



Special Issue on Sport, Exercise and Health Sciences

Call for Papers

"Sport, Exercise, and Health Sciences" is an interdisciplinary academic field that examines the role of physical activity and sport in health and society. It integrates knowledge from exercise physiology, biomechanics, nutrition, psychology, and public health to understand and enhance athletic performance, improve physical health, and promote psychological well-being. The field explores mechanisms behind the health benefits of exercise, strategies for disease prevention and management, and the impact of physical activity guidelines on public health. It also addresses sports performance optimization, injury prevention, and the sociocultural aspects of sport and physical activity. This field aims to provide scientific evidence to guide healthy living and sporting practices.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Sport, Exercise and Health Sciences**. Potential topics include, but are not limited to:

- Exercise physiology
- Biomechanics and kinesiology
- Exercise, nutrition and health
- Exercise and health promotion
- Physical activity and public health
- Sports medicine
- Sports injuries and management
- Motor control and learning
- Sports performance analysis
- Exercise epidemiology
- Sports and cardiology
- Neuroscience of exercise
- Sports psychology
- Physical activity and rehabilitation
- Sports sociology
- Youth sports and physical education

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the "**Special Issue**" under your manuscript title is supposed



to be specified and the research field “**Special Issue – Sport, Exercise and Health Sciences**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	October 8th, 2024
Publication Date	December 2024

For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

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