

Performance of the health system in China and Asia as measured by responsiveness

Paul Kowal^{1,2*}, Nirmala Naidoo¹, Sharon Renee Williams³, Somnath Chatterji¹

¹World Health Organization, Department of Health Statistics and Information Systems, Multi-Country Studies unit, Geneva, Switzerland; *Corresponding author: kowalp@who.int

²University of Newcastle, Priority Research Centre on Gender, Health and Ageing, Newcastle, New South Wales, Australia;

³Purdue University, Department of Anthropology, West Lafayette, USA.

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ABSTRACT

Objectives: To examine differences in health system responsiveness across different sectors in China and to compare to other Asian countries. **Methods:** The World Health Survey was implemented in a nationally representative sample in China and 10 additional Asian countries from 2002-2003. Face-to-face interviews were conducted to gather health care utilization and health systems responsiveness data. **Results:** Overall health system responsiveness in China was better for the inpatient than the outpatient health system. Differences were seen by domain, with prompt attention and respectful treatment performing better than the other domains. Differences in responsiveness were seen by socio-demographic characteristics, with women and younger respondents rating inpatient systems, whereas men and higher educated respondents rated outpatient systems, more responsive. **Conclusions:** As populations age, health care systems will come under more pressures—responsiveness can be used by governments to guide policy and system improvement efforts when resources are limited. In China, reforms might prioritize outpatient system responsiveness.

Keywords: Ageing; Adult Health; Health; Planning; Health Policy; Health Systems

1. INTRODUCTION

Responsiveness of a health care system involves assessing individual experiences. Compiling these experiences at a population level provide valuable inputs for policy and planning, especially for a country like China which has gone through significant changes in their sys-

tems over the past few decades (health policies in the 1970's ("barefoot" doctors to private health care) and social policies in 1980's (in particular, related to fertility)) and the ongoing health transition [1-6]. By 2030, older adults will bear two-thirds of the total disease burden in China [2]. Before the year 2020, the number of people aged 60 years and older in China will exceed the number of people younger than 15 years. [7]

The economic impacts for society increasingly concerned with adult health needs may be mitigated by a highly responsive health care system. It is anticipated that a responsive health system contributes to improved health outcomes and cost-efficiencies [8,9]. Responsiveness will be one mechanism for monitoring how well the health care system adapts to future population health profiles.

WHO developed responsiveness as a concept primarily to evaluate general health care systems on a national level. It has also been applied to specific services within a health care system [10,11]. Health system responsiveness is related to both what actually transpires when patients come into contact with the health system and the environment in which they are treated [12-15]. It is influenced by interactions with the health system and is a key outcome measure for assessing the performance of a health care system. A common set of eight domains forms the basis for measuring responsiveness and are commonly arranged into interpersonal and structural groupings. In a previous study, Chinese respondents rated prompt attention and dignity well ahead of the other domains [16].

The first objective was to identify differences in responsiveness by age, sex, health state and type of care used (inpatient or outpatient); the second to create an overall responsiveness variable, adjusted by vignette ratings; the third to identify predictors of health system responsiveness in China; and finally, to compare China to a number of other countries in the region.

Overall health and responsiveness scores were generated for the Chinese health system for the World Health Survey. Each of the scores condenses multiple dimensions into a summary score and was adjusted by use of anchoring vignette methods to improve data comparability. The components and distributions of both scores are presented here across various population characteristics. Additionally, health system responsiveness scores for six countries in south and south-eastern Asia were generated to compare with the Chinese health system responsiveness results, as a means to put the results into some perspective.

2. METHODS

2.1. Data

Weighted data from the World Health Survey China 2002 was used for this analysis. The WHS was implemented as a face-to-face household survey with the sample drawn from a current frame using a stratified, multi-stage cluster design to allow each household and individual respondent to be assigned a known non-zero probability of selection. More information about the WHS sampling and data collection are available in previous publications [17]. In China, the survey was carried out in Gansu, Guangdong (including Shengzhen city), Hebei, Hubei, Jiangsu, Shaanxi, Sichuan and Zhejiang provinces. Of the other countries, India's survey was implemented in a nationally representative sample, using multi-stage sampling, and random selection of six states that represent 96% of the population, while the Philippines, Malaysia, Nepal, Sri Lanka, and Viet Nam all used nationally representative samples.

The responsiveness results are categorized into two groups, each consisting of four domains. **Table 1** also provides brief descriptions of what the domain covers, and the topic of questions asked during the interviews.

Table 1. Responsiveness groupings, domains and definitions.

Group	Domain	Definitions
Interpersonal	Dignity	Talked respectfully Privacy
	Communication	Clear explanations Time for questions
	Autonomy	Treatment information Patient involvement
	Confidentiality	Talk privately Confidentiality of records
Structural	Choice of Health Care Provider	Choice of provider
	Quality of Basic Amenities	Cleanliness Space
	Access to Support	Family visit External contact
	Prompt Attention	Travel time Wait time

Source: Valentine 2003.

2.2. Analyses

Distributions of responsiveness by age groups, sex, health score and inpatient and outpatient care use was carried out using bivariate analyses. Data from the various responsiveness domains were analysed using the Compound Hierarchical Ordered Probit Model [18] to adjust for systematic reporting biases across respondents. The covariates used in the model were age, sex and income quintiles. Each domain of responsiveness was first estimated as a score on a latent variable scale and then transformed from 0 - 100 where 0 indicates worst and 100 indicates best responsiveness. The "choice" domain was dropped from both inpatient and outpatient calculations, whilst the "social support" variable was not applicable for outpatient care. A confirmatory factor analysis was then carried out with the scores from the seven individual domains for a one factor solution. The factor loadings were then used to create an overall composite score across the different domains and this was rescaled from 0-100 as was done with the individual domain scores. Analyses were carried out using the probability weights and variance estimations, taking into account the complex survey design with the Taylor series method using STATA 11.0.

3. RESULTS

The sample size was 3993 with response rate of 92.8% (**Table 2**). This included 19.1% of respondents aged 60

Table 2. Percent distribution of men and women by age, residence, marital status and education, China 2003.

	Male	SE	Female	SE	Total	SE
Age						
18 - 29	16.5	1.4	20.1	1.5	18.3	1.2
30 - 44	32.2	2.5	32.2	3	32.2	2.5
45 - 59	31	2	29.7	1.7	30.4	1.6
60 - 69	11.7	1	9.5	0.6	10.6	0.5
70 - 79	6.4	0.9	6.9	1.2	6.6	0.9
80+	2.3	0.5	1.5	0.3	1.9	0.3
Residence						
Urban	30.2	4.8	31.4	4	30.8	4.3
Rural	69.8	4.8	66.6	4	69.2	4.3
Marital status						
Never	12.7	1.1	10	0.8	11.4	0.8
Currently married	82.6	1.1	81.2	1.4	81.9	0.7
Separated	0.1	0	0.1	0	0.1	0
Divorced	0.7	0.2	0.8	0.2	0.7	0.2
Widowed	3.8	0.6	7.9	1.2	5.9	0.7
Cohabiting	0.2	0.1	0.1	0.1	0.1	0.1
Education						
No formal	4.9	0.8	16.2	1.5	10.7	1
Less than primary	9.8	1.9	9.6	1.2	9.7	1.5
Primary	23.9	1.6	25.2	2.2	24.5	1.6
Secondary	34.1	2	26.2	2	30.1	1.6
High school	16.1	1.4	14.7	1.3	15.4	0.7
College	10.7	2.4	8	1.5	9.3	1.8
Post-graduate	0.5	0.1	0.1	0.1	0.3	0.1
Total	1957		2036		3993	

Source: World Health Survey, 2003.

years and older, 51.1% female, 10.6% with no formal education, 82% currently married or cohabiting and 69.2% rural living. Less than 8% of the sample rated their overall general health as bad or very bad. Using the multi-dimensional construct for estimating health status, average health scores were better for men, urban dwellers and households with higher income [2]. Females were more likely to use inpatient (59%) and outpatient (57%) services. Just over 12% (N = 488) of respondents had an overnight stay in a health care facility in the last year and over 35% (N = 1191) used ambulatory care services.

3.1. Mean Responsiveness Scores by Respondent Characteristics

Sex, age and socio-economic characteristics influen-

ced the experiences with the health care system. Chinese women, younger respondents, rural dwellers, lower income and education levels rated inpatient system responsiveness better (see **Figure 1**). Conversely, men, older respondents and higher socio-economic status respondents rated outpatient system responsiveness higher.

For inpatient care, the sex differences in responsiveness was largest for the confidentiality, social support and prompt attention domains. Clear age differences in responsiveness were seen for autonomy, social support, communication, quality of amenities and prompt attention. Urban and rural dwellers differed in rating quality of basic amenities. Ratings for the income quintiles were largely similar, except for the poorest rating quality of amenities higher than wealthiest and wealthiest rating social support better than poorest.

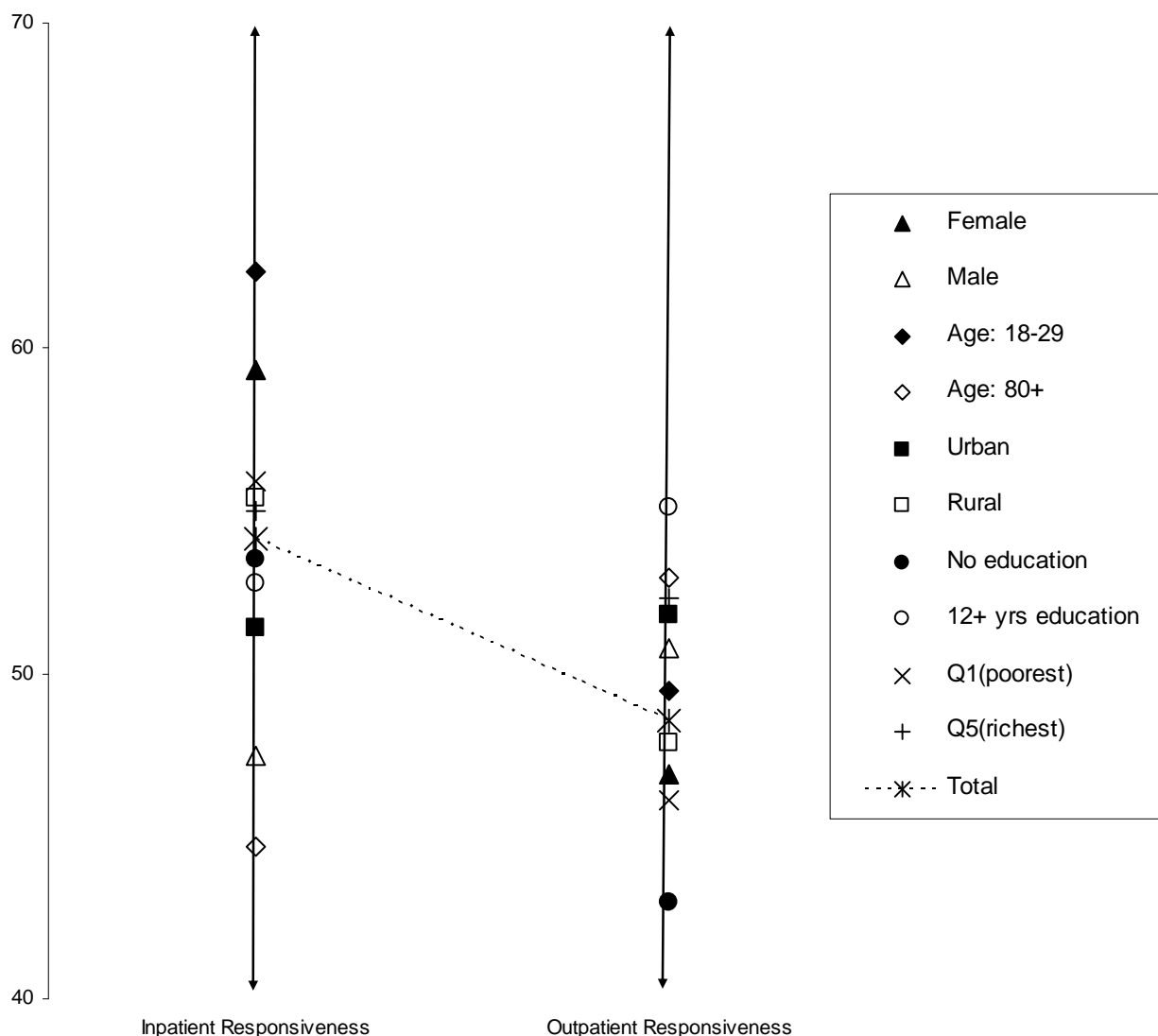


Figure 1. Mean overall responsiveness scores (on scale of 0 - 100) for inpatient and outpatient systems by selected respondent characteristics, China 2003.

For outpatient care, the magnitude of sex differences was smaller for all domains, with the largest differences for respectful treatment, communication and prompt attention. Older respondents indicated better ratings for prompt attention, communication and quality of amenities, whilst younger respondents rated confidentiality and autonomy much better. Urban and rural dwellers had similar ratings for all domains, except for the communication and quality of amenities domains. Socio-economic status did not report large differences except for confidentiality.

3.2. Mean Responsiveness Scores by Domain

Overall responsiveness was better for the inpatient than outpatient care system. The overall scores by domain were similar, with the greatest difference seen in the communication domain when comparing inpatient and outpatient responsiveness (see **Figure 2**). The variability in ratings across domains were larger for outpatient care than inpatient care.

3.3. Rank Ordering of the Responsiveness Domains

The importance of the domains, essentially a valuation of the domains, were ranked using the overall mean results for

each domain. Dignity/respectful treatment and perceived quality of basic amenities were the two highest ranking domains across all selected socio-demographic characteristics (see **Table 3**). Social support and autonomy were generally ranked lowest. No sex differences were seen in ranking the remaining four domains, but with some differences in ranking by urban/rural location, income quintile and age groupings. The lowest income quintile ranked confidentiality, prompt attention and choice domains, whilst the highest income quintile respondents ranked confidentiality, communication and prompt attention in the third, fourth and fifth spots respectively.

3.4. Domain Scores by Region/Province

Sichuan, Shaanxi, Jiangsu and Shanxi had the highest overall mean responsiveness scores for inpatient care, with Hebei the lowest (see **Table 4**). Sichuan, Shaanxi and Hebei had much higher standard errors than Jiangsu and Shanxi provinces. Similarly, outpatient care in Sichuan and Jiangsu had high overall scores as compared to the other provinces. Again, respondents in Hebei reported the lowest responsiveness scores for the health care system, but was joined by low scores from respondents using ambulatory care services in Zhejiang. The largest disparity between inpatient and outpatient responsiveness was

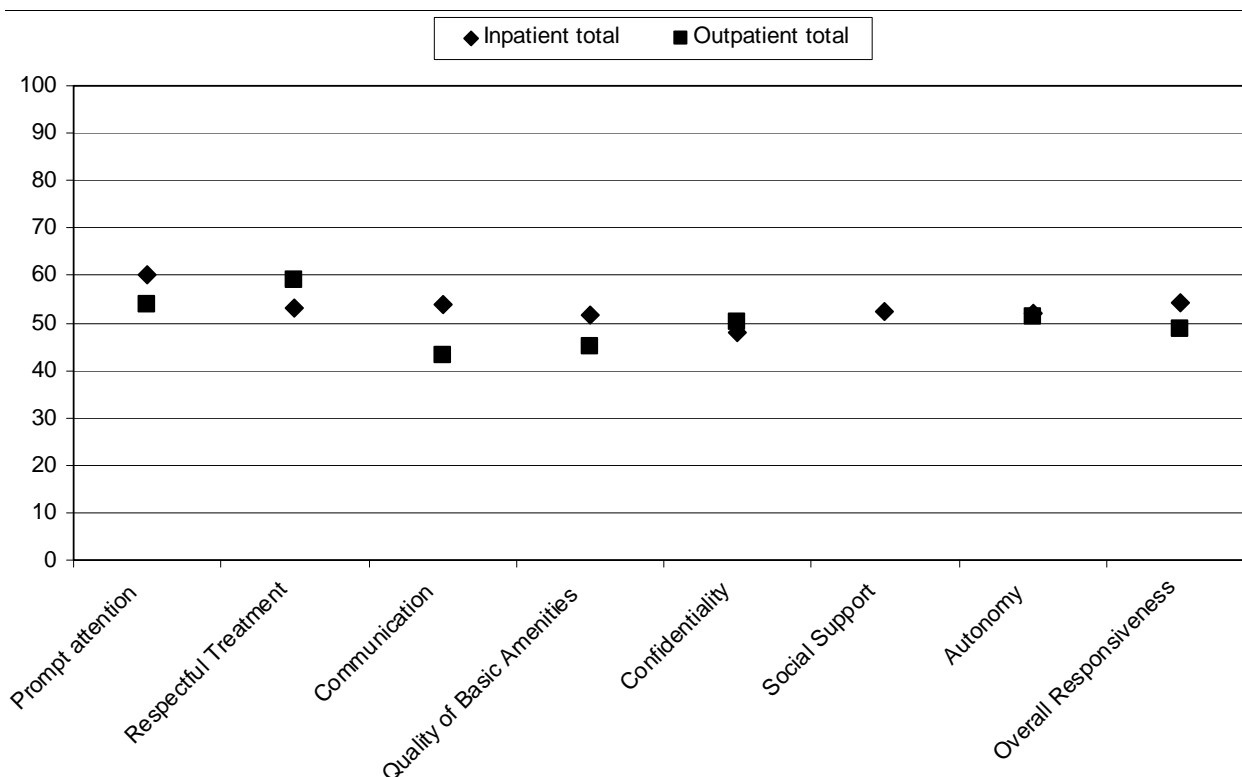


Figure 2. Mean domain-specific and overall responsiveness scores for inpatient and outpatient care systems, China 2003.

Table 3. Rankings of importance of responsive domain by selected social and demographic variables*, China 2003.

	Overall	Male	Female	Urban	Rural	Low SES	High SES	Age < 50	Age 50+
Dignity/respect	1	1	1	1	1	1	1	1	1
Confidentiality	4	4	4	5	3	3	3	3	5
Prompt attention	3	3	3	3	4	4	5	4	3
Choice	6	6	6	6	6	5	6	6	6
Autonomy	7	7	7	7	7	7	8	7	7
Quality	2	2	2	2	2	2	2	2	2
Access to support	8	8	8	8	8	8	7	8	8
Communication	5	5	5	4	5	6	4	5	4

* Where 1 = highest ranking (highest importance) and 8 = lowest ranking.

Table 4. Mean overall responsiveness scores for regions/provinces, by inpatient or outpatient care use, China 2003.

Region/province	Inpatient		Outpatient	
	Mean	SE	Mean	SE
Jiangsu	58.7	0.8	53.3	2.5
Guangdong excluding Shenzhen	55.3	2.5	49.5	1.1
Guangdong	44.6	2.4	44.1	1.0
Shanxi	58.0	1.2	48.0	4.7
Zhejiang	47.0	3.5	37.4	5.1
Hebei	38.1	5.2	34.1	4.7
Hubei	50.0	1.9	44.9	2.9
Sichuan	59.1	6.5	58.0	2.9
Gansu	52.9	6.3	49.2	1.2
Shaanxi	59.0	5.7	49.7	4.0
Total	53.0	1.4	48.5	1.3

was seen in Shanxi province. Most consistent was Sichuan province.

3.5. Responsiveness in Countries of South and South-East Asia

Mean responsiveness scores for both inpatient and outpatient health systems were generated for an additional six countries, India, Malaysia, Nepal, the Philippines, Sri Lanka and Viet Nam (see **Table 5**). As health systems responsiveness is a relatively new concept, results for these additional countries were included to situate the Chinese results in a regional context.

The mean overall inpatient responsiveness score for China (53.1) was similar to Malaysia (52.7), and the Philippines (53.7). Inpatient responsiveness was second highest after the Philippines. Women rated responsiveness better in all countries except Viet Nam. China, India and Sri Lanka did not have distinct patterns by age groups, whereas responsiveness improved with increasing age in the other four countries. China and Viet Nam shared a pattern of better responsiveness in rural areas, in contrast to better responsiveness in urban areas seen in India and the Philippines. Responsiveness levels were largely better in lower than higher income quintiles—

unique to the Chinese results.

China's mean overall outpatient responsiveness score (48.5) was in the lower tier of scores and comparable to India, Sri Lanka and Nepal. Chinese and Sri Lankan men rated outpatient responsiveness better than women, in contrast to the other countries and to inpatient care results.

4. DISCUSSION

Future burden of disease patterns in China indicate greater adult health needs, yet with some indications of an adult population going through a healthy ageing process, leading to uncertain implications for health care utilization, [2,19,20]. A better understanding of the relative importance of the specific responsiveness domains, and putting overall scores into context, will assist with health policy and planning for a Chinese health system at a crossroads [13,15,21]. Health conditions predetermine the probability of health service utilization, and providing information about a system's responsiveness will help to maximize the efficiency of future care systems.

When comparing results from the two largest countries, China and India for example, we see similar patterns with better responsiveness of inpatient versus outpatient

Table 5. Inpatient and outpatient system responsiveness mean scores by country and select socio-demographic characteristics.

	Inpatient													
	China	SE	India	SE	Sri Lanka	SE	Malaysia	SE	Nepal	SE	Philippines	SE	Viet Nam	SE
Gender														
Female	54.0	0.70	48.6	0.55	48.1	0.87	53.0	0.36	49.1	0.46	53.8	0.84	49.2	0.94
Male	52.1	1.21	48.3	0.56	47.1	0.60	52.2	0.54	48.7	0.58	53.3	0.68	51.1	1.18
Age														
18 - 29	55.1	1.39	48.6	0.71	46.4	0.94	51.8	0.60	48.4	0.53	53.3	0.83	48.5	1.16
30 - 44	52.3	0.93	48.1	0.65	47.4	0.66	53.0	0.37	49.1	0.69	53.4	0.98	50.4	1.02
45 - 59	54.8	0.91	48.4	1.11	48.8	0.94	52.7	0.73	48.2	0.84	53.9	0.74	50.4	1.50
60 - 69	49.9	2.20	49.7	1.21	50.8	1.28	54.7	1.16	51.0	1.46	54.5	1.09	51.2	2.04
70 - 79	50.9	1.09	47.3	1.32	46.6	1.10	55.4	1.19	52.2	1.63	56.1	2.06	52.7	1.90
80+	53.9	1.99	54.7	2.94	46.0	2.89	56.8	1.65	51.2	2.89	55.1	3.60	50.8	5.16
Residence														
Urban	51.2	1.06	51.7	0.76	47.1	2.22	52.8	0.45	49.8	0.78	54.7	0.92	47.8	1.41
Rural	54.1	0.95	47.9	0.53	47.7	0.57	52.6	0.38	48.7	0.44	51.9	0.65	51.0	1.18
Education														
0	55.2	2.66	48.0	0.78	51.7	1.70	55.4	0.81	48.9	0.60	50.9	3.02	47.6	2.54
1 - 5	54.2	1.25	48.5	0.69	46.0	0.87	53.2	0.85	49.1	1.05	51.8	1.21	50.2	1.23
6 - 11	53.2	0.80	48.3	0.73	47.2	0.66	52.3	0.39	48.8	0.67	53.6	0.76	50.0	1.31
12+	50.7	1.20	51.0	0.90	49.8	1.20	52.7	0.67	49.2	1.16	54.7	0.81	50.5	1.95
Income														
Q1(poorest)	56.4	1.55	44.4	0.84	47.1	1.20	53.3	0.62	47.0	1.05	51.7	1.04	48.8	1.21
Q2	53.1	1.23	46.0	1.05	47.0	0.73	52.0	0.62	48.0	0.79	51.5	0.95	49.9	1.33
Q3	53.7	1.21	48.6	0.69	48.1	0.79	51.7	0.58	50.3	1.00	52.7	1.20	50.4	1.51
Q4	52.1	1.06	50.6	0.63	46.7	0.96	53.3	0.63	49.5	0.83	55.0	1.14	49.9	0.97
Q5(richest)	52.3	1.63	51.7	1.00	49.0	1.11	53.6	0.59	48.7	0.70	55.5	0.86	50.9	2.07
Total	53.1	0.75	48.5	0.47	47.6	0.57	52.7	0.32	48.9	0.39	53.7	0.63	50.1	0.98
	Outpatient													
	China	SE	India	SE	Sri Lanka	SE	Malaysia	SE	Nepal	SE	Philippines	SE	Viet Nam	SE
Gender														
Female	52.2	1.07	51.8	0.50	51.6	0.51	57.8	0.32	52.5	0.49	58.1	0.54	54.5	0.73
Male	53.1	0.95	51.7	0.49	51.8	0.56	56.5	0.32	52.3	0.52	56.6	0.58	54.5	0.93
Age														
18 - 29	53.0	1.09	51.6	0.53	52.4	0.73	55.9	0.40	52.2	0.54	57.5	0.73	53.6	0.89
30 - 44	51.7	1.52	51.7	0.50	51.1	0.49	57.1	0.40	52.6	0.59	56.8	0.57	55.1	0.79
45 - 59	53.5	0.89	52.1	0.65	51.2	0.81	58.0	0.42	52.1	0.76	57.6	0.64	54.2	0.97
60 - 69	52.7	0.87	52.3	0.77	52.0	0.87	58.3	0.78	52.4	0.80	58.2	1.01	55.1	1.57
70 - 79	51.1	1.49	49.5	2.36	52.6	0.85	58.1	1.01	55.8	2.29	58.8	1.49	53.8	1.20
80+	54.8	2.67	51.1	2.24	54.1	2.83	60.1	2.42	57.3	3.41	58.9	1.59	61.9	5.08
Residence														
Urban	52.2	0.87	56.4	0.62	53.3	0.69	57.3	0.28	53.7	1.46	58.6	0.65	51.9	1.62
Rural	52.7	1.05	51.0	0.44	51.4	0.54	56.6	0.39	52.2	0.39	55.5	0.61	55.5	0.84
Education														
0	52.2	1.34	50.5	0.64	51.4	1.87	57.7	0.70	52.3	0.51	53.0	2.21	57.7	2.26
1 - 5	53.2	0.99	52.3	0.55	49.0	0.85	58.1	0.80	51.6	0.72	55.0	0.73	53.9	1.00
6 - 11	52.3	1.45	52.2	0.49	51.8	0.55	56.9	0.29	53.2	0.68	57.4	0.55	54.1	0.74
12+	53.1	0.97	54.1	0.69	53.1	0.69	56.8	0.49	52.2	1.16	59.3	0.67	55.7	1.34
Income														
Q1(poorest)	52.7	1.63	49.1	0.75	49.9	0.96	56.3	0.54	50.4	0.85	55.1	0.72	54.2	1.36
Q2	53.0	0.98	48.1	0.68	50.4	0.88	57.6	0.52	52.1	0.76	55.5	0.74	54.6	0.95
Q3	52.7	1.25	51.5	0.60	51.4	0.98	56.2	0.54	51.9	0.61	57.3	0.89	54.0	0.91
Q4	51.1	1.24	53.9	0.63	51.9	0.63	56.1	0.46	52.1	0.62	57.4	0.64	54.1	1.09
Q5(richest)	53.8	1.07	56.0	0.55	52.6	0.62	58.6	0.50	53.5	0.98	59.9	0.77	55.2	1.49
Total	52.6	0.88	51.7	0.41	51.7	0.48	57.1	0.23	52.4	0.42	57.4	0.47	54.5	0.76

Source: WHO 2007. www.who.int/healthinfo/survey/en/index.html

systems, and largely similar ranking of domain valuations by sex, age, economic status and location. However, China had significantly higher responsiveness scores than India. These results were adjusted using vignette methodologies to improve cross-country comparability of the data, so some of the potential biases are removed. The authors can only speculate as to some of the reasons, including differences in population sex ratio imbalances, GDP per capita, health status (with health improving faster in India than China over the two decades from 1980-2000 [22], but larger gains in life expectancy and disease prevention in China than India over the past half century [23], age structures, access to private health care (which may then alter expectations in relation to public health care systems) or greater availability of primary care services or national health expenditures. Some clues might lie in closer investigation of similar scores by region in each country: For inpatient care, the low scores for inpatient responsiveness of Karnataka state in India (41.4 on a scale of 100) would sit between the lowest (Hebei) and second lowest (Guangdong) provinces in China, while the highest score in India (Uttar Pradesh, 50.6, would be comparable to China's Hubei province and not exceed the overall mean score in China. The low scores for outpatient responsiveness for Karnataka in India and Hebei province in China were both 34 out of 100, while the highest score in India (West Bengal, 51) would rank third highest in China and closer to the overall Chinese mean score. Of course, it may also simply be that the Chinese are happier with the responsiveness of the services provided in their systems than Indians.

Beyond a comparison to India, results from a number of other countries were included in **Table 5** as a means to put the Chinese results into perspective. Overall, responsiveness levels are quite low in the seven countries included in these analyses. The Chinese inpatient system did well in comparison to the other countries—and was in the middle of ratings for its outpatient care system. The difference in overall mean ratings for inpatient and outpatient care was smallest in China (only 0.5 difference in the mean scores). Some striking contrasts were seen when looking at responsiveness ratings from urban and rural dwellers. A consistent trend of better responsiveness in urban areas was expected, but China and Viet Nam rural dwellers rated both inpatient and outpatient responsiveness better than their urban comrades. Review of the results by different socio-demographic characteristics would suggest minimal contribution of differences in sex ratios, economic status or population structures across the countries.

Differences in rates of health care utilization and unmet need might also contribute to these results, although may be proxies for larger infrastructure and policy differences. No clear patterns emerge from review of

national health accounts data and government or per capita health spending [24]. Sri Lanka has low responsiveness scores, yet has a higher proportion of government spending on health. Meanwhile, the Malaysian government spends considerably more per capita on health than China, but have similar levels of responsiveness. The distribution of public and private health care provision should be examined in each country, as well as training of health care professionals, as to reasons behind differences in overall responsiveness. Better training and sensitization of professionals in the public and private sectors to changes in burden of disease patterns and the importance of therapy adherence for chronic conditions (including disease management strategies that incorporate lifestyle changes and continuity of health care), will likely influence the responsiveness of these health care providers. These may then translate into improved health coverage and cost-effectiveness of interventions, both with economic implications.

Differences in population health status may contribute to these results across countries and would need to be explored further. Mean health scores (on a scale of zero to 100, where best health is 100) were highest in China (81.2), Malaysia (80.1) and Viet Nam (83.3)—the other countries' mean scores were all below 75. The cause-and-effect relationship is unclear: healthier people may feel the health system is more responsive when they come into contact with it; however, it may also be that an intervention resulting in marked improvement in health state for an episode of illness in less healthy people may influence their experience and hence feel the system has been responsive. In economic terms, the concept of responsiveness may have the most currency for chronic diseases which require regular and consistent contact with a health care system over an extended period of time to produce the greatest health gains in a cost-effective manner. This would incorporate patient-provider interactions but also public health and lifestyle change efforts, to produce a responsive system which induces improved patient adherence and outcomes. The relationship between individual health status, health system responsiveness and coverage along with sociodemographic characteristics of a population would be part of an agenda for future research.

The results of this study suggest a need to improve overall health systems responsiveness in both the inpatient and outpatient settings, with particular government attention to communication and quality of basic amenities as a means of improving the health systems performance for current health needs. Unmet need for health care among vulnerable populations (for example, rural dwelling, older, lower socio-economic status) will also need to be addressed as the results indicated substantial differences in responsiveness patterns. Older

Chinese adults will increasingly be concerned about their ability to pay for health care should they become ill in the future, which will be exacerbated by recent changes to the pension and health care systems [21,25-27], a more responsive health system may allay some of those fears.

5. ETHICAL REVIEW CONSIDERATIONS

The WHO Ethical Review Board and the ethics committees of participating agencies in China and each country approved this research.

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