

# On Piezoelectric Energy Harvesting from Human Motion

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## Abstract

With the rapid development of low-power communication technology and microelectronics technology, wearable and portable embedded health monitoring devices, micro-sensors, and human body network positioning devices have begun to appear. For seeking reliable energy sources to replace battery on these devices, it is of great significance for developing low power products to explore the research of piezoelectric effect in conversion of human motion into electricity. Based on the different human motions, the existing technology of piezoelectric energy harvester (PEH) is firstly classified, including PEHs through heel-strike, knee-joint, arm motion, center of mass. The technology is then summarized and the direction of future development and efforts is further pointed out.

## Keywords

Biochemical Energy, Piezoelectric Effect, Piezoelectric Energy Harvester (PEH)

## 1. Introduction

In today's environmental friendly society, it is increasingly urgent to replace chemical batteries with biomechanical energy. With the development of low power products such as the portable electric devices, GPS and MEMS, whose power is low to milliwatts, biomechanical energy harvesting from human motion presents a promising clean alternative [1].

Biomechanical energy harvesters generate electricity from people as they go about their activities of daily living resulting in power generation over much longer durations [2]. The conversion modes of biomechanical energy from human motion are mainly electromagnetic, mechanical, thermoelectric and piezoelectric [3]. Among these, the piezoelectric mode has become one focus in that its simple structure, pollution-free, high power density and so on. There have

been three main ways to collect human motion energy with piezoelectric effect: bending piezoelectric material to produce electricity by using the weight of human body; causing vibration of piezoelectric beam by using acceleration pulse generated when heel collision with the ground or leg swinging. Besides, gripping palm and expanding arm's muscles can also be used to generate electricity from piezoelectric material [4]. The objective of this paper is thus to review the currently available piezoelectric energy harvester from different forms of human motion, then to summary the technology. The main challenges that must be overcome to reach this goal are finally discussed.

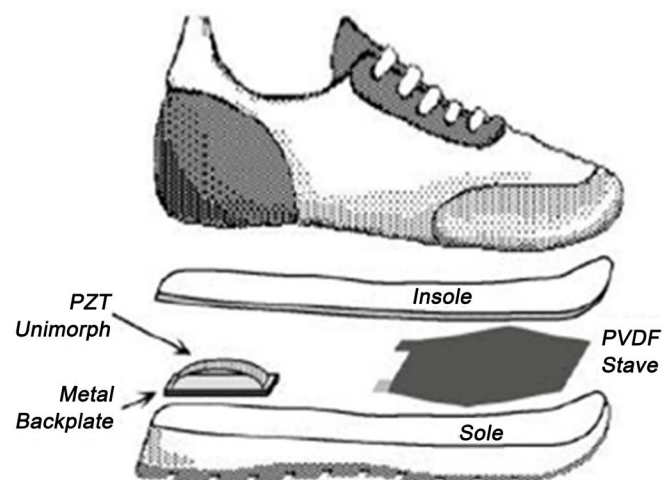
## 2. PEHs from Human Motions

### Energy Harvesting from Walking

Based on walking, the PEHs were triggered through heel-strike, knee-joint, arm motion, center of mass. The developed PEH devices mainly included shoe, kneepad, floor, dancing blanket, and backpack.

#### PEHs through heel strike

Kymissis and *et al.* [5] proposed three different devices that could be built into a shoe and generated electrical power parasitically while walking, as shown in **Figure 1**. The devices included a “Thunder” actuator constructed of piezoceramic composite material located in the heel, a rotary magnetic generator also located under the heel, and a multilayer PVDF foil laminate patch located in the sole of the shoe. In order to compare the performance of the three devices, three working prototypes were constructed and their performances were measured. The peak powers were observed to approach 20 mW for the PVDF stave, 80 mW for the PZT unimorph, and the shoe mounted rotary generator averaged to about 250 mW. A follow-up energy storage circuit and a radio frequency signal transmitting device were also designed. The energy generated by walking 3 - 6 steps per second could transmit a radio frequency signal. This design replaced batteries to supply power for GPS positioners, walkthroughs and other devices.



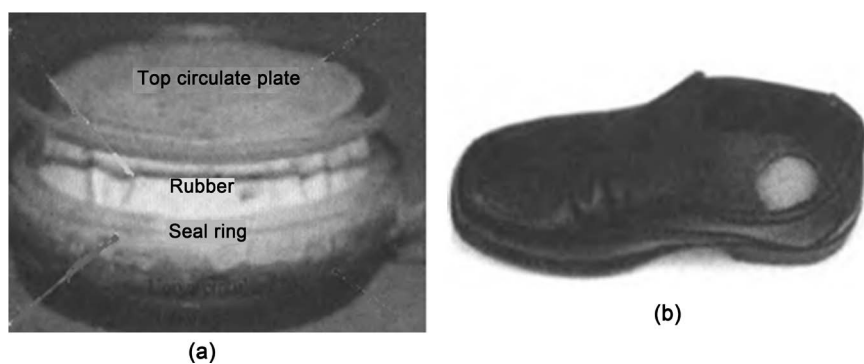
**Figure 1.** PEH on shoe proposed by Kymissis and *et al.* [5].

On this basis, further research had been done on structural optimization design and experimental verification by Fourie [6] and Mateu [7].

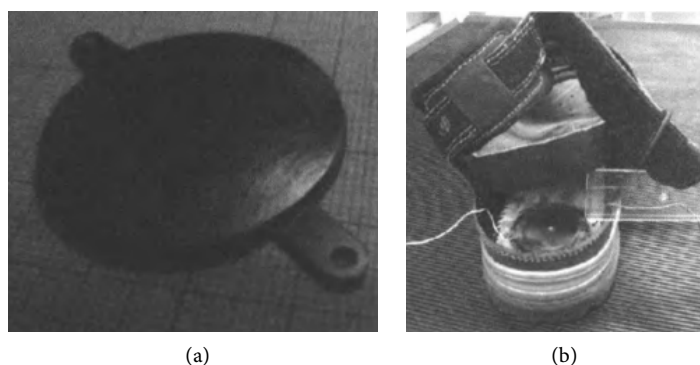
Haghbin [8] made a PEH with an air pump, as shown in **Figure 2(a)**. PZT films were deformed by compressed air, which generated electrical energy. The whole PEH device was sealed to protect the piezoelectric material by airbag. It was very convenient to implant soles and generate electricity by treading on heels, as shown in **Figure 2(b)**. Experiments on a running machine showed that the average power of 1.24 mW could be generated at a walking speed of 4 miles/h.

Besides, Leinonen and *et al.* [9] designed a cymbal PEH and implanted it into the sole, as shown in **Figure 3**. PZT-5H disc with  $\Phi 35$  mm was selected to stamp into “cymbal” structure, which produced deformation under the weight of human body. The experimental results showed that the maximum average power of about 800  $\mu$ W could be generated at 1 Hz gait. The theoretical and experimental errors were only within 7%.

Li and *et al.* [10] firstly designed a PEH with a curve L-shape mass at free end of the piezoelectric cantilever beam from the point of view of improving the energy collection density and reducing the resonant frequency. The piezoelectric beam was mounted in a cavity and embedded in sole, as shown in **Figure 4**. The power density could reach 1.45  $\text{mW}/\text{cm}^3$ , which was about 68% higher than that of traditional piezoelectric cantilever beam. The experimental results showed



**Figure 2.** PEH proposed by Haghbin [8]. (a) Air pump type PEH; (b) Inserted in shoe

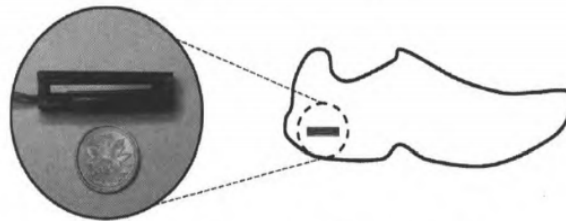


**Figure 3.** Piezoelectric energy harvesting shoe proposed by Leinonen [9]. (a) Cymbal PEH; (b) Inserted in shoe.

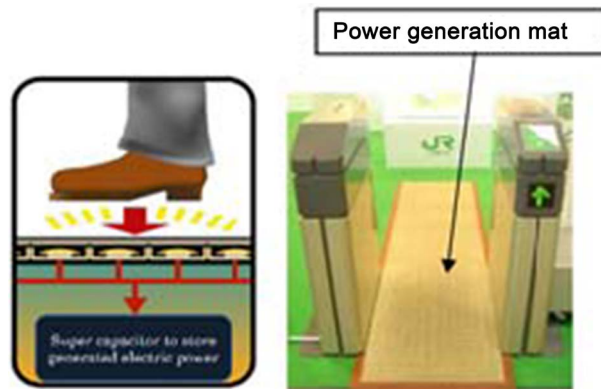
that the average output power was 49  $\mu\text{W}$  at a walking speed of 3 miles per hour.

Yoshiyasu Takefuji *et al.* [11] developed a piezoelectric carpet, which was tested at the entrance of the subway or the places where there are more pedestrians in the corridors of shopping malls. The results showed that the 25  $\text{m}^2$  of the developed carpet produced 1400  $\text{kW}$  of electricity per day. Japan's East Japan Railway also installed the "power generation mat" for harvesting energy from pedestrian to power the "ticket automatic door", as shown in **Figure 5**.

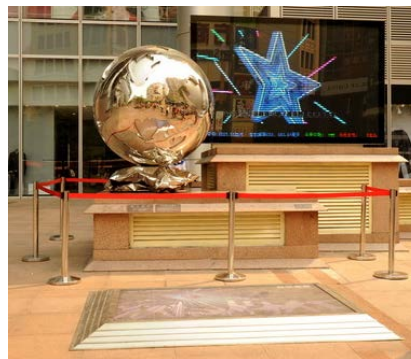
The piezoelectric power generated floor was exhibited on Shanghai Science and Technology Festival of 2011, as shown in **Figure 6**. The floor was developed by Shanghai Silicate Research Institute of the Chinese Academy of Sciences. When pedestrians were jumping or walking on this floor, it could instantly generate electricity to light up the LED lattice and display the harvested energy data on the large screen [12].



**Figure 4.** Piezoelectric energy harvesting shoe proposed LI and *et al.* [10].



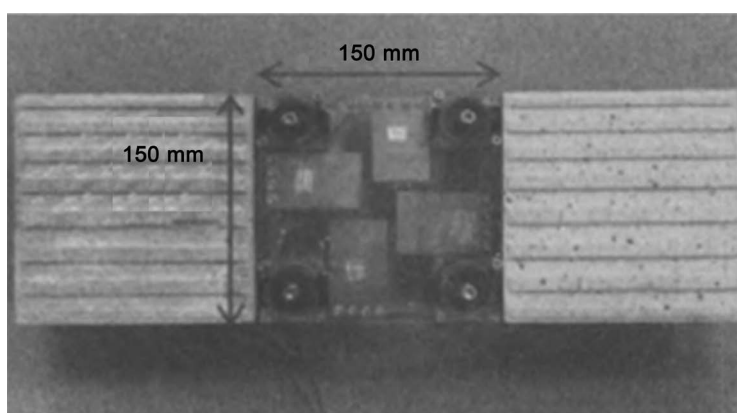
**Figure 5.** Power generation mat in Japan [11].



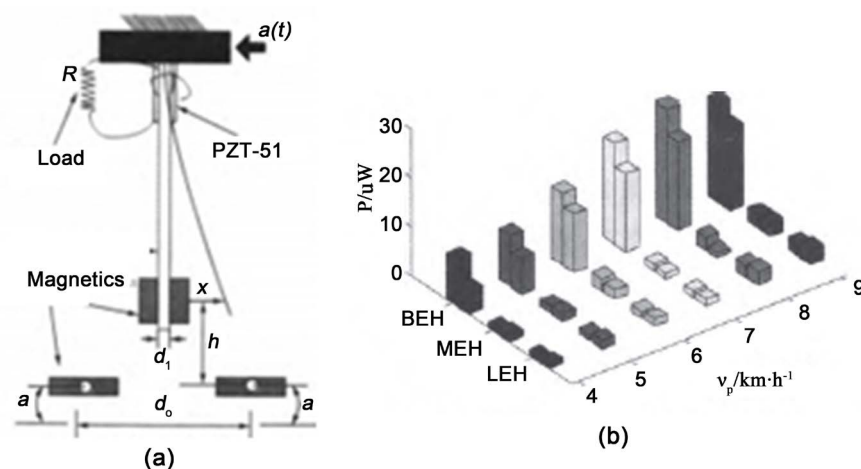
**Figure 6.** Piezoelectric power generated floor [12].

Hwang *et al.* [13] designed a pedal-type piezoelectric vibration energy collection device, as shown in **Figure 7**. The experimental results show that when a person of 68 kg walked on the tiles at both ends of the device, four piezoelectric beams was dived by the spring connected with the tiles for vibrating, an average power of about 0.12 mW in a cycle was generated. When a 80 g steel ball fell from 1 m height to the developed ceramic tile, the average power of about 707  $\mu$ W could be generated.

Because the resonance frequency band of the traditional linear piezoelectric cantilever beam is too narrow, many researchers have begun to introduce non-linearity into the field of piezoelectric vibration energy harvesting from human motion. Wang Wei *et al.* [14] researched effect of output power on different harvesters, including bi-stable energy harvester (BEH), linear energy harvester (LEH) and mono-stable energy harvester (MEH), as shown in **Figure 8**. They designed a bistable magnetically coupled piezoelectric cantilever beam for harvesting human motion. The potential well was obtained by acceleration through leg swing and the foot impact. The energy capture efficiency improved very much.



**Figure 7.** A pedal-type PEH device [13].



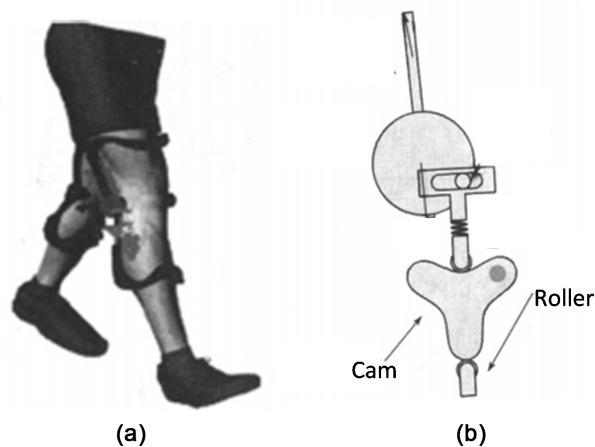
**Figure 8.** Non-linear PEH device proposed by Wang *et al.* [14]. (a) Non-linear PEH device; (b) Output power via different kinds of harvesters.

### PEHs through knee joint

PEH device through knee joint was developed by Donelan and *et al.* in 2008 [15]. This 1.6 kg device comprised an orthopedic knee brace configured such that knee motion drove a gear train (113:1) through a unidirectional clutch, transmitting only knee extension motion to a DC brushless motor that served as the generator. The generated electrical power was dissipated by a load resistor. This method generated 2.5 W per knee at a walking speed of 1.5 m/s.

To improve working stability and comfortability, Yao *et al.* [16] subsequently proposed a harvester installed on knee, as shown in **Figure 9(a)**. The device adopted a mechanism of cam and roller (in **Figure 9(b)**) to transfer leg movement to piezoelectric ceramics, which generated electrical energy in each step cycle. In the experiment, the piezoelectric harvester with  $\Phi 40$  mm substrate and  $\Phi 30$  mm piezoelectric ceramic wafer was selected. When  $100\text{ k}\Omega$  was applied, the maximum output voltage was 80 V and the maximum output power was 58.2 mW, and about 27.5 mJ of energy could be generated per walk.

Pozzi and *et al.* [17] designed a PEH (shown in **Figure 10**) by using the leg swing motion as the power source. It consisted of four parts: rotor, stator, dial and piezoelectric beam. The PEH was installed near the knee joint. When the leg swings back and forth, the piezoelectric cantilever beam was continuously



**Figure 9.** A PEH proposed by Yao and *et al.* [16]. (a) Setup installed on knee; (b) Mechanism of cam and roller.



**Figure 10.** A PEH proposed by Pozzi and *et al.* [17]



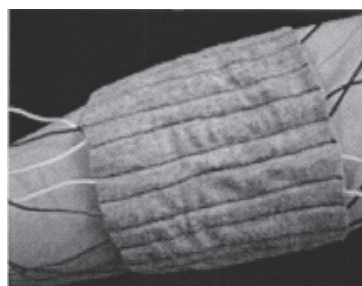
picked by the dial to generate electricity. The experimental result showed that up to 2.06 mW of power was generated while a man wore the device on leg and carried a 24 kg backpack.

#### PEHs through arm motion

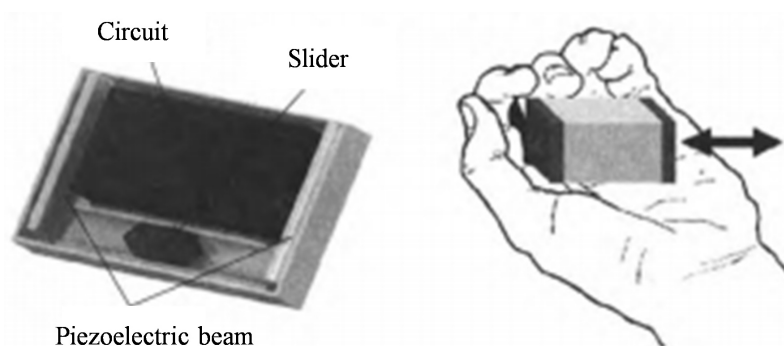
Bomm Yang and *et al.* [18] made full use of the soft properties of PVDF materials and proposed an effective shell structure for energy harvesting from twist joint. PVDF polymer film was attached on the curved shell structure, which was used to protect twist joint, as shown in **Figure 11**. The experiment validated that the output voltage of the shell structure was higher than that of the flat one. When the angular velocity of elbow joint was 9 rad/s, the maximum voltage was up to 40 V.

Renaud and *et al.* [19] developed a hand-crashed piezoelectric energy collector, as shown in **Figure 12**. A piezoelectric cantilever beam was installed at both ends of a cavity, and a track which accommodated the reciprocating motion of the slider was designed in the vertical direction. The experimental results showed that the slider with a mass of about 4 g generated electricity about 600  $\mu$ W when it collided with the piezoelectric beams on both sides of the track at 10 Hz.

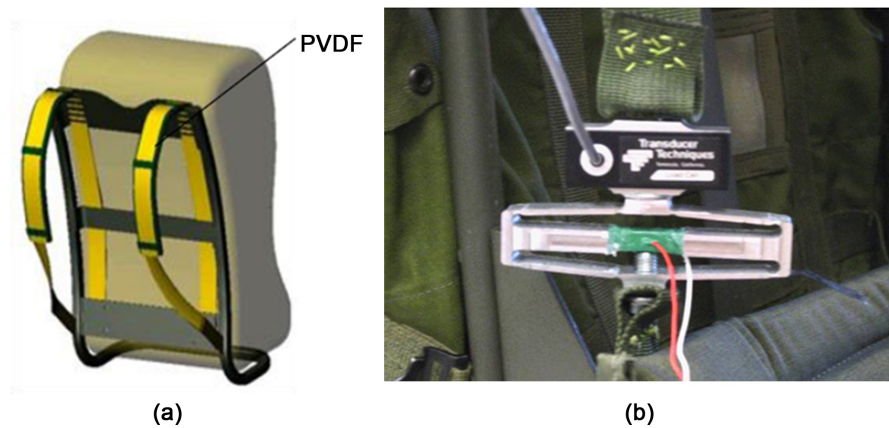
Similarly, Halim proposes a hand-operated vibration energy harvester with hybrid piezoelectric and electromagnetic power generation modes [20]. The piezoelectric beam impacted by ball was driven to generate high frequency resonance. Meanwhile the fixed magnet on the piezoelectric beam moved relative to the coil, so that the piezoelectric and electromagnetic power generation could be realized simultaneously. Compared with the same type of electromagnetic power generation device, the power density was greatly increased.



**Figure 11.** Flexible PEH by Momm Yallg and *et al.* [18].



**Figure 12.** Hand-crashed PEH proposed by Renaud and *et al.* [19].



**Figure 13.** Piezoelectric energy harvesting backpack proposed Joel and *et al.* [22]. (a) Piezoelectric backpack; (b) the stack amplifier.

### PEHs through backpack with center of mass

Granstrom and *et al.* [21] took full advantage of the flexible properties of PVDF piezoelectric materials and installed PVDF in the backstrap of shoulder bags. PVDF could be strained by the weight of the backpack to generate electricity. Experiment showed that the average power of 45.6 mW was generated. Obviously, the flexible material using PVDF was easier to excite piezoelectric effect for capturing more energy than hard ceramics such as piezoelectric stack.

To collect more energy from backpack, Joel and *et al.* [22] proposed a piezoelectric energy harvesting backpack, as shown in **Figure 13(a)**. It was accomplished by replacing the strap buckle with a mechanically amplified piezoelectric stack actuator (as shown in **Figure 13(b)**). The instrument allowed the relatively low forces generated by the pack to be transformed to high forces on the piezoelectric stack. Using the instrumented backpack carrying a 220 N load at  $\sim 2.75$  Hz, the mean power output of  $\sim 0.4$  mW could be available from each piezoelectric device. Because piezoelectric stack was used and the material was too hard to deform, the effect of energy collection was not very good.

## 3. Summary

The technology of piezoelectric energy harvesting from walking, knee or muscle motion, and palm grasping, has been researched. The developed PEHs were applied in shoe, backpack, and wrist protector. The harvested electricity was generally at the milliwatt level. It was mainly used in low power electronic equipment for power supplying. However, there exists a long way to go for practical application. Some problems must be overcome in the future research including lightweight, flexibility, stretchable, multi-direction and wideband, to be more fit to human body structure and movement.

## Conflicts of Interest

The authors declare no conflicts of interest regarding the publication of this paper.



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