

Solasodine Glycosides: A Topical Therapy for Actinic Keratosis. A Single-Blind, Randomized, Placebo-Controlled, Parallel Group Study with Curaderm^{BEC5}

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ABSTRACT

Background: Untreated actinic keratosis can advance to squamous cell carcinoma, which in turn is associated with a risk of metastasis. Current treatments for actinic keratosis have many shortcomings. This communication describes the efficacy and safety of a topical cream therapy, Curaderm^{BEC5}, containing solasodine glycosides (0.005%) for actinic keratosis. **Methods:** Randomly assigned patients with actinic keratosis on the face, trunk or extremities received solasodine glycosides cream (Curaderm^{BEC5}) or placebo (vehicle) that was self-applied to the lesions and covered with an occlusive dressing (micropore) twice daily for 3 consecutive days. Complete clearance and local reactions were assessed at 56 days with follow-up periods of 6 months and 1 year. **Results:** The rate of complete clearance at day 56 was higher with solasodine glycosides than with placebo (92% vs. 38%, $P < 0.001$). The absolute success rates after 1 year follow-up were 82% for solasodine glycosides and 18% for placebo. No differences in local reactions were obtained when solasodine glycosides and placebo were compared. Local reactions in both groups peaked at days 2 and 3 with local pain as the major event. The pain associated with treatments lasted approximately 10 minutes after application of solasodine glycosides and placebo. Complete reepithelialization occurred two weeks after treatment. Adverse events were generally mild to moderate in intensity and resolved without sequelae. **Conclusions:** Solasodine glycosides cream applied topically twice daily with a dressing for 3 days is effective for the treatment of actinic keratoses.

Keywords: Solasodine Glycosides; Solamargine; Solasonine; Actinic Keratosis; Apoptosis; Skin Cancer; Clinical Trial; Curaderm^{BEC5}

1. Introduction

Actinic keratosis (AK) also known as solar keratosis (SK) and senile keratosis is a premalignant lesion of thick, scaly or crusty patch of skin. It is associated with those who are frequently exposed to the sun and is more common in fair-skinned people, and it is usually accompanied by solar damage [1]. Actinic keratosis is very common, affecting half of the global population, and prevalence may vary with geographical location and age. Immunosuppressive drugs used in organ transplant patients increase the development of actinic keratosis more than 250 times which may lead to skin cancer. Actinic keratosis is considered as potentially pre-cancerous, since up to twenty percent of untreated lesions may progress to squamous cell carcinoma [2].

The treatments of actinic keratosis include different forms of surgery, curettage and cautery, cryotherapy, chemotherapy (5FU), radiotherapy, photodynamic therapy, diclofenac and imiquimod. Choosing the correct treatment regimen and being aware of its limitations can reduce the burden of disease and help to prevent squamous cell carcinoma. Potential scarring, low success rates, high recurrence rates, long duration of treatment and prolonged local reactions are major drawbacks with current treatments [3].

The glycoalkaloids solamargine and solasonine singly or in combination are known to be good antineoplastic biological therapeutic agents [4-36]. These chemical compounds occur in plants of the Solanaceae family such as *S. linnaeanum* (devil's apple) and *S. melongena* (egg-

plant) [37,38].

The antineoplastic mode of action of these solasonine glycosides has been elucidated. They are regarded as biological therapies, also known as targeted therapies that target the differences between cancer cells and normal cells. It appears that malignant cells have specific rhamnose receptors that bind to the rhamnose sugar moiety of the solasonine glycosides [6,27,31]. The solasonine glycosides are internalized by receptor-mediated endocytosis through “coated pit endocytosis”. Gradual transformation of receptorsomes to endosomes results in the formation of lysosomes. The solasonine glycosides then trigger extrinsic and intrinsic apoptotic pathways in the cancer cells by up-regulating the expressions of external death receptors, such as tumour necrosis factor receptor 1 (TNFR-1), Fas receptor, TNFR-1-associated death domain and Fas-associated death domain. The solasonine glycosides enhance the intrinsic ratio of Bax to Bcl-2 by up-regulating Bax and down-regulating Bcl-2 and Bcl-xL expressions. These effects result in activation of Caspase -8, -9 and -3 in cancer cells, indicating that extrinsic and intrinsic apoptotic pathways in cancer cells [8,22,23,27-31,38,39] are triggered by the solasonine glycosides.

Normal, non malignant cells do not possess the rhamnose binding protein receptor and are therefore not affected by therapeutic doses of the solasonine glycosides [4,5,27,29].

BEC is a standardized mixture of the solamargine (33%), solasonine (33%) and di- and monoglycosides (34%). All the glycosides contain the same aglycone solasonine [4, 20,21,29,32-36]. **Figure 1** shows the chemical structures of solamargine and solasonine.

Cream formulations containing the BEC solasonine glycosides are effective topical treatments for human malignant skin cancers [4,20-22,29,32-36]. Phases I and II clinical trials have established safety and efficacy of various forms of topical formulations [4,20,29,32-36,38, 39]. Subsequently with Phase III clinical studies it was shown that very low concentrations of BEC were required to eliminate the malignant skin cancers basal cell and squamous cell carcinomas [4,20,21,29,32,34-36,38]. The concentrations of BEC to treat the malignant lesions were similar to the effective concentrations of BEC with a wide variety of tumour cells in cell culture studies [5, 6,8-13,16,17,19-21,23,27-32,34-36].

However, with the studies of the very low concentrations of BEC in the topical cream, it was necessary to optimize the bioavailability of the BEC to the cancer cells. This was obtained by adding relatively high concentrations of the keratolytic agents salicylic acid and urea to the formulation.

In 1987 it was reported that 10% BEC in a topical cream formulation obtained regression in 23 of 23 kera-

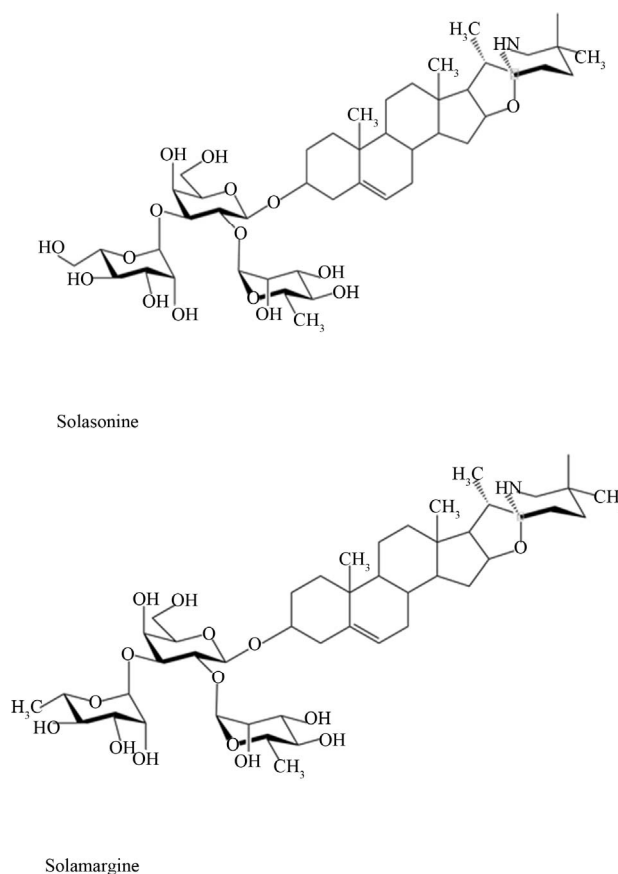


Figure 1. Chemical structures of solasonine and solamargine.

totic lesions in patients [33]. In an open study in 1991 clinical and histological observations indicated that 56 keratoses were cleared with very low concentrations (0.005%) of BEC in a cream formulation Curaderm^{BEC5} [32]. No adverse effects in the liver, kidneys or haematopoietic system with Curaderm^{BEC5} were reported [32]. In 1991 Curaderm^{BEC5} was licensed in Australia by the TGA for the indication of solar keratosis.

In all previous studies the treatment periods for AK ranged from 1 - 3 weeks [32,33].

No studies are available to determine the optimal time period for Curaderm^{BEC5} treatment and the effect of the Curaderm^{BEC5} placebo on AK.

This communication describes a single-blind, placebo-controlled clinical trial using Curaderm^{BEC5} topically for 3 days for the treatment of clinically diagnosed AK.

2. Materials and Methods

Study design—This trial was a single-blind, randomized, vehicle-controlled clinical study. The cream formulation Curaderm^{BEC5} is available to patients in several countries.

Curaderm^{BEC5} was used as the active test medication and vehicle (Curaderm^{BEC5} cream without the BEC solasodine glycosides) was used as the placebo control. AK included in the study was clinically diagnosed.

Assignment to treatment groups—The active medication Curaderm^{BEC5} and vehicle cream were randomly assigned in advance at a ratio 1:1. The patients were blinded to treatment.

Method of application—The cream was applied as a thin layer (approximately 50 - 100 microliters) to the lesion every 12 h under occlusive dressing (micropore paper tape) for 3 days. Both the active Curaderm^{BEC5} cream and the vehicle produced local irritation and erosion of the lesion. Hence, there was no clinical bias of the patient.

Study medication and evaluation—The vehicle was composed of 10% salicylic acid and 5% urea in a stabilized cetomacrogol base. Curaderm^{BEC5}, on the other hand, was composed of the vehicle + 0.005% solasodine glycosides (BEC) [32,34,36].

Patient inclusion criteria—Patients aged 42 years and over consisting of 40 males (mean age 66 years) and 38 females (mean age 68 years) with clinically diagnosed AK were included in this study. The patients had Fitzpatrick skin types I, II and III (Table 1). All subjects had the physical ability to apply the study preparations correctly and to follow the study restrictions and visits. Each patient had at least 3 but not more than 8 clinically confirmed AK target lesions. The lesions were clinically typical, visible and discrete AKs on the face, scalp, trunk and extremities.

Patient exclusion criteria—Excluded from the study were patients 1) who were pregnant or lactating; 2) with known sensitivity or allergy to the active medication; 3) being immune suppressed; and 4) who had used 5FU or topical treatments within the preceding 2 months; 5) who had active chemical dependency or alcoholism; and 6) who had atrophic, hypertrophic, pigmented, hyperkeratotic lesions or cutaneous horns.

Post-treatment follow-up—Successfully treated patients were followed-up at 6 months and 12 months. Failures

were withdrawn and treated by alternative methods.

Statistical analysis—A total of 78 patients (39 in the active group and 39 in the vehicle group) were enrolled in this study. The subjects had 3 to 8 clinically typical, visible, discrete AK lesions. The primary efficacy endpoint was assessed as healing at Day 56 of test lesion, established by clinical evaluation upon completion of the 3-day treatment. Complete clearance rate was defined as the proportion of subjects or lesions with no (zero) clinically visible AK lesions at the treatment sites. The secondary efficacy endpoints were global evaluation of response to treatment, assessment of local irritation, and cosmetic outcome as evaluated by an assessment of scarring during the follow-up (categorized as none, mild, moderate, severe). The safety endpoint was assessment of the frequency, nature, and severity of adverse events.

The intention-to-treat (ITT) population was used to assess the primary and secondary efficacy endpoints. The ITT population included all patients who received study medication. The primary and secondary efficacy variables were analyzed by the Cochran-Mantel-Haenszel test (CMH test).

3. Results

Figure 2 shows a flow diagram of the participants. In the Curaderm^{BEC5} group 38 of 39 patients (97.4%) and in the vehicle group 37 of 39 patients (94.8%) adhered to the 3-day dosing regimen. One patient of the Curaderm^{BEC5}

Table 1. Demographics.

Characteristic	Treatment group	
	Curaderm ^{BEC5} n = 39	Vehicle n = 39
Age (in years): mean	65.8	68.2
Sex: Male	20	20
Sex: Female	19	19
Race: Caucasian	39	39
Fitzpatrick skin types I, II and III		

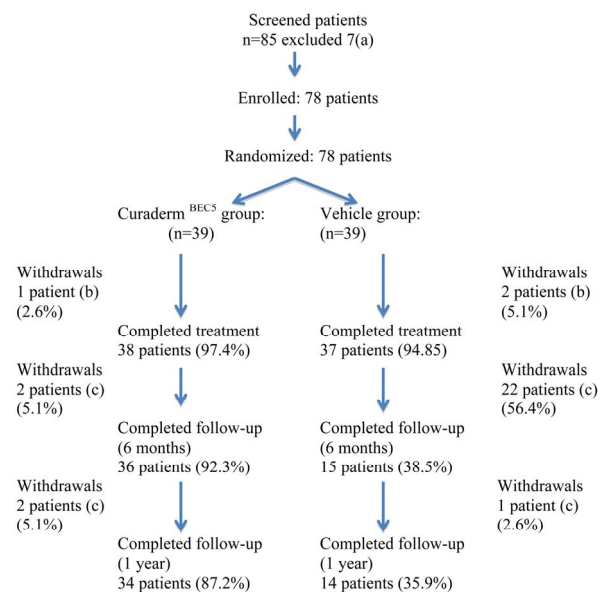


Figure 2. Results flow of participants. Notes: (a) these patients had either atrophic, hypertrophic or hyperkeratotic lesions; (b) 1 patient of the Curaderm^{BEC5} group and 2 patients of the vehicle group experienced burning sensations at application sites; (c) on clinical examination these patients were diagnosed with the presence of AK.

group and 2 patients of the vehicle group experienced burning sensations at application sites after the second dose was administered and withdrew from the study.

Table 2 shows that there were statistically significant differences in efficacy of Curaderm^{BEC5} and vehicle groups ($P < 0.001$) as assessed clinically at 8 weeks, 6 months and 1 year after the 3 days treatment period (89% at 8 weeks and 93% at 1 year for Curaderm^{BEC5} as compared to 35% at 8 weeks and 30% at 1 year for vehicle). The recurrence rates in the vehicle group were higher on follow-up after 6 months and 1 year. The recurrences in the Curaderm^{BEC5} group were much lower than the vehicle group. The absolute success rates, defined as the total number of patient population and number of AK who were clinically symptom-free after 1 year relative to the number of population and AK on commencement of trial, were 82% (population) and 78% (AK lesions) for the Curaderm^{BEC5} treatment group. For the vehicle group the absolute success rates were 18% (population) and 10% (AK lesions).

There were no SAEs related to Curaderm^{BEC5} or vehicle.

The observed adverse events were similar in both the Curaderm^{BEC5} and vehicle groups (**Table 3**).

Table 2. Intention-to-treat population statistics.

		Curaderm Ratio (%)	Vehicle Ratio (%)
	Population	39 (100)	39 (100)
	AK lesions	158 (100)	143 (100)
Completed treatment (3 days)	Population	38/39 (97)	37/39 (95)
	AK lesions	154/158 (97)	140/143 (98)
Treatment success (8 weeks after treatment)	Population	36/39 (92)	15/39 (38)
	AK lesions	140/158 (89)	50/143 (35)
Treatment failure	Population	3/39 (8)	24/39 (62)
	AK lesions	18/158 (11)	93/143 (65)
Number with follow-up	Population	34/36 (94)	14/15 (93)
	AK lesions	133/140 (95)	46/50 (92)
Recurrence at 6 months	Population	2/34 (14)	6/14 (43)
	AK lesions	9/133 (7)	30/46 (65)
Recurrence at 12 months	Population	0/32 (0)	1/18 (6)
	AK lesions	0/124 (0)	2/16 (13)
Overall recurrence	Population	2/34 (6)	7/14 (50)
	AK lesions	9/133 (7)	32/46 (70)
Success at 1 year	Population	32/34 (94)	7/14 (50)
	AK lesions	124/133 (93)	14/46 (30)

Table 3. Local skin reactions in the treatment area at end of treatment (3 days, 2 applications per day) and during 56 days post treatment.

Skin reactions	3 days treatment		56 days post treatment	
	Curaderm ^{BEC5}	vehicle	Curaderm ^{BEC5}	vehicle
Erythema	151 (97%)	140 (98%)	4 (2%)	3 (2%)
Swelling	131 (83%)	121 (85%)	0 (0%)	0 (0%)
Erosion	142 (90%)	126 (88%)	0 (0%)	0 (0%)
Crusting	126 (80%)	119 (83%)	4 (2%)	9 (6%)
Loss of pigment	0 (0%)	0 (0%)	5 (3%)	7 (5%)

There were no statistical significant differences in the parameters when Curaderm^{BEC5} was compared with the vehicle.

Local skin reactions, including erythema, flaking/scaling, pruritus, swelling, crusting, and erosion/ulceration, pigmentation changes and scarring were assessed within the selected treatment area.

Local skin reactions consisting mainly of erythema, scaling, erosion and mild to moderate pain due to Curaderm^{BEC5} and vehicle typically occurred 1 day (third application) of treatment initiation, peaked in intensity until completion of treatment (third day, 6 applications), and resolved within 2 weeks. Subjective assessment of the treated lesions for scarring at 6 months and 1 year showed no significant differences between treatment groups.

Figures 3 to 5 show AKs before, during and after therapy with Curaderm^{BEC5}. It can be seen that during (Day 3, final day of treatment) the lesions were inflamed, with some scaling, crusting and erosion (**Figures 3(b) and 4(b)**). These skin reactions resolved within 2 weeks (**Figures 3(c) and 4(c)**). At 56 days after treatment there was no evidence that the successfully treated lesions were once present (**Figures 3(d) and 4(d)**).

Figure 6 shows two separate AKs, before and 56 days after completion of treatment with Curaderm^{BEC5}.

A small proportion of patients experienced depigmentation during Curaderm^{BEC5} therapy, but this is resolved over a period of time (**Figure 7**).

4. Discussion

AK is very common, affecting half of the global population. Untreated lesions have up to 20% risk of progression to squamous cell carcinoma that in turn has 2% - 6% risk of metastasizing with the potential of fatality. So treatment of AK is recommended.

The type of treatment of AK depends on size, location and number of lesions present as well as individual patient characteristics.

If only a small number of AK is to be treated, treat-

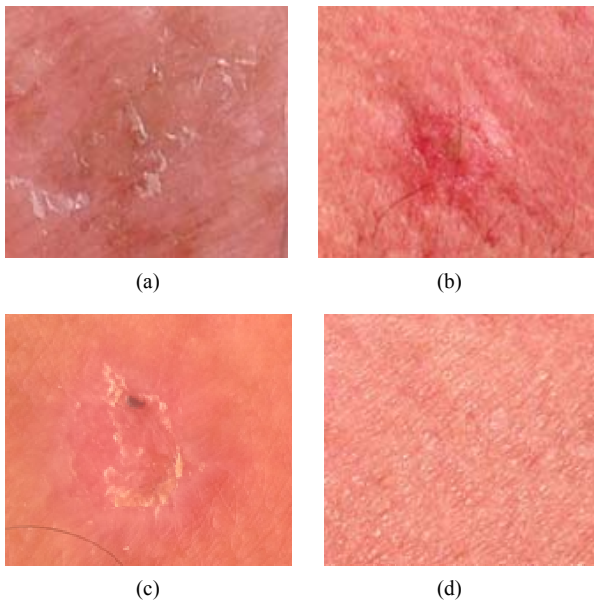


Figure 3. AK before Curaderm^{BEC5} therapy (a); some erosion can be seen at completion of 3 days treatment (b); minor crusting is present 2 weeks after completion of treatment (c); no residual lesion present 56 days after treatment (d). The total Curaderm^{BEC5} treatment period was 3 days with 6 applications only.

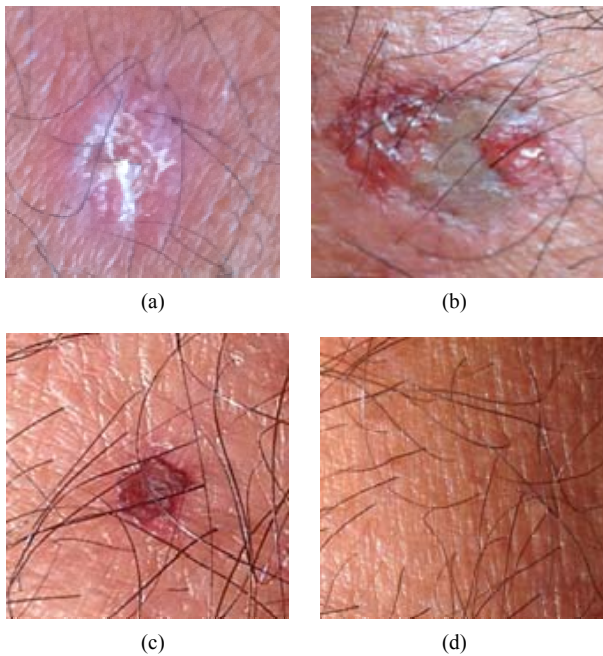


Figure 4. AK before Curaderm^{BEC5} therapy (a); significant erosion and ulceration are seen at completion of 3 days treatment (b); healing of treated lesion with minor crusting is seen 2 weeks after completion of treatment (c); no residual lesion present 56 days after treatment, it is not possible to distinguish where the lesion was before treatment (d). The total Curaderm^{BEC5} treatment period was 3 days with 6 applications only.

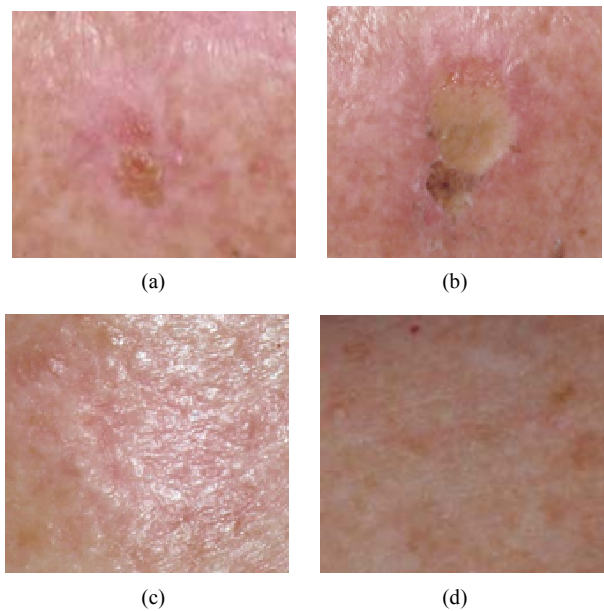


Figure 5. AK before Curaderm^{BEC5} therapy (a); significant erosion and ulceration are seen at completion of 3 days treatment (b); healing of treated lesion is seen 2 weeks after completion of treatment (c); no residual lesion present 56 days after treatment, it is not possible to distinguish where the lesion was before treatment (d). The total Curaderm^{BEC5} treatment period was 3 days with 6 applications only.

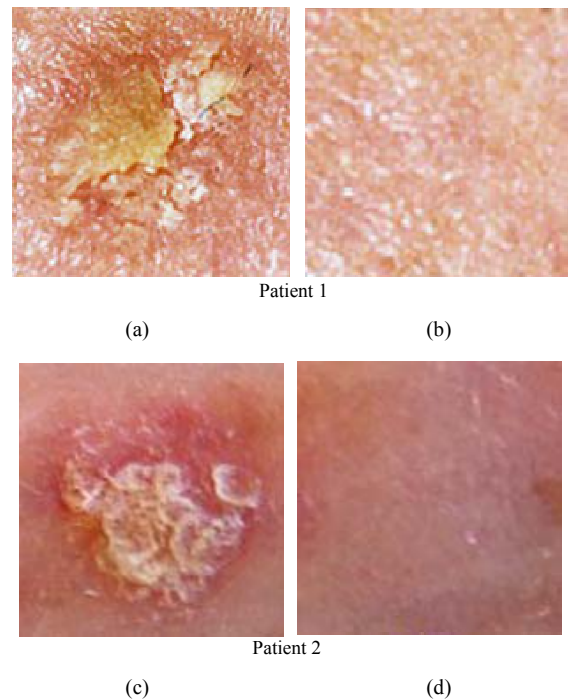


Figure 6. Two AKs before Curaderm^{BEC5} therapy (a); and 56 days after 3 days of treatment (b).

ment is focused on physically removing individual lesions by cryotherapy, curettage or shave excision. How-

ever, some of the disadvantages of these methods include moderate pain, discomfort, scarring, and need of local anaesthetic, infection, abnormal pigmentation and recurrence.

For more widespread AK, topical therapies are available such as 5-FU, imiquimod, diclofenac and photodynamic therapy (PDT). Some disadvantages of topical therapies are discomfort, burning, itch, redness, crusting, ulceration, erosion, weeping, flaking, vesicle formation, intolerable pain, and recurrence of the treated lesions and long duration of therapy. In particular, formulations of imiquimod must be applied for periods of weeks to months, fluorouracil for weeks, and diclofenac for months. In addition to the drawbacks of long duration of treatments and consequently prolonged local reactions, which lead to less-than-ideal adherence to therapy, one has to address the success rates. For example, 3% diclofenac gel treatment for 60 days results in 33% success rates; those who received placebo had success rates of 10% [40]. Three months treatment resulted in a higher success rate of 50%, so did the placebo, which had a 20% success rate [41]. Similarly, treatment with various imiquimod formulations for up to 16 weeks resulted in clearances of 30.6% to 45.1% [42,43]. Fluorouracil cream applied for 1 to 4 weeks resulted in clearances of AK ranging from 19.5% to 47.5% [44,45].

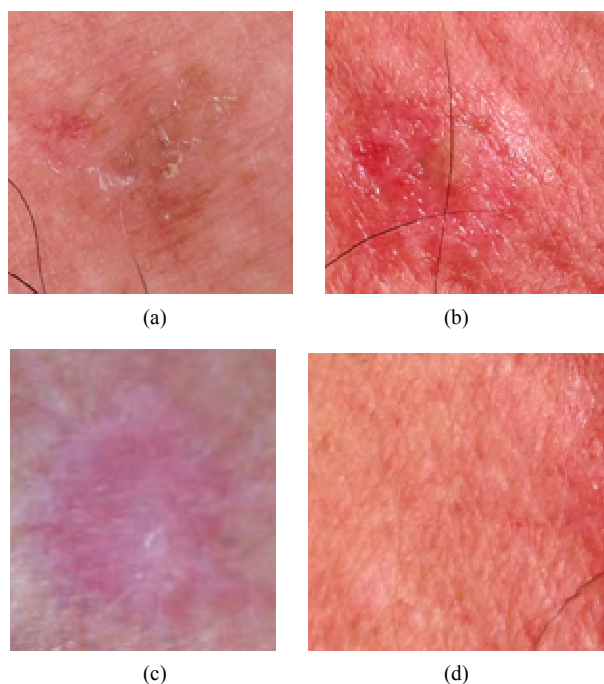


Figure 7. An AK on the chest of a patient before (a); at completion of 3 days treatment (b); 56 days after treatment (c); and 6 months after completion of treatment (d); A depigmented area is seen 56 days after treatment. Treatment area has regained normal pigmentation after 6 months.

Recently a new topical gel containing ingenol mebutate has been reported for the treatment of AK. This topical gel shows the same disadvantages as described for other topical treatments. Reports on ingenol mebutate indicate that the treatment period for AK is much less than other topical treatments. However, the success rates are not much better and are in the same range as other topical treatments. The absolute efficacy of ingenol mebutate with the follow-up period of 1 year is 21% - 25% [46]. It is interesting to note that in the current study the absolute efficacy with a follow-up period of 1 year for the vehicle group is 18%. In a previous clinical trial it was shown that the same vehicle used in the current study had a therapeutic effect on basal cell carcinoma. The keratolytic agents salicylic acid and urea appear to have a beneficial effect on AK and basal cell carcinoma. A similar cream formulation but without BEC, salicylic acid and urea has no therapeutic effect on AK (unpublished observations). However, as shown in this study and the clinical trial with basal cell carcinoma, the therapeutic effect of the BEC glycoalkaloids in Curaderm^{BEC5} is statistically significant when compared to the placebo effect of salicylic acid and urea ($p < 0.001$).

In other studies with longer duration treatment periods it was shown that Curaderm^{BEC5} is effective for the treatments of keratosis, basal cell carcinoma and squamous cell carcinoma [4,29,32-36,38]. It was recently reported that SR-T100 extracted from *S. incanum* containing solamargine as the main active ingredient induced apoptosis in squamous cell carcinoma *in vitro* and *in vivo*. SR-T100 induced the expression of tumour necrosis factor receptors (TNFRs) and Fas. SR-T100 also triggered the mitochondrial apoptotic pathway by up-regulating cytochrome c and Bax and down-regulating Bcl-xL. These observations confirm the mode of action of solasodine glycosides as previously described [8,22,23,27-31,38,39]. SR-T100 was effective against micro invasive squamous cell carcinoma in hairless mice and AK in human patients. The treatment for AK was for 16 weeks and there were negligible discomforts [47].

A successful topical treatment for AK in the clinical setting dictates that the treatment should be effective, safe and convenient to use. Now, for the first time, it is shown that 6 applications of Curaderm^{BEC5} over a 3-day period results in the clearance of over 80% of AKs.

The 35% success rate for the vehicle group may be explained by the presence of the effective keratolytic agents salicylic acid and urea in the composition resulting in the clearance of some AK. An identical placebo used in Curaderm^{BEC5} clinical trials of basal cell carcinoma also resulted in high (25%) success rates [34].

Less than 1 milliliter of the solasodine glycoside cream is adequate to clear an AK lesion. This is an important

issue, since it has been reported that skin cancer is among the most costly of all cancers to treat for the USA Medicare population. In light of the already high and rising incidences, the cost of keratosis and non-melanoma skin cancer care to Medicare is likely to increase. Thus, it is essential to preserve low per-patient costs of their management [48]. The relative rapid resolution of local reactions and the short duration of treatment period lead to very high adherence to Curaderm^{BEC5} therapy. This is in stark contrast to most other treatment modalities.

Interaction and internalization of BEC with a specific rhamnose binding receptor protein identified on cancer cells trigger extrinsic and intrinsic apoptotic pathways resulting in apoptosis of the affected cells. Specificity is the key factor of BEC. It was previously reported that regeneration of new epidermis at the application site of Curaderm^{BEC5}, despite continued application of Curaderm^{BEC5}, occurred when treating basal cell carcinoma [34] and squamous cell carcinoma [36]. Preclinical [4,8,22,23,27-31,38] and clinical [4,20-22,29,32-36] observations support that BEC preferentially acts in the lysis of transformed cells by apoptosis as opposed to normal cells which remain unaffected. This may explain the remarkably good cosmetic outcome of Curaderm^{BEC5} in the current study with AK and previous studies with basal cell and squamous cell carcinoma [4,20-22,29,32-36]. It is currently unknown whether the immunological effects of solasodine glycosides [25] play a role in the treatment of cutaneous lesions.

Previous studies with Curaderm^{BEC5} and other similar formulations containing very high concentrations of BEC for the treatments of non melanoma skin cancers in which the treatment periods were for several months showed that there were no systemic side effects. Extensive laboratory blood tests and urine tests were done in those studies [32,34,36]. Such tests showed no systemic adverse effects. The treatment period in this current study was for only 3 days. Therefore, in the current study no laboratory blood tests were performed.

A shortcoming of this study is that it is a single-blinded study. Nevertheless, clinical observations showed that both Curaderm^{BEC5} and the vehicle expressed similar skin reactions.

This current study confirms that Curaderm^{BEC5} has overall efficacy, patient acceptance and low incidence of local adverse events. It appears that the transformed cells constituting AK may possess the rhamnose binding protein receptor. The local adverse events, which can be considered as a shortcoming, are due to the excipients salicylic acid and urea and not the BEC glycoalkaloids. The main adverse event was mild to moderate pain at the treatment site immediately after application of Curaderm^{BEC5} and/or vehicle. This irritation lasted for approximately 15

minutes. Studies are currently underway to establish the effect of a localized topical anaesthetic on Curaderm^{BEC5} therapy for AK and other non-melanoma skin cancers.

5. Conclusions

In the present study, it is shown that effective clearance of AK with Curaderm^{BEC5} compared to vehicle alone is obtained. Three days of treatment with Curaderm^{BEC5} is well tolerated with no serious treatment related adverse events. The adverse events that are observed are not due to the BEC glycoalkaloids.

Four clear benefits arise from treatment of AK with Curaderm^{BEC5}. The first benefit is the relatively very high success rate of over 80% for Curaderm^{BEC5} versus 18% for the placebo. Secondly, the short duration of treatment resulting in very high (97%) adherence to Curaderm^{BEC5} therapy is also very acceptable to the patient. Thirdly, Curaderm^{BEC5} therapy is relatively inexpensive. Fourthly, the cosmetic outcome after Curaderm^{BEC5} therapy is impressive. The BEC glycoalkaloids cream, Curaderm^{BEC5}, is a safe and effective alternative topical treatment for AKs.

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