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Table of Contents

Volume 6 Number 2

May 2017

Monoamine Oxidase Inhibitors—Revisiting a Therapeutic Principle

M. Entzeroth, A. K. Ratty.....31

Open Journal of Depression (OJD)

Journal Information

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All manuscripts must be prepared in English, and are subject to a rigorous and fair peer-review process. Accepted papers will immediately appear online followed by printed hard copy. The journal publishes original papers including but not limited to the following fields:

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- Personality Disorders and Depression
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- Post-Traumatic Stress Disorder and Depression
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- Stress Management Strategies for Reduction of Depression
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