrlichiosis is common [4]. The disease can occasionally be life threatening or fatal and symptoms include fever, chills, muscle aches, weakness, headache, confusion, nausea, vomiting and joint pains. Incubation period is 1 - 3 weeks after tick exposure. Laboratory diagnosis includes white blood cell count, low platelet count, abnormal liver enzymes, ELISA and PCR [13]. Treatment involves the use of tetracycline.

Bartonellosis is an infectious disease produced by intracellular bacteria of the genus *Bartonella* and can infect humans, mammals and a wide range of wild animals. The bacteria are carried by fleas, body lice and ticks [14]. The disease is often mild, but in some cases can cause serious disease. Early signs include fever, fatigue, headache, poor appetite and unusual streaked rash. Swollen glands are typical, especially around the head, neck and arms, gastritis, lower abdominal pain, and sore throat. Unusual manifestations like granulomatous conjunctivitis, neuroretinitis, atypical pneumonia or endocarditis may occur in small percentage of patients. Case fatality rate may exceed 40% if left untreated. Bacillary angiomatosis that may present as skin, subcutaneous and bone lesions are caused by *B. henselae* or *B. quintana* and peliosis hepatitis (caused by *B. henselae*) occur in people primarily infected with HIV [15]. Most cases of bartonellosis can be diagnosed PCR or serological tests using specific antigens.

This study determined the prevalence of important tick borne zoonoses that are transmitted by Kenyan ticks.

#### 2. Materials and Methods

# 2.1. Sampling

The study was conducted under protocol number KEMRI SSC # 1248 whose details have been published before [16]. Adult ticks were collected from 1661 li-

vestock (982 cattle, 300 sheep and 379 goats) that were brought for slaughter houses in Nairobi (Kenya Meat Commission-KMC at Athi River and Dagoretti) and Mombasa (KMC Kibarani, Uwanja wa Ndege, Mariakani and Kasemeni). Ticks from the same animal were pooled together if they were of the same species based on taxonomic keys previously described [17]. A total of 503 tick pools and placed in the following species: *Rhipicephalus appendiculatus* (98 tick pools), *R. pulchellus* (148 tick pools), *Boophilus annulatus* (62 tick pools), *Amblyomma gemma* (58 tick pools), *A. hebraeum* (41 tick pools), *A. variegatum* (15 tick pools), *other Amblyomma species* (13 tick pools), *Hyalomma truncatum* (44 tick pools) and other *Hyalomma species* (24 tick pools).

## 2.2. Detection of Pathogens by qPCR

The DNA made from each tick pool was amplified by using primer sets and probes shown in Table 1. The assay was run either as single-plex (Babesia microti), two-plex (Coxiella burnetii/Ehrlichia chaffeensis) and Bartonella henselae/Borrelia recurrentis or three-plex (non-human Babesia spp./Anaplasma phagocytophylum/Borrelia burgdorferi). The unit reaction mix (10 µL) contained 5.0 µL Quantitec 2X buffer (Applied Biosystem, California, USA), 0.5 µL forward primer, 400 nMs of reverse primer, 300 nMol probe labeled with either FAM, VIC, CY3 or CY5 dye (all from Applied Biosystems, California, USA), 3 μL DNA template and sterile double distilled H<sub>2</sub>O to make to 10 μL. The assays were run in a 7500 Fast PCR machine (Applied Biosystem). The annealing temperatures were 60°C for 1 minute for the non-human Babesia spp./ Anaplasma phagocytophylum/Borrelia burgdorferi and Coxiella burnetii/Ehrlichia chaffeensis; 56°C for a minute for Bartonella henselae/Borrelia recurrentis and 55°C for a minute for Babesia microti. Control samples were purchased from Fuller Laboratories (California) and were used at different dilutions (neat, 1:10 dilution and 1:100 dilution) to ensure that the target could be detected over a wide range. Non target control had PCR water.

# 2.3. Data Analysis

The study generated data that described the proportions and species of ticks that carried tick-borne pathogens and also described the pathogen prevalence and distribution in the different counties of Kenya. The data was routinely entered into a database created in Microsoft access. Continuous data was tested for Normality and descriptive statistics performed where appropriate. Computational analysis was performed with Graphpad prism 5 (GraphPad Software Inc. San Diego CA).

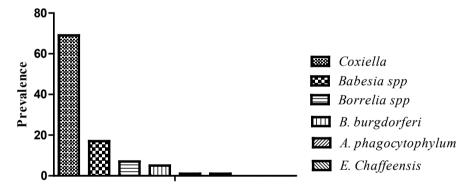
#### 3. Results

# 3.1. Pathogen Prevalence

Out of 503 tick pools analyzed, 21% (106/503) were positive for at least one pathogen. As shown in Figure 1, *C. burnetii* was the most abundant at a

**Table 1.** The oligonucleotide sequences used in the study.

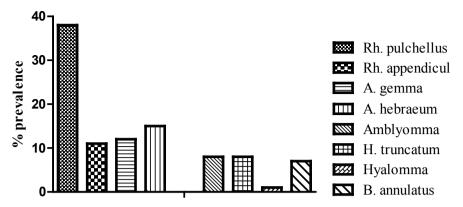
Organism	Primers and Probe	Oligonucleotide Sequences 5'-3'			
Borrelia burgdorferi	Bb Forward	CGAGTCTTAAAAGGGCGATTTAGT			
	Bb Reverse	GCTTCAGCCTGGCCATAAATAG			
	Bb Probe	$[{\tt NED}] A {\tt GATGTGGTAGACCCGAAGCCGAGTG} [{\tt BHQ2}]$			
Anaplasma phagocytophylum	APMSP2 Forward	ATGGAAGGTAGTGTTGGTTATGGTATT			
	APMSP2 Reverse	TTGGTCTTGAAGCGCTCGTA			
	APMSP2 Probe	[HEX]TGGTGCCAGGGTTGAGCTTGAGATTG[BHQ1]			
Ehrlichia chaffeensis	ECH16SForward ECH16SReverse	GCGGCAAGCCTAACACATG			
		CCCGTCTGCCACTAACAATTATT			
		[CY5]AGTCGAACGGACAATTGCTTATAACCTTTTGG			
	ECH16SProbe	T[BBQ]			
Babesia microti	BAB Forward	GGAAGTCTCGTGAACCCTTATCACTTAAA			
	BAB Reverse	GTAGGTGAACCTGCAGAAGGATCAAGC			
	BAB Probe	[CY5]GGAAGGAGAAGTCGTAACAAGGTTTCC[BBQ]			
Bartonella henselae	BARTICSForward	TGCTTCGACTCCACTGTACGTC			
	BARTICSReverse	CACCTGCTGCAATACATGCAAATG			
	BARTICS Probe	TTGCAGCTTCATCAGGTGCTAATC			
Coxiella burnetti	ICD-439 Forward ICD-513 Reverse Probe	CGTTATTTTACGGGTGTGCCA			
		CAGAATTTTCGCGGAAAATCA			
		[6FAM]CATATTCACCTTTTCAGGCGTTTTGACCG[B			
	11000	HQ-1]			



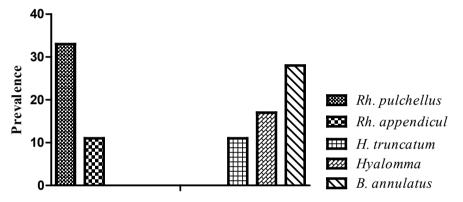
**Figure 1.** Overall prevalence rates for zoonotic pathogens in ticks. *C. burnetii* had the highest prevalence at 70% (74/106), *Babesia species* 17% (18/106), *Borrelia species* 7% (7/106), *B. burgdorferi* 5% (5/106), *A. phagocytophylum* < 1% (1/106), *E. chaffeensis* < 1% (1/106).

prevalence rate of 70% (74/106), of which 38% (28/74) were detected in *Rhipicephalus pulchellus*, 15% (11/74) in *A. hebraeum*, 11% (8/74) in *R. appendiculatus*, 12% (9/74) in *Amblyomma gemma*, 8% (6/74) in other *Amblyomma species*, 8% (6/74) in *Hyalomma truncatum*, 7% (5/74) in *Boophilus annulatus* and 1% (1/74) in other *Hyalomma* species (Figure 2). *Bartonella henselae* and *Babesia microti* were not detected.

The prevalence of the non-human infective *Babesia species* was 17% (18/106) with 33% (6/18) in *R. pulchellus*, 11% (2/18) in *Rh. appendiculatus*, 28% (5/18) in *B. annulatus*, 11% (2/18) in *H. truncatum* and 17% (3/11) in other *Hyalomma* species (**Figure 3**).



**Figure 2.** Infection rates of *Coxiella burnetii* in different tick species. Infection rate was highest in *Rh. pulchellus* (38%), 11% in *Rh. appendiculatus*, 12% in *A. gemma*, 15% in *A. hebraeum*, 8% in *Amblyomma spp*, 8% in *H. truncatum*, 1% in other *Hyalomma spp*, and 7% in *B. annulatus* 7%. Infections were not detected in *A. variegatum*.



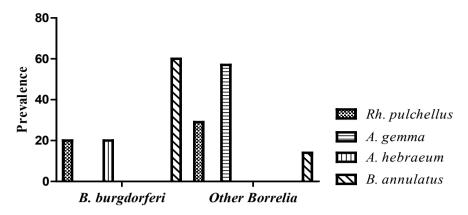
**Figure 3.** Prevalence rate of *Babesia* in different tick species. The human infective *B. microti* was not detected. The prevalence of other *Babesia* was 17%, mainly detected in *Rh. pulchellus* (33%), *Rh. appendiculatus* (11%), *H. truncatum* (11%), *Hyalomma spp* (17%), and *B. annulatus* (28%). Infections were not detected in any of the *Amblyomma* ticks tested.

Infections of the human infective *A. phagocytophylum* and *E. chaffeensis* were very low and only single cases were detected in *R. pulchellus*.

As shown in **Figure 4**, *B. burgdorferi* was detected at a prevalence of 5% (5/106) and only in *B. annulatus, Rh. Pulchellus and A. hebraeum*at prevalence rates of 40%, 20% and 20% respectively. Other *Borrelia* were detected in *Rh. pulchellus* at 29%, *A. gemma* at 57% and *B. annulatus* at 14%. *B. burgdorferi*.

#### 3.2. Pathogen Distribution in the Kenyan Counties

As shown in **Table 2**, of the 20 counties that contributed to the ticks examined, 14 had instances of ticks borne pathogens, and all were in the nomadic areas. Marsabit County had the highest prevalence of 25% (26/106), followed by Kajiado with 17% (18/106), Wajir 16% (17/106) and Narok, 11% (12/106). The lowest prevalence rate was recorded in Ewaso Nyiro, 2% (2/106), Homabay 2% (2/106), Bomet and Uasin Gishu counties at <1% (1/106) each. *C. burnetii* was



**Figure 4.** Prevalence rate of *B. burgdorferi* and other *Borrelia* in different tick species. *B. burgdorferi* were detected in *B. annulatus, Rh. Pulchellus and A. hebraeum* at prevalence rates of 40%, 20% and 20% respectively while other *Borrelia* had prevalence in *Rh. pulchellus* at 29%, *A. gemma* at 57% and *B. annulatus* at 14%.

Table 2. Zoonotic pathogen prevalence rates in the Kenyan Counties.

County	livestock sampled	Coxiella	Babesia	B. burgdorferi	Other Borrelia	Anaplasma	Ehrlichia	Total
Bomet	40	1 (1%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	1 (1%)
Samburu	31	1 (1%)	1 (6%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	2 (2%)
Kajiado	161	15 (20%)	2 (11%)	0 (0%)	1 (14%)	0 (0%)	0 (0%)	18 (17%)
Machakos	75	2 (3%)	1 (6%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	3 (3%)
Migori	21	1 (1%)	1 (6%)	1 (20%)	0 (0%)	0 (0%)	0 (0%)	3 (3%)
Marsabit	47	20 (27%)	0 (0%)	2 (40%)	3 (43%)	0 (0%)	1 (100%)	26 (25%)
Kitui	19	4 (5%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	4 (4%)
Laikipia	20	4 (5%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	4 (4%)
Narok	35	4 (5%)	7 (39%)	0 (0%)	0 (0%)	1 (100%)	0 (0%)	12 (11%)
Nyandarua	10	3 (4%)	0 (0%)	2 (40%)	2 (29%)	0 (0%)	0 (0%)	7 (6%)
Homabay	19	0 (0%)	2 (11%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	2 (2%)
Taita Taveta	40	6 (8%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	6 (6%)
Uasin Gishu	20	1 (1%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	1 (1%)
Wajir	21	12 (16%)	4 (22%)	0 (0%)	1 (14%)	0 (0%)	0 (0%)	17 (16%)
Totals		74 (100%)	18 (100%)	5 (100%)	7 (100%)	1 (100%)	1 (100%)	106

most prevalent in Marsabit 27% (20/74), Kajiado 20% (15/74) and Wajir 16% (12/74) and lowest (<1%) in Bomet, Samburu, Migori and Uasin Gishu. *Babesia* species were most prevalent in Narok 39% (7/18) and Wajir 22% (4/18) with many areas reporting less than 1%. *B. burgdorferi* was only detected in three counties: Marsabit 40% (2/5), Nyandarua 40% (2/5) and Migori 20% (1/5) while the unspeciated *Borrelia* were detected in Marsabit 43% (3/7), Nyandarua 29% (2/7). The other counties recorded less than 1%. Incidence of *A. phagocytophi-lum* and *E. chaffeensis* was low, each at <1% and were detected in Narok (1/106) and Marsabit (1/106) respectively.

#### 4. Discussion

The results show that ticks of the genus *Rhipicephalus* and *Amblyomma* were the dominant carriers of zoonotic pathogens with detection rate of 46% (49/106) and 29% (31/106) respectively (**Table 2**). This is consistent with previous findings in which the two species were the dominant carriers of rickettsiae [16].

C. burnetii infection rates was the highest (70%, 74/106) compared to 17% for Babesia spp, 7% for Borrelia spp, 5% for B. burgdorferi, <1% for A. phagocyotophylum and E. chaffeensis. Among the tick species, the highest prevalence of the C. burnetii was recorded in Rh. pulchellus 38% (28/74). This tick was also the highest carrier of other pathogens tested. It is possible that the significant differences in C. burnetii detection rates (p < 0.0009) between tick species is based on the ticks mating system. [18] suggested that tick species with a more promiscuous mating system like Rh. pulchellus could have a higher prevalence of infection as the infected individuals are more likely to come in contact with and infect the previously uninfected ticks through the sperms. C. burnetii was more prevalent in Wajir, Marsabit and Kajiado counties with prevalence rates of 28% (21/74), 27% (20/74) and 20% (15/74) respectively (Table 2). According to CDC fact sheet on Q fever in Missouri (2008), contact with cattle and sheep are the main sources of naturally-occurring C. burnetii infections, hence herd to herd contact between animals from areas lead to spread of Coxiella infections.

The human infective *B. microti* was not detectable in the samples analyzed. This suggests that there is no significant risk of human babesia infections in Kenya. On the other hand, non-human *Babesia spp* was more prevalent especially in *Rh. pulchellus*, 33% (6/18), *Boophilus annulatus* 28% (5/18) ticks than *Hyalomma spp* 17 (3/18), *H. truncatum* 11% (2/18) and *Rh. appendiculatus* 11% (2/18) ticks but none was detectable in *Amblyomma* ticks (**Table 2** and **Figure 3**). Like in *C. burnetii*, *Babesia* infections were more prevalent in ticks obtained from cattle (56%, 10/18) than sheep and goats, each with a prevalence of 22% (4/18). Narok had the highest number of ticks infected with other *Babesia*, 39% (7/18), followed by 22% in Wajir (4/18), 11% in Homabay (2/18), 11% in Kajiado (2/18), 5% in Migori (1/18), 5% in Machakos (1/18) and Ewaso Nyiro 5% (1/18). The higher prevalence of non-human *Babesia* in Narok and Wajir is probably as a result of free livestock movement and absence of tick control measures. This enhances the spread of tick borne pathogens [19].

As shown in **Figure 4**, the pathogen for human borreliosis, *B. burgdorferi* had a prevalence of 5% (5/106) while other *Borrelia* species had a prevalence of 7% (7/106), This data suggests that there is some considerable level of risk to *B. burgdorferi* in humans in Kenya. Only one sample tested positive for human infective *A. phagocytophylum* (**Table 2**). A similar research conducted in public parks in Italy did not detect any DNA of *A. phagocytophylum* in the tick samples screened [20]. This could suggest that the human pathogen is rare in Kenya. Likewise, only one tick sample contained *E. chaffeensis* DNA suggesting that the pathogen is very rare, hence of very low risk. There was no *B. hensellae* detecta-

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ble in the samples and studies show that this pathogen is rarely found in *Ixodes* ticks [11] [21].

This study found high prevalence of the tick-borne zoonoses in four counties of Kenya, namely Marsabit, Kajiado, Wajir and Narok. These counties also have large scale traditional livestock rearing activities and pastoralists that freely mix their animals enhancing the chance of ticks getting transferred to different animals and in turn increases the chances of transfer of the pathogens. Routine tick control measures are not carried out in these areas hence tick population keep increasing and in turn promote the population of these pathogens [22]. These counties are also contiguous to National parks with high wildlife populations. Sharing of habitats with wildlife could increase sharing of tick borne pathogens. Wajir and Marsabit counties are found in North-Eastern Kenya and they border Isiolo to the West and South respectively. The area has several game reserves such as Shad, Buffalo and other private game ranches [23]. In Kenya the game reserves allow communal grazing of livestock and wild animals and the subsequent habitat sharing increases likelihood of pathogen sharing. Cases of domestic canines frequenting forests and returning infested with ticks and suffering from tick borne rickettsioses have been reported [24]. Also, the geographical location of Wajir makes it to have links with Ethiopia, Somali and Southern Sudan. These countries have high densities of livestock that migrate across the Kenvan borders [25].

Kajiado County borders Nakuru County to the North in which the economic activities are agrarian and animal husbandry. To the North-West of Kajiado is Narok which is inhabited by the nomadic pastoral community. Narok has the Mau Narok forest reserve which has been encroached by humans resulting in fragmentation on previous forest areas and cultivation on the forest margins [19]. In the Mau Narok, forest reserve encroachment and fragmentation has increased agricultural activity, human settlement and animal husbandry. Kajiado also borders Makueni and Machakos to the North-East which are semi-arid areas with intense livestock rearing. The constant migration of domestic animals across county boundaries in search of pastures and water leads to the spread of tick borne zoonoses. In addition, these traditionally pastoral regions have no tick control programes.

#### 5. Conclusion

In conclusion, a number of zoonoses were detected in ticks evaluated and were mainly carried by the *Rhipicephalus* and *Amblyomma* ticks. By country, the highest prevalence was in counties that practice traditional livestock rearing activities and/or those contiguous with national packs.

#### **Authors' Contributions**

Mishael Oswe conducted all experiments, analyzed data and drafted the manuscript. John Waitumbi conceived and designed the experiments and reviewed the manuscript. Rose Odhiambo was the university supervisor for Mishael Oswe.

She participated in revision of the manuscript and provided important insights on the study design and data analysis. Nancy Nyakoe, George Awinda and Beth Mutai assisted in sample collection and Lab assays.

# **Competing Interests**

The authors declare that they have no competing interests.

#### **Ethical Statement**

The study protocol was approved by the KEMRI Scientific and Ethical Review Committee (Protocol # 1248).

# Disclaimer

Material has been reviewed by the Walter Reed Army Institute of Research. There is no objection to its presentation and/or publication. The opinions or assertions contained herein are the private views of the author, and are not to be construed as official, or as reflecting true views of the Department of the Army or the Department of Defense. The investigators have adhered to the policies for protection of human subjects as prescribed in AR 70-25.

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