

Table of Contents

Volume 4 Number 3

March 2014

Effect of Exercise on Mental Health in the Physical Dimension, Anxiety and Mental Disorder, Social Dysfunction and Depression

M. A. Kenari.....63

Widening of a Poverty Gap: A Condition of Governance Crisis in Hong Kong

A. C. M. Chan, S. Y. L. Cheung, T. C. K. Lai.....69

Unipolar World in Crisis as Russia Challenges US and Allies, Dragging Other Disgruntled Countries Along

F. A. Olasupo.....85

Criticise Your Working Conditions!

R. Antoft, A. Petersen.....108