

Special Issue on Physical Activity and Health

Call for Papers

Physical Activity (PA) is closely related to human health. Proper physical activity can reduce the incidence of some diseases, such as coronary heart disease. However, lack of physical activity may lead to imbalance of energy metabolism and a series of health problems. Therefore, studying the relationship between PA and health and disease has become a new hotspot. The goal of this special issue is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in the area of **Physical Activity and Health**.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Physical Activity and Health**. Potential topics include, but are not limited to:

- Physical activity level
- Physical activity and mental health
- Physical activity and obesity
- Physical education and activity
- Energy expenditure and fitness
- Age and gender differences in physical activity
- Physical activity interventions

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue - Physical Activity and Health**” should be selected during your submission.

Special Issue Timetable:

Submission Deadline	May 15th, 2020
Publication Date	July 2020

Guest Editor:

For further questions or inquiries, please contact Editorial Assistant at ape@scirp.org.