

Effect of Low-Sodium, Choline-Based Semen Diluent on Viability of Bovine Spermatozoa Stored at 4°C

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Abstract

This study evaluated sperm viability over time, after dilution and refrigerator storage of fresh semen extended in either synthetic cauda epididymal plasma (CEP2), or in a low sodium medium (CJ2) supplemented with either AlbuMAX or egg yolk. Semen collected weekly for 4 weeks from 4 bulls and assigned within bulls, across treatments. After extension in either CEP2, or CJ2 containing either egg yolk or AlbuMAX, semen was cooled to 4°C, and evaluated for 7 days. A computer assisted sperm analysis (CASA) system was used for sperm evaluation. Particular emphasis was placed on sperm motility since it is the single most important sperm parameter influencing bull fertility. Total and progressive motility of sperm in CEP2 and CJ2-AlbuMAX were similar ($P = 0.85$ and $P = 0.23$, respectively), but both were lower ($P < 0.01$) when compared to CJ2-yolk. Fewer sperm had rapid motility in CEP2 and CJ2-AlbuMAX compared to CJ2-yolk ($P < 0.01$). Sperm straightness and linearity were greater in CJ2-AlbuMAX and CJ2-yolk than in CEP2 ($P < 0.01$). Mean velocity (VAP) and linear velocity (VSL) were greater ($P < 0.01$) in CJ2-AlbuMAX than either CEP2 or CJ2-yolk. The calculated curvilinear velocity (VCL) of spermatozoa in CEP2 was lower than CJ2-AlbuMAX ($P = 0.01$), but similar with CJ2-yolk ($P = 0.54$). Overall, every sperm parameter measured by the CASA system was equal to or higher for sperm stored 7 days in CJ2 medium as compared with CEP2. The CJ2 extender supplemented with egg yolk is a viable alternative for storing fresh bovine semen.

Keywords

Semen Extender, Bovine Sperm, Refrigerator Storage

1. Introduction

Approximately 50% of viable spermatozoa are detrimentally affected after exposure to either fresh or frozen storage procedures [1] [2]. Semen handling and extender composition are crucial factors that affect spermatozoa after dilution [3] [4]. Studies had been conducted to define an optimal extender for storing fresh bull semen, and several have reported on extenders that improve sperm survival during prolonged storage [4] [5] [6] [7]. However, few of these extenders prevented damage to the spermatozoa after dilution, resulting in eventual reduction in sperm quality parameters such as total and progressive motility after 5 or 6 d of storage [6] [8].

Ionic compounds present in the storage medium can cause cell damage during cooling or freezing procedures. Some cryopreservation studies have reported that sodium ions can cause adverse effects during cooling and re-warming of oocytes or embryos [9] [10] [11] [12]. Sodium ions can cross through specialized ion channels in the cell membrane and become toxic at high concentration inside the cell [13]. Replacing sodium ions with choline chloride in a medium improves viability of animal cells subjected to cooling or freezing procedures [9]. Choline chloride is an organic compound similar to sodium that possesses protective properties against cold exposure, but apparently cannot cross cell membranes [14]. Sodium ions are also common compounds in sperm preservation media, and possibly have the same adverse effects on sperm as those reported for other cell types. Thus, it might be beneficial to replace sodium chloride with choline chloride in sperm preservation medium.

Another ingredient extensively used for sperm protection during cooling and freezing procedures is egg yolk. Several studies have reported the benefits of using egg yolk in semen extenders [1] [15] [16]. Egg yolk has low-density lipoproteins that help stabilize the plasma membrane of sperm [17], but also bind toxic components from the seminal plasma and extender [5] [15] [18]. Because egg yolk can be a source of bacterial contamination in semen extenders, some researchers have looked for substitutes such as soy lecithin. Another possible substitute for egg yolk could be the lipid-rich bovine serum albumin known as AlbuMAX. Lim *et al.* [12] found AlbuMAX to be superior to either serum albumin or serum in protecting embryos during cooling and freezing procedures. They reported a significant improvement in embryo survival and higher transfer pregnancy rates after cryopreservation in media based on choline chloride and supplemented with AlbuMAX.

We hypothesize that the concentration of sodium ions in current extenders are harmful to the function and viability of spermatozoa. Replacing sodium content in media with choline chloride and replacing egg yolk with AlbuMAX in the extender might help to maintain viability of sperm for extended periods of time. Therefore, this study evaluated sperm viability over time, after dilution and refrigerator storage (4°C) of fresh semen extended in either synthetic cauda epididymal plasma (CEP2) or in a low sodium medium (CJ2) supplemented with

either AlbuMAX or egg yolk.

2. Materials and Methods

2.1. Semen Collection and Processing

Semen was collected by electroejaculation, from 6 mature Angus bulls. After evaluation of semen samples with computer assisted sperm analysis (CASA), 4 bulls, ranging in age from 3 to 6 years, weighing between 632 and 884 kg, and in moderate to good body condition were selected for use in the study that represented a range in semen quality. During the experiment, semen was collected each week for 4 weeks. Among the bulls, the percent motile and progressive sperm ranged from 53% to 81%, and 34% to 69%, respectively. All semen samples were initially evaluated within 1 h of collection. The semen samples were not washed of seminal plasma, but were directly extended in each treatment.

2.2. Semen Extenders and Treatments

The experimental treatments were fresh semen preservation at 4°C in synthetic cauda epididymal plasma (CEP2) [19], or in essentially sodium-free CJ2 medium [9] supplemented with either egg yolk or AlbuMAX. Formulations for these media are presented in **Table 1**. All media ingredients were purchased from Sigma Chemical (St. Louis, MO, USA). Both media were prepared as 2x stock solutions without the energy sources, gentamicin, AlbuMAX or egg yolk. After addition of these ingredients to 50 ml of the appropriate media, the volume was brought to 100 ml with Milli-Q water, the pH was adjusted to 6.6, and the media was filter sterilized. In media containing egg yolk, the volume was brought to 90 ml, the pH adjusted and filter sterilized before addition of egg yolk. Media were prepared fresh weekly throughout the study and stored in a refrigerator (4°C) until use. After the initial evaluation, an aliquot of semen containing 60 million spermatozoa (20×10^6 sperm/ml) from each bull was assigned across treatments. The semen and extender treatments (CEP2, CJ2-AlbuMAX, and CJ2-yolk) were equilibrated to 35°C before mixing in 5 ml polystyrene snap-top culture tubes. The sealed tubes were then placed into a beaker containing 300 ml of water at 35°C, and placed into a refrigerator at 4°C to cool slowly over 3 h. During storage, the stored samples were covered to prevent potential damage due to light.

2.3. Evaluation of Sperm Quality Parameters

An aliquot of 50 µl of semen was removed from each extender treatment on days 1, 3, 4, 5 and 7 of refrigerated storage to measure sperm parameters. A Hamilton Thorne Biosciences IVOS computer-assisted sperm analysis (CASA) system with version 12 TOX IVOS software was used. The parameters measured were motility (%), progressive motility (%), velocity distribution (rapid %), path velocity (VAP µm/s), velocity straight line (VSL µm/s), track speed (VCL µm/s), lateral amplitude (ALH µm), beat cross frequency (BCF Hz), straightness (STR %), and

Table 1. Composition of CEP2 and CJ2 semen extenders.

Component	CEP2	CJ2-AlbuMAX	CJ2-yolk
Trisma (TRIS Base), mM	133.70	0.0	0.0
C5H14NOCl (Choline Chloride), mM	0.0	137.93	137.93
NaCl, mM	15.00	0.0	0.0
KCl, mM	7.00	2.67	2.67
CaCl ₂ *2H ₂ O, mM	3.00	0.0	0.0
MgCl ₂ *6 H ₂ O mM	4.00	0.495	0.495
NaHCO ₃ , mM	11.90	0.0	0.0
NaH ₂ PO ₄ , mM	8.00	0.0	0.0
KH ₂ PO ₄ , mM	20.00	1.47	1.47
Na ₂ HPO ₄ , mM	0.0	8.06	8.06
Fructose, mM	55.00	55.00	55.00
Ca lactate, mM	0.0	1.00	1.00
Sorbitol (g/l)	1.00	1.00	1.00
BSA (%)	0.20	0.0	0.0
Na pyruvate	0.0	1.00	1.00
AlbuMAX (%)	0.0	1.00	0.0
Citric Acid, mM	42.90	0.0	0.0
Gentamicin (10 mg/ml; ml/l)	5.00	5.00	5.00
Fresh egg yolk (% v/v)	10.00	0.0	10.00

linearity (LIN %). In order to accurately measure sperm parameters in the presence of egg yolk (some egg yolk globules may be identified as immobile spermatozoa) extended semen samples were stained with Hoechst 33342 before analysis (IVOS IDENT illumination option). A 50 µl aliquot of semen from each treatment were warmed for 10 minutes at 35°C, mixed with 50 µl of pre-warmed Dulbecco's PBS, and then mixed with 1 µl of a 10 µg/ml solution of Hoechst 33342. After a 10 min equilibration with the Hoechst stain at 35°C, the sample was analyzed using the CASA system. For analysis, 8 fields were scanned, with 30 video frames captured per field. A minimum of 400 spermatozoa was counted in each sample.

2.4. Statistical Analysis

Data from the CASA sperm quality parameters were analyzed using GLM procedure of Statistical Analysis System software [20]. A linear mixed effect model was used. Independent factors were the extender treatments (CJ2-AlbuMAX, CJ2-yolk and CEP2) and days of evaluation (1, 3, 4, 5, and 7 d of refrigerated storage). The replications (bulls) were blocked to control variation and tested as experimental error in the model. Dependent variables (Y_{ij}) measured with IVOS

were: motility (%), progressive motility (%), velocity distribution (rapid %), path velocity (VAP $\mu\text{m/s}$), velocity straight line (VSL $\mu\text{m/s}$), track speed (VCL $\mu\text{m/s}$), lateral amplitude (ALH μm), beat cross frequency (BCF Hz), straightness (STR %), and linearity (LIN %). Subjective observation for abnormalities, live and dead sperm also were analyzed as dependent variables. Variables that did not meet statistical assumptions were transformed to logarithmic scale ($\text{Log}_{10}(X + 1)$) and angular scale ($\text{Arcsine}(\text{SQRT}(X/100))$). Differences among extenders and days were tested by LSmeans analysis procedure at 0.05 of α . Original and transformed data were analyzed using the following model:

$$Y_{ijk} = \mu + \text{bull}_i + \text{extender}_j + \text{day}_k + \text{day} * \text{extender}_{(jk)} + e_{ijk(m)}$$

3. Results

There were no interactions ($P > 0.05$) between days and extenders on sperm variables expressed as percent. For total and rapid motility, no differences ($P > 0.05$) were observed among bulls. However, progressive, straight, and linear motility were different among bulls ($P < 0.05$). Therefore, the main effects of extenders on sperm variables during 7 d of fresh storage were compared (**Table 2**). Total and progressive motility of spermatozoa in CEP2 and CJ2-AlbuMAX extenders were similar ($P = 0.85$ and $P = 0.23$ respectively), but both were significantly lower ($P < 0.01$) compared to CJ2-yolk. The percentage of spermatozoa with rapid motility was lower ($P < 0.01$) in CEP2 and CJ2-AlbuMAX extenders compared to CJ2-yolk. Spermatozoa straightness and linearity were similar ($P = 0.48$ and $P = 0.06$ respectively) in CJ2-AlbuMAX and in CJ2-yolk extenders; however, spermatozoa in CEP2 presented less ($P < 0.01$) straightness and linearity compared with spermatozoa of the other treatments.

No interactions between days and extender treatments occurred for sperm VAP, VSL, VCL, ALH, and BCF parameters ($P > 0.05$), and there was no difference of VAP, VCL, and ALH among bulls ($P > 0.05$). Only VSL, and BCF showed statistical differences ($P < 0.05$). Therefore, the main effect of extender treatments on these parameters during 7 d of fresh storage was compared (**Table 3**). The mean path velocity (VAP) of spermatozoa was similar in extender CEP2 and CJ2-yolk ($P = 0.33$), but spermatozoa VAP was greater ($P < 0.01$) than either in CJ2-AlbuMAX. The calculated linear (straight line) velocity (VSL) of spermatozoa in CJ2-AlbuMAX was superior ($P < 0.01$) to CJ2-yolk and CEP2 treatments. Spermatozoa in CJ2-yolk also had a higher VSL value than those in the CEP2 treatment ($P = 0.01$). The calculated curvilinear (track speed) velocity (VCL) of spermatozoa in CEP2 was lower than CJ2-AlbuMAX ($P = 0.01$), but it was similar with CJ2-yolk ($P = 0.54$). Spermatozoa in CJ2-AlbuMAX and CJ2-yolk also showed similar VCL ($P = 0.06$). The mean width of lateral sperm head oscillation (ALH) in CEP2 was statistically similar to CJ2-AlbuMAX and CJ2-yolk ($P = 0.95$ and $P = 0.69$ respectively). The number of lateral oscillatory movements of the sperm head around the mean trajectory (beat cross frequency; BCF) was higher in CJ2-yolk extender compared with CJ2-AlbuMAX and CEP2

Table 2. Overall mean percentages for sperm parameters of bull semen preserved in CEP2, CJ2-AlbuMAX, or CJ2-yolk extenders after 7 days of fresh preservation.

Sperm characteristics	Extenders		
	CEP2	CJ2-AlbuMAX	CJ2-yolk
Total motility %	32.57 ± 1.74 ^b	32.85 ± 1.66 ^b	41.16 ± 1.72 ^a
Progressive motility %	21.72 ± 1.48 ^b	23.44 ± 1.43 ^b	29.05 ± 1.47 ^a
Rapid motility %	27.96 ± 1.69 ^b	28.89 ± 1.63 ^b	34.56 ± 1.68 ^a
Straightness %	78.19 ± 0.78 ^b	83.70 ± 0.75 ^a	84.38 ± 0.77 ^a
Linearity %	46.63 ± 1.00 ^b	53.70 ± 0.97 ^a	51.04 ± 0.99 ^a

^{a,b}Each value given is the mean ± S.E.M. Values with different alphabetical superscripts within rows indicate a statistical difference.

Table 3. Overall mean percentages for sperm parameters of bull semen preserved in CEP2, CJ2-AlbuMAX, or CJ2-yolk extenders after 7 d of fresh preservation.

Sperm characteristics	Extenders		
	CEP2	CJ2-AlbuMAX	CJ2-yolk
Path velocity (VAP, µm/s)	86.11 ± 2.22 ^b	101.12 ± 2.13 ^a	87.86 ± 2.19 ^b
Straight line velocity (VSL, µm/s)	68.66 ± 2.14 ^c	85.97 ± 2.06 ^a	74.15 ± 2.12 ^b
Track speed (VCL, µm/s)	152.19 ± 3.81 ^b	165.33 ± 3.66 ^a	153.86 ± 3.77 ^{ab}
Lateral amplitude (ALH, µm)	6.55 ± 0.16 ^a	6.49 ± 0.16 ^a	6.36 ± 0.16 ^a
Beat cross frequency (BCF, Hz)	20.74 ± 0.96 ^c	24.40 ± 0.92 ^b	30.36 ± 0.95 ^a

^{a,b,c}Each value given is the mean ± S.E.M. Values with different alphabetical superscripts within rows indicate a statistical difference between treatments ($P < 0.05$).

extenders ($P < 0.01$). Spermatozoa in CJ2-AlbuMAX had higher BCF than in CEP2 ($P < 0.01$).

4. Discussion

About 95% of the bovine semen used in the developed world is cryopreserved, with the remaining 5% used as fresh semen [21]. In order to achieve an acceptable pregnancy rate and compensate for damage caused during the freezing and thawing process, an insemination dose of ~15 million spermatozoa are needed when using frozen semen. An advantage of using fresh semen is that an insemination dose of 2 to 4 million spermatozoa is adequate for acceptable pregnancy rates. Although fresh semen can be stored for up to 3 days at room temperature (under nitrogen gas) in commercially available Caprogen extender [1], most prefer storage at refrigerator temperatures to extend shelf life.

The bovine cauda epididymis has the ability to store semen for several weeks without dramatic reduction in viability [22]. Synthetic cauda epididymal plasma (CEP) is a fresh semen extender that was developed based on analysis of epididymal fluid [23]. A variation of this fresh semen extender (CEP2) was shown to be superior in maintaining sperm motility and membrane integrity as compared

to a commonly used Tris-based extender [2], so it was chosen for comparison in the present study.

The other medium used in this study (CJ2) was developed, based on the finding that sodium ions damage cellular integrity and developmental competence of cryopreserved mouse oocytes [9]. Sodium ions can cross through ion channels in the cell membrane and become toxic at high concentration inside the cell. Stachecki *et al.* [9] created CJ2 by taking the formulation of Dulbecco's PBS and replacing sodium chloride with choline chloride, and by replacing the mono and dibasic sodium phosphate buffers with potassium phosphate to create a sodium-free medium. Choline chloride is an organic compound similar to sodium that possesses protective properties against cold exposure, but apparently cannot cross cell membranes [12] [14]. Sodium ions are common in sperm preservation media, and may also have adverse effects on spermatozoa. Therefore, CJ2 was chosen for evaluation as an extender for fresh semen.

Most semen extenders used for either fresh or cryopreserved semen contain varying percentages of fresh egg yolk. Egg yolk contains lipoproteins that stabilize the plasma membrane of sperm [17], bind toxic components from the seminal plasma and extender [15] and help prevent hypermotility and capacitation [24] [25]. Unfortunately, egg yolk can also be a source of bacterial contamination in semen extenders; some researchers have looked for substitutes. AlbumMAX is a lipid rich form of bovine serum albumin containing 0.65% lipids by weight, including free fatty acids, lysophosphatidylcholine, triacylglycerides, phosphatidylcholine, phosphatidic acid, and cholesterol [26]. Due to its lipid content, AlbumMAX was evaluated as a possible substitute for egg yolk in this study.

Comparison of total, progressive and rapid motility over 7 days of storage indicated that the low-sodium CJ2 medium supplemented with egg was superior to CEP2 extender. Motility is the single most important parameter in predicting fertility [27]. The CJ2 supplemented with 1% AlbumMAX was equal to CEP2 in maintaining motility of stored spermatozoa. These results suggest that CJ2 is a viable alternative as an extender for fresh semen. Egg yolk was used in the CEP2 and CJ2-yolk at 10% of total volume, whereas AlbumMAX was used at 1%. Further study is needed to determine whether higher concentrations of AlbumMAX would be beneficial in maintaining sperm motility during storage. Both sperm path velocity (VAP) and straight line velocity (VSL) were greater in CJ2-AlbumMAX, while the other two treatments supplemented with egg yolk were similar. The other velocity measurement, speed over the actual sperm track (VCL) was similar for both CJ2 treatments, with both greater than the CEP treatment. The differences noted in VAP and VCL might be explained by the absence of egg yolk in the CJ2-AlbumMAX extender. As mentioned above, egg yolk is known to help prevent hyper motility [24] [25]. Therefore, it might be expected that spermatozoa stored in extenders containing egg yolk would have lower velocity. A function of extenders is to suppress motility and sperm metabolism

during sperm storage. It would appear that the CJ2-AlbuMAX extender was not detrimental, since the velocity measures were higher even after 7 days of storage.

5. Conclusion

In summary, every sperm parameter measured by the CASA system was equal to or higher for spermatozoa stored 7 days in CJ2 medium as compared to CEP2. Therefore, it can be concluded that CJ2 supplemented with egg yolk is a viable alternative to other semen extenders for storage of fresh semen. Additional studies are needed to determine if a higher concentration of AlbuMAX would be equal to egg yolk in maintaining sperm motility. Also, studies are needed to determine if sperm stored in CJ2 medium would result in acceptable pregnancy rates after artificial insemination.

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