



Special Issue on Health and Well-Being

Call for Papers

Health and Well-Being is an interdisciplinary academic field focused on understanding the factors that contribute to physical, emotional, and social wellness. It encompasses the study of lifestyle habits, environmental influences, genetic predispositions, and healthcare practices that impact an individual's quality of life. By integrating knowledge from public health, psychology, sociology, and biology, this topic aims to identify strategies for promoting optimal health and preventing illness, ultimately striving for a holistic approach to enhancing well-being across diverse populations.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Health and Well-Being**. Potential topics include, but are not limited to:

- Public health and epidemiology
- Nutritional sciences
- Mental health
- Exercise, physical fitness and well-being
- Environmental health
- Occupational health and safety
- Health psychology and behavioral medicine
- Aging and gerontology
- Public health and well-being
- Global health, diversities and challenges
- Social and emotional well-being
- Quality of life and well-being
- Health risk behaviors and behavior change for better health
- Health promotion and education for better health
- Social determinants of health

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – *Health and Well-Being***” should be chosen during your submission.

According to the following timetable:



Submission Deadline	October 25th, 2024
Publication Date	December 2024

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

Health Editorial Office
health@scirp.org