

TABLE OF CONTENTS

Volume 2 Number 2

May 2012

Effects of Habitual Low-Impact Dance on the Balance and Torque of the Knees of Older Female Individuals	
H. Y. Wu, J. S. Gau, C. H. Hsu, J. H. Tu, T. H. Tsao.....	39
Reliability and Sex Differences in the Foot Pressure Load Balance Test and Its Relationship to Physical Characteristics in Preschool Children	
S. Matsuda, S. Demura, K. Kasuga, H. Sugiura.....	44
The Effects of Obstacles and Age on Walking Time within a Course and on a Balance Beam in Preschool Boys	
K. Kasuga, S.-i. Demura, H. Aoki, T. Sato, S. Shin, H. Kawabata.....	49
Physical Activity and Mobility Function in Elderly People Living in Residential Care Facilities. “Act on Aging”: A Pilot Study	
M. E. Liubicich, D. Magistro, F. Candela, E. Rabaglietti, S. Ciairano.....	54
High Blood Pressure and Its Correlates among Assistant Physical Education Teachers in Republic of Benin (West Africa)	
P. Gouthon, B. Akplogan, J.-M. Falola, H. P. Dansou, H. Agboton, S. Adégnika, I. B. Nigan.....	61
Does Adherence Moderate the Effect of Physical or Mental Training on Episodic Memory in Older Women?	
A. Evers, V. Klusmann, R. Schwarzer, I. Heuser.....	68
Translation and Reliability of the Preliminary Spanish Version of the Sport Imagery Questionnaire	
M. C. Ruiz, A. P. Watt.....	73

The figure on the front cover is from the article published in *Advances in Physical Education*, 2012, Vol. 2, No. 2, pp. 54-60 by Monica E. Liubicich, et al.